

## ANSWER KEY



WRIST

HAND

1. The hand is the part of the body that is used to hold and manipulate objects. It is made up of the fingers, thumb, and wrist. The hand is one of the most important parts of the body for many activities, such as writing, drawing, and using tools.

2. The wrist is the part of the hand that connects it to the forearm. It is made up of several small bones and ligaments. The wrist is important for many activities, such as holding a pen, typing, and lifting weights. It is also one of the most vulnerable parts of the hand.

Part	Function
Thumb	Opposition and power grip
Index Finger	Precision grip
Middle Finger	Power grip
Ring Finger	Power grip
Little Finger	Power grip
Wrist	Stabilization and movement