

# STRONG Day

Build that inner muscle memory

## Key Points to Remember

### Process

- 1. Listen
- 2. Observe
- 3. Do

### Skills

- 1. Listening
- 2. Observing

### Attitudes

- 1. Respect
- 2. Patience
- 3. Persistence
- 4. Openness

### Role

- 1. Active participant
- 2. Observer

## Remember to be a reflective practitioner



Be a reflective practitioner

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