

ANSWER KEY



WRIST

HAND

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The wrist is the joint between the hand and the forearm. It is made up of several small bones, including the scaphoid, trapezium, trapezoid, and lunate. The wrist is a very important joint because it allows the hand to move in many different directions.

The wrist is also a very vulnerable joint. It is often injured by falls, sports, and repetitive motions. Wrist pain can be a sign of a variety of conditions, including carpal tunnel syndrome, arthritis, and tendonitis. If you experience wrist pain, it is important to see a doctor for a proper diagnosis and treatment.

HAND

The hand is the part of the upper limb that is used to grasp and manipulate objects. It is made up of several bones, including the metacarpals, phalanges, and carpals. The hand is a very dexterous organ, and it is able to perform a wide variety of tasks.

The hand is also a very sensitive organ. It is able to feel touch, pressure, and temperature. This sensitivity is what allows us to pick up a glass without spilling it or to feel when we are about to burn ourselves.

The hand is a very important part of our body, and it is essential for our survival. Without our hands, we would be unable to do many of the things that we need to do every day.

WRIST

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