

10/10/2023

WEEKLY PLAN

DATE: 10/10/2023

DATE	TIME	ACTIVITY
10/10/2023	08:00 - 09:00	Wake up & get ready
10/10/2023	09:00 - 10:00	Breakfast
10/10/2023	10:00 - 11:00	Work / Study
10/10/2023	11:00 - 12:00	Work / Study
10/10/2023	12:00 - 13:00	Lunch
10/10/2023	13:00 - 14:00	Work / Study
10/10/2023	14:00 - 15:00	Work / Study
10/10/2023	15:00 - 16:00	Work / Study
10/10/2023	16:00 - 17:00	Work / Study
10/10/2023	17:00 - 18:00	Work / Study
10/10/2023	18:00 - 19:00	Dinner
10/10/2023	19:00 - 20:00	Free time / Hobbies
10/10/2023	20:00 - 21:00	Free time / Hobbies
10/10/2023	21:00 - 22:00	Free time / Hobbies
10/10/2023	22:00 - 23:00	Free time / Hobbies
10/10/2023	23:00 - 00:00	Free time / Hobbies

Signature: _____

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