



REACTIVE AGILITY LADDER

GETTING STARTED



Thank you for choosing the SKLZ Reactive Agility Ladder. We are dedicated to providing you with the best tools and instruction possible to help you prepare for your sport. If there is anything else we can do to help, don't hesitate to send us an email at help@4implus.com or give us a call toll-free at **1-800-446-7587**.

BEFORE YOU BEGIN:

- Read all instructions carefully before using. Failure to do so may result in injury or damage to the product.
- Always check for wear and tear before use. If any is found, do not use the product.
- If you are missing any Reactive Agility Ladder components, please contact Implus customer service toll-free at **1-800-446-7587**.

⚠ WARNING:

- Reactive Agility Ladder is under tension when assembled. Please take the utmost care when releasing the tension during disassembly. Failure to do so may result in injury.
- Regularly check for wear and tear. Stop using Reactive Agility Ladder if any part of it breaks. Failure to do so could result in injury.
- When in use, make sure the Reactive Agility Ladder is set up in a clear area to avoid injury.
- When using the Reactive Agility Ladder, others should stay clear of the area to reduce the risk of injury.
- To avoid cord entanglement, ensure any children under the age of 12 are under close adult supervision. Store out of reach of children under 12 years of age.
- To avoid strangulation, keep out of reach of small children.

⚠ CAUTION:

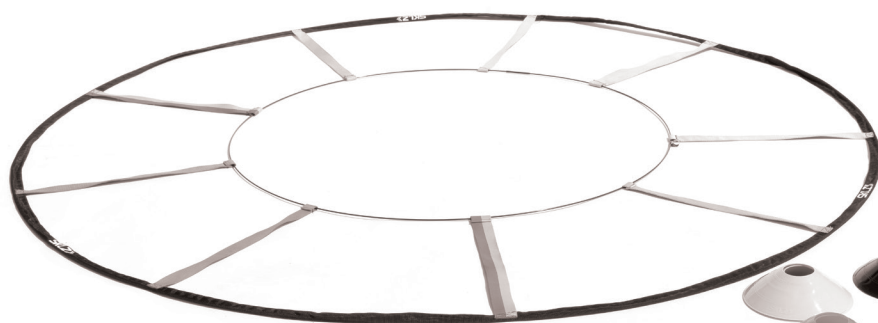
- When done, disassemble the Reactive Agility Ladder and store after use. Do not leave outdoors.
- When in use, make sure the Reactive Agility Ladder is set up in a clear area to avoid damage to property.

1-YEAR LIMITED WARRANTY

This warranty does not cover damages resulting from accident, misuse, abuse or lost merchandise, and is only valid in the USA. Need proof of purchase for warranty coverage. **Questions? Email help@4implus.com or call toll-free 1-800-446-7587.**

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IN THE BOX



REACTIVE AGILITY LADDER



STORAGE BAG



COLORED CONES (8)

ASSEMBLY



1. Remove ladder from storage bag.



2. Toss it forward and above your head, allowing it to take shape. Adjust to lay flat if overlapping.



3. Place ladder and cones in designated training area.

STORAGE



1. Pick up ladder and place both hands on the inner black ring on opposite sides of one another.



2. Twist your right hand in, going across your body.



3. Twist your left hand, in going across your body and over the top of your right hand, forming two smaller rings.



4. Holding the two smaller rings together, grab both of the outer rings and pull them in as well.



5. Holding the four rings with one hand, grab the opposite side of the outer rings and repeat steps two and three by twisting in your right hand across your body and your left hand over the top.