



NEM[®]

Natural Eggshell Membrane

Helps Relieve Joint Pain · 500 mg

- Natural Eggshell Membrane (NEM) is clinically proven to reduce joint pain and stiffness resulting from osteoarthritis
- Clinically shown to reduce pain and stiffness resulting from moderate-intensity aerobic exercise
- Pain, stiffness, and flexibility shown to improve within days of use
- NEM provides multiple joint nutrients, including glucosamine, chondroitin, and collagen type I
- One vegetarian capsule of NEM per day is the clinically proven dose

Code: 9256 **NPN:** 80033464
Size: 60 Vegetarian Capsules
Actual Size: 21.38 x 7.57 mm



PRODUCT SUMMARY

Multiple clinical trials have shown that NEM reduces joint pain and stiffness associated with osteoarthritis, and reduces joint pain and stiffness caused by moderate-intensity aerobic exercise. NEM is comprised of (shell-free) eggshell membranes, a natural source of the glycosaminoglycans found in cartilage, including dermatan sulfate and chondroitin sulfate, hexosamines such as glucosamine, as well as hyaluronic acid and collagen type I. In vitro and in vivo trials indicate that NEM has multiple mechanisms of action, including the inhibition of several proinflammatory cytokines associated with joint inflammation, such as interleukin-1 beta (IL-1 β) and tumour necrosis factor-alpha (TNF- α).

In a randomized, double-blind, placebo-controlled trial, NEM was shown to rapidly reduce pain, stiffness, and discomfort following exercise in healthy postmenopausal women. It was also shown to reduce urinary levels of C-terminal cross-linked telopeptide of type II collagen (CTX-II), a biomarker for cartilage degradation, both in healthy people and those with joint disease. In addition, controlled clinical trials have shown a reduction in joint pain and stiffness in individuals with knee osteoarthritis within 10 days of use. Open-label trials have shown persistent improvements in pain and flexibility for multiple joint and connective tissue disorders within one week.



NEM® NATURAL EGGSHELL MEMBRANE
HELPS RELIEVE JOINT PAIN · 500 MG

Serving Size: 1 Vegetarian Capsule

Servings Per Container: 60

Each Vegetarian Capsule Contains:

NEM® Natural Eggshell Membrane (*Gallus gallus*) (eggshell) 500 mg

Non-medicinal Ingredients: Vegetarian capsule (carbohydrate gum, purified water, silica), dibasic calcium phosphate dihydrate, vegetable grade magnesium stearate (lubricant).

Recommended Adult Dose: 1 capsule per day or as directed by a health care practitioner. Consult a health care practitioner for use beyond 8 weeks.

Recommended Use: Helps relieve joint pain and stiffness associated with osteoarthritis and increase joint flexibility in 7 days. Starts to reduce joint pain caused by moderate-intensity aerobic exercise in as little as 1 day and joint stiffness in as little as 5 days.

Caution: Do not use if you have a known allergy to eggs or egg by-products. Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Consult a health care practitioner if symptoms worsen. Keep out of reach of children..

Contraindications: Avoid in case of allergy to eggs or egg by-products.

Drug Interactions: No known drug interactions.

Contains no artificial colours, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, fish, shellfish, salt, tree nuts, or GMOs. Suitable for vegetarians. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

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References available at bioclinicnaturals.com



· GUARANTEED ·

Bioclinic Naturals® products are manufactured to meet or exceed current Good Manufacturing Practices (cGMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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Bioclinic Naturals® Canada
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