



**Code:** 9221

**Size:** Drink Mix & 7 Packets  
(14 Tablets / 21 Capsules)



## 7-Day ReduceXS®

### Total Body Cleansing Program

- Targeted intestinal support\*
- Seven-day cleansing program with complete nutrition support\*
- Two-stage process to support detoxification of the body's natural toxins\*
- Contains a comprehensive guide book with sample menus
- Gluten-free, low-allergy-potential formulas
- Low-glycemic load

#### PRODUCT SUMMARY

The 7-Day ReduceXS Total Body Cleansing Program is designed to support intestinal integrity, maintain healthy gut permeability, support detoxification of the body's natural toxins, and maintain healthy bowel transit time.\*

The 7-Day ReduceXS kit has the following components:

RestorX® Intestinal Repair Nutritional Drink Mix contains a variety of supportive nutrients, such as L-glutamine, N-acetyl glucosamine, quercetin, and probiotics, which have been shown to maintain healthy intestinal permeability, support intestinal cellular health, and optimize normal function of the gut barrier.\*<sup>1-5</sup> Effective gastrointestinal support helps prepare the body for healthy detoxification of its natural toxins.\*

DetoxiCleanse® Detoxification Nutritional Drink Mix contains a variety of supportive nutrients, including N-acetyl cysteine, alpha-lipoic acid, green tea extract, milk thistle, and broccoli powder, which work to support detoxification of the body's natural toxins, provide antioxidant activity, and help maintain healthy intestinal cellular health.\*<sup>6-13</sup>

Both of these gluten-free formulas have powerful antioxidants to help protect against oxidative stress. The colon and liver support packets included in the program help detoxify the body's natural toxins.

Colon Support\* is a gentle laxative that helps maintain bowel movement regularity.\*

BioLivX® contains important phytochemicals that support normal liver function and supplies substances used by the liver to help detoxify the body's natural toxins.\*



## 7-DAY REDUCEXS® TOTAL BODY CLEANSING PROGRAM

### Step 1 RestorX® Days 1–4

## Supplement Facts

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Calories	120		Selenium (selenium chelate)	50 mcg	91%
Total Fat	4 g	5%†	Chromium (chromium chelate)	50 mcg	143%
Saturated Fat	3 g	15%†	Molybdenum (molybdenum citrate)	12.5 mcg	28%
Total Carbohydrate	10 g	4%†	Sodium (pea protein, cellulose)	10 mg	<1%
Dietary Fiber	6 g	21%†	Potassium (potassium citrate)	100 mg	2%
Total Sugars	2 g	**	Organic Sprouted Brown Rice Protein Concentrate	16 g	**
Includes 2 g Added Sugars		4%†	Cellulose	4,450 mg	**
Protein	12 g		Medium Chain Triglycerides (coconut)	2,500 mg	**
Vitamin A (beta carotene)	2,880 mcg	320%	BBS36® <i>Bifidobacterium longum</i> (whole cell)	5 billion (CFU)†	**
Vitamin C (ascorbic acid)	75 mg	83%	Soy Lecithin	1,500 mg	**
Vitamin D (cholecalciferol) (lanolin)	2.5 mcg (100 IU)	13%	Guar Gum	1,300 mg	**
Vitamin E (d-alpha tocopheryl acetate)	16.7 mg	112%	L-Glutamine	1,000 mg	**
Thiamin (thiamin hydrochloride)	12.5 mg	1,042%	Fructooligosaccharides (FOS)	560 mg	**
Riboflavin	10 mg	769%	L-Lysine Hydrochloride	119 mg	**
Niacin (niacinamide)	8 mg	50%	Stevia Extract (leaf)	118 mg	**
Vitamin B6 (pyridoxine hydrochloride)	25 mg	1,471%	L-Glycine	77 mg	**
Folate	425 mcg DFE (250 mcg folic acid)	106%	N-Acetyl-L-Cysteine (1000 GDU/g)	42 mg	**
Vitamin B12 (cyanocobalamin)	100 mcg	4,167%	Bromelain (pineapple stem) (Standardized to 60% Silymarin)	11 mg	**
Pantothenic Acid (calcium pantothenate)	25 mg	500%	Quercetin (dihydrate)	12.5 mg	**
Calcium (calcium citrate, dicalcium phosphate & calcium sulfate)	208 mg	16%	N-Acetyl Glucosamine	12.5 mg	**
Iron (from pea protein)	1 mg	6%	Grape Seed Extract ( <i>Vitis vinifera</i> ) (Standardized to 67% Polyphenols)	11 mg	**
Phosphorus (dicalcium phosphate)	44 mg	4%	Milk Thistle Extract ( <i>Silybum marianum</i> ) (seed) (Standardized to 60% Silymarin)	11 mg	**
Iodine (potassium iodide)	50 mcg	33%			
Magnesium (magnesium citrate)	100 mg	24%			
Zinc (zinc citrate)	12.5 mg	114%			

Other ingredients: Organic cane sugar, natural sourced flavors (blueberry, raspberry, mixed berry, lemon oil). Contains coconut, soy, and shellfish (crab and shrimp shell).  
†CFU: Colony Forming Units.

Contains no artificial colors, preservatives, or sweeteners; no dairy, wheat, gluten, yeast, egg, fish, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

## BioLivX®

## Supplement Facts

Amount Per Serving		% Daily Value
Sodium Glucuronate	600 mg	**
Licorice Extract ( <i>Glycyrrhiza glabra</i> , (root))	240 mg	**
Glycyrrhizin (12%)	29 mg	**
Alpha-Lipoic Acid	150 mg	**
Silybin Phytosome (Contains Silybin [from <i>Silybum marianum</i> ] Bound to Phosphatidylcholine [from Soy Lecithin])	150 mg	**
Schisandra Extract ( <i>Schisandra chinensis</i> , (berry))	150 mg	**
Schisandrins (2%)	3 mg	**
Turmeric Extract ( <i>Curcuma longa</i> , (rhizome) (Standardized to 95% Curcuminoids) (Providing 75 mg Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)	78 mg	**
<i>Panax Ginseng</i> Phytosome (Contains <i>Panax ginseng</i> Bound to Phosphatidylcholine [from Soy Lecithin])	75 mg	**

\*\* Daily Value not established.  
Other ingredients: Microcrystalline cellulose, vegetarian capsule (carbohydrate gum [cellulose], purified water), silica, magnesium stearate (vegetable grade).

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.

### Step 2 DetoxiCleanse® Days 5–7

## Supplement Facts

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Calories	140		Potassium (potassium citrate)	150 mg	3%
Total Fat	4 g	6%†	Organic Sprouted Brown Rice Protein Concentrate	20 g	**
Saturated Fat	3 g	15%†	Cellulose	3,000 mg	**
Total Carbohydrate	10 g	4%†	Medium Chain Triglycerides (coconut)	3,000 mg	**
Dietary Fiber	5 g	18%†	Guar Gum	1,185 mg	**
Total Sugars	4 g	**	Soy Lecithin	1,000 mg	**
Includes 4 g Added Sugars		8%†	L-Glutamine	500 mg	**
Protein	15 g		L-Glycine	500 mg	**
Vitamin A (beta carotene)	1,440 mcg	160%	Sodium Alginate (extracted from <i>Laminaria japonica</i> ) (lanolin)	400 mg	**
Vitamin C (ascorbic acid)	150 mg	167%	Chlorella	250 mg	**
Vitamin D (cholecalciferol) (lanolin)	2.5 mcg (100 IU)	13%	L-Methionine	250 mg	**
Vitamin E (d-alpha tocopheryl acetate)	16.7 mg	112%	L-Lysine Hydrochloride	165 mg	**
Thiamin (thiamin hydrochloride)	20 mg	1,667%	N-Acetyl-L-Cysteine	150 mg	**
Riboflavin	10 mg	769%	Stevia Extract (leaf)	150 mg	**
Niacin (niacinamide)	12 mg	75%	Methylsulfonylmethane (MSM)	100 mg	**
Vitamin B6 (pyridoxine hydrochloride)	25 mg	1,471%	Apple Pectin	100 mg	**
Folate	340 mcg DFE (200 mcg folic acid)	85%	Taurine	60 mg	**
Vitamin B12 (cyanocobalamin)	50 mcg	2,083%	Alpha-Lipoic Acid	50 mg	**
Pantothenic Acid (calcium pantothenate)	15 mg	300%	Sodium Copper Chlorophyllin	50 mg	**
Calcium (calcium citrate, dicalcium phosphate & calcium sulfate)	273 mg	21%	Milk Thistle Extract ( <i>Silybum marianum</i> ) (seed) (Standardized to 60% Silymarin)	50 mg	**
Iron (from chlorella, rice protein)	2 mg	11%	Broccoli Sprout, powder	50 mg	**
Phosphorus (dicalcium phosphate)	37 mg	3%	Green Tea Extract (caffeine free) ( <i>Camellia sinensis</i> ) (leaf) (Standardized to 45% EGCG)	50 mg	**
Iodine (potassium iodide)	15 mcg	10%	Bromelain (pineapple stem) (1,000 GDU/g)	45.5 mg	**
Magnesium (magnesium citrate)	100 mg	24%	Calcium D-Glucarate	25 mg	**
Zinc (zinc citrate)	10 mg	91%			
Selenium (selenium chelate)	40 mcg	73%			
Chromium (chromium chelate)	75 mcg	214%			
Molybdenum (molybdenum citrate)	10 mcg	22%			

Other ingredients: Organic cane sugar, natural sourced flavors (black cherry, lemon, lime), gum arabic. Contains coconut and soy.

Contains no artificial colors, preservatives, or sweeteners; no dairy, wheat, gluten, yeast, egg, fish, shellfish, or GMOs. Suitable for vegetarians. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

## Colon Support\*

## Supplement Facts

Amount Per Serving		% Daily Value
Calcium (Dicalcium Phosphate)	170 mg	13%
Cascara Sagrada ( <i>Rhamnus purshiana</i> , powder (bark))	260 mg	**
Senna Extract 4:1 ( <i>Cassia angustifolia</i> ) (leaf)	120 mg	**
Licorice ( <i>Glycyrrhiza glabra</i> , powder (root))	80 mg	**
Peppermint ( <i>Mentha piperita</i> , powder (leaf))	30 mg	**
Gentian ( <i>Gentiana lutea</i> , powder (root))	10 mg	**
Rhubarb ( <i>Rheum palmatum</i> , powder (root))	8 mg	**
Peppermint Oil ( <i>Mentha piperita</i> )	2.4 mg	**

\*\* Daily Value not established.  
Other ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate (vegetable grade).

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.



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Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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## 7-DAY REDUCEXS® TOTAL BODY CLEANSING PROGRAM

**Serving Size:** 1 packet & 1 scoop (Step 1)/2 scoops (Step 2)

**Servings Per Container:** Seven days worth

### Suggested Usage:

**Step 1 (Days 1–4):** Take 1 scoop (32.4 g) of RestorX Intestinal Repair Nutritional Drink Mix 2 times per day in water or follow mixing instructions below. Take a few hours before or after taking other medications. Step 1 supports gut barrier integrity and function, and prepares the body for healthy detoxification of internally generated natural body toxins.\*

**Mixing Instructions:** Blend, shake or briskly stir 1 scoop (32.4 g) into 8 fl. oz. of purified water or freshly pressed juice (vegetable or fruit). You can also customize your drink mix by blending 1 scoop (32.4 g) with 8 fl. oz. of purified water and 1 cup of fresh or frozen organic berries or other fruit. Stir and drink immediately.

**Step 2 (Days 5–7):** Take 2 scoops (40 g) of DetoxiCleanse Detoxification Nutritional Drink Mix 3 times per day in water or follow mixing instructions below. Take a few hours before or after taking other medications. Step 2 nutritionally supports healthy detoxification of internally generated natural body toxins.\*

**Mixing Instructions:** Blend, shake or briskly stir 2 scoops (40 g) into 8 fl. oz. of purified water or freshly pressed juice (vegetable or fruit). You can also customize your drink mix by blending 2 scoops (40 g) with 8 fl. oz. of purified water and 1 cup of fresh or frozen organic berries or other fruit. Stir and drink immediately.

**All 7 Days:** Take 1 packet of the enclosed BioLivX and Colon Support supplements each day at noon. The packets provide additional support for liver and colon function.\* Include a liberal diet of raw and/or steamed vegetables and fresh fruit. Drink a minimum of 8 glasses of purified water or herbal teas daily.

**Caution:** Consult your health care professional prior to use if you are pregnant, trying to become pregnant, breastfeeding, taking medication, have a medical condition, or anticipate surgery. Consult your health care professional if you have been experiencing persistent diarrhea, abdominal pain, unexplained weight loss or blood in the stool. Not recommended during pregnancy or nursing. Keep out of reach of children.

**Contraindications:** Consult your health care professional prior to use if you are pregnant, trying to become pregnant, breastfeeding, taking medication, have a medical condition, or anticipate surgery. Not recommended during pregnancy or nursing. Consult your health care professional if you have been experiencing persistent diarrhea, abdominal pain, unexplained weight loss or blood in the stool, or for those less than 18.

**Drug Interactions:** N-acetyl cysteine may cause hypotension and headaches when taken with nitroglycerin.<sup>14</sup> Some components may also have a hypoglycemic effect; caution should be used for patients on antidiabetic therapy.

### References

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