



OUTDOOR SAUNA USER GUIDE

MODELS

SS-0THT001



DON'T WAIT! REGISTER NOW!

Register your product within 90 days to ensure your sauna is recognized as an official purchase and is eligible for warranty coverage.

register online at www.saunaspa.com/register.

PRODUCT REGISTRATION*


IMPORTANT: Warranty will not be recognized unless product is registered.

Register online at www.saunaspa.com/register . or Scan the QR code below.

Registering online is fast, secure, and ensures we receive your information.

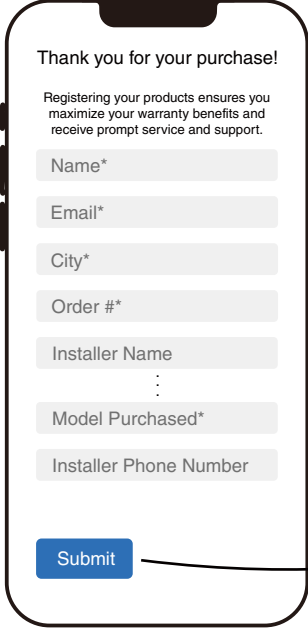
1

USE YOUR PHONE CAMERA
TO SCAN THE QR CODE



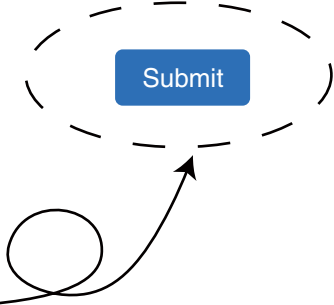
2

FILL IN A QUICK
REGISTRATION FORM



3

CLICK SUBMIT AND
ENJOY PEACE OF MIND



IMPORTANT WARRANTY INFORMATION!

WARRANTY AND REPAIR GUIDELINES

SaunaSpa warrants that this sauna unit will be free from manufacturer defects and malfunctions. For terms and conditions please refer to latest SaunaSpa Warranty at www.saunaspa.com/warranty.

Please be advised failure to comply with any of the following will VOID the warranty.

1. Sauna must registered within 90 days of delivery. See www.saunaspa.com/register.

Warranty Period:

This product is covered under warranty for a period of one year for electrical parts, five years for wood parts, commencing from the date of purchase.

For further information or assistance, visit www.saunaspa.com/warranty or call 866-733-4043.

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IMPORTANT!

- Malfunctions, damages, part replacements and labor resulting from improper installation, negligence, or lack of care and maintenance will NOT be covered under the SaunaSpa Warranty.
- PRIOR TO INSTALLATION, ENSURE THAT THE PRODUCT IS POWERED OFF.

You are solely responsible for:

Ensuring compliance with all applicable laws, building codes, zoning rules, lease terms, or HOA requirements.

Obtaining all necessary permits and approvals for installation and use, including paying any associated fees.

This manual is for general guidance only and does not serve as a warranty or guarantee of compliance. It may not cover all specific conditions of your installation.

You must determine whether installation is appropriate and legally compliant.

If unsure, consult licensed professionals (e.g., electrician, contractor, engineer).

SaunaSpa and its suppliers are not responsible for any issues resulting from your installation, maintenance, or repairs.

Thank You for choosing SaunaSpa for health, beauty and relaxation. Now you can enjoy your own private sanctuary in the comfort of your own home.

USER INSTRUCTIONS

1. Check for visible damages upon delivery of sauna. Any damages to packaging should be reported immediately to shipping company delivery representative and SaunaSpa's Customer Service Dept.
2. Check model and accessories are correct, including voltage input. Any discrepancies are to be reported to SaunaSpa's Customer Service Dept. within 48 hours of delivery.
3. Read installation instructions in detail for a secure and effective installation of SaunaSpa sauna.
4. SaunaSpa shall not be responsible for product damage or malfunction caused by self-installation or installation procedures which do not comply with user manual.

Note: Images in this manual are for reference only; actual models may vary. Design may change without notice. Outdoor use may cause water to seep through gaps over time — this is normal. When unused outdoors, cover the sauna with a waterproof cover.

WARNING

Please read carefully before using sauna

- DO NOT use the sauna product with any of the following Health Conditions:

1. Any type of respiratory condition
2. Any type of a heart condition
3. High or low blood pressure
4. Pregnancy
5. Any skin disease or disorders
6. After or while drinking alcohol or alcoholic beverages
7. Hemophilia or are prone to bleeding

Check with your doctor regarding the use of this product if you have any other health conditions.

- Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6°F (37°C). The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia include:
 - a. Failure to perceive heat
 - b. Failure to recognize the need to exit, or Physical inability to exit the room
 - c. Unawareness of impending hazard
 - d. Fetal damage in pregnant women
 - e. Unconsciousness

WARNING

Read Before Use: Please thoroughly read this manual before using the sauna and keep it for future reference. For technical assistance or repair, contact the manufacturer.

● Installation & Environment:

1. Install the sauna on a level surface outdoors or in a dry, covered area. Avoid placing it in damp or water-prone areas.
2. Water seepage over time is normal and typically dries quickly due to the heated environment.
3. Suitable foundations include concrete slabs, pavers, gravel, cinder blocks, or solid wood decking.

● Children & Supervision:

1. Children must use the sauna only under adult supervision and after consulting a doctor.
2. Never allow play in or around the sauna.

● Electrical Safety:

1. Keep all electrical components dry. Do not touch them with wet hands or use the sauna during storms.
2. Never expose the control system to water or disassemble it.
3. Repairs must be performed by authorized technicians only.
4. Ensure proper wiring and connections; consult a certified electrician if unsure.
5. Do not operate with a damaged power cord or plug.
6. Always allow 30 seconds between powering the control system on and off.

● Usage Warnings:

1. Do not pour water on the infrared heaters / radiators.
2. Do not insert objects (fingers, sticks, etc.) into any openings or heating elements.
3. Do not touch the heating element, control panel, or light bulb when hot.
4. Do not sleep inside the sauna while it's operating.
5. Never use the sauna under the influence of alcohol, drugs, or medication.
6. Pregnant or menstruating women should not use the sauna.
7. If you feel dizzy, weak, or unwell, stop use immediately.
8. Wait 10–20 minutes after intense exercise before using the sauna.

● Medical Conditions:

1. Consult your doctor before using the sauna if you have medical issues such as diabetes, high/low blood pressure, heart disease, or recent trauma.
2. Be aware of possible allergies to red cedar wood (MCS – Multiple Chemical Sensitivity).

● Usage Limits & Maintenance:

1. Operate for a maximum of 4 hours, then rest the sauna for at least 30 minutes.
2. Do not use or store flammable items near the sauna.
3. Keep vents unobstructed for airflow and ventilation.
4. Always clean sweat and debris from the floor and surfaces after each use.
5. Use only non-toxic, water-based cleaners.
6. Do not place or store items inside, on, or above the sauna.
7. Never tilt, strike, or install spray devices or shower heads in or above the sauna.

WARNING

- General Safety:
 1. Be cautious when entering/exiting—mind your head.
 2. Keep the floor heater and seating area dry to avoid damage.
 3. Do not bring pets into the sauna.
 4. Covering the heater or infrared emitter is a fire hazard.
 5. If replacing the bulb, turn off power and let it cool first.

ASSEMBLY TIPS

Before beginning assembly, carefully read all instructions and safety warnings.

- This sauna requires at least 2 adults for assembly.
- Unpack all components and verify you have all the listed parts.
- NOTICE: Some components may come pre-installed or partially assembled.
- Protect the sauna's wood surfaces during assembly to avoid scratches or damage.
- Retain this manual for future reference.

ELECTRICAL REQUIREMENTS

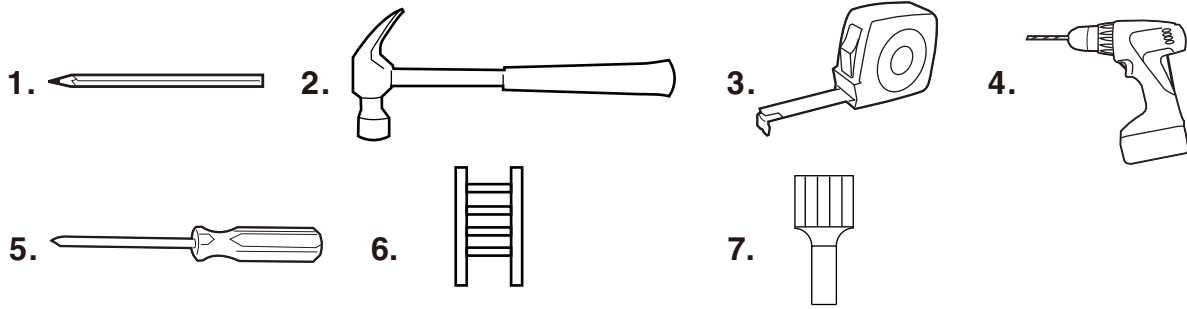
- All electrical work must be performed by a licensed, qualified electrician.
- Electrical cables are not included and must be provided separately. Only use copper wire rated for 194°F (90°C). Aluminum wire is not permitted.
- Ensure compliance with national, state, and local electrical codes — consult a licensed electrician.
- The electrician must supply all required wiring and connections.
- Sauna requires 240VAC, 15-amp dedicated circuit for outdoor use.
- The heater must be installed by a certified electrician following manufacturer guidelines and all applicable codes, including correct breaker size and wire specifications.
- Do not use wall adapters or extension cords.
- The heater must be hardwired by a licensed professional.
- Route the power cord to avoid foot traffic or any risk of it being pinched by objects.
- Ensure all cables and circuits have proper waterproof protection to prevent water ingress and short circuits, especially in outdoor environments.

CHOOSING A LOCATION

- Place the sauna on a dry, solid, level surface that can support its weight. Avoid areas prone to dampness or water exposure.
- Maintain at least 6 inches of clearance between the sauna and any walls.
- Ensure the main power cord can reach an accessible outlet with ease.
- Position the sauna away from hazards like water sources, flammable objects, or combustible materials.

ASSEMBLY TIPS

RECOMMEND TOOLS

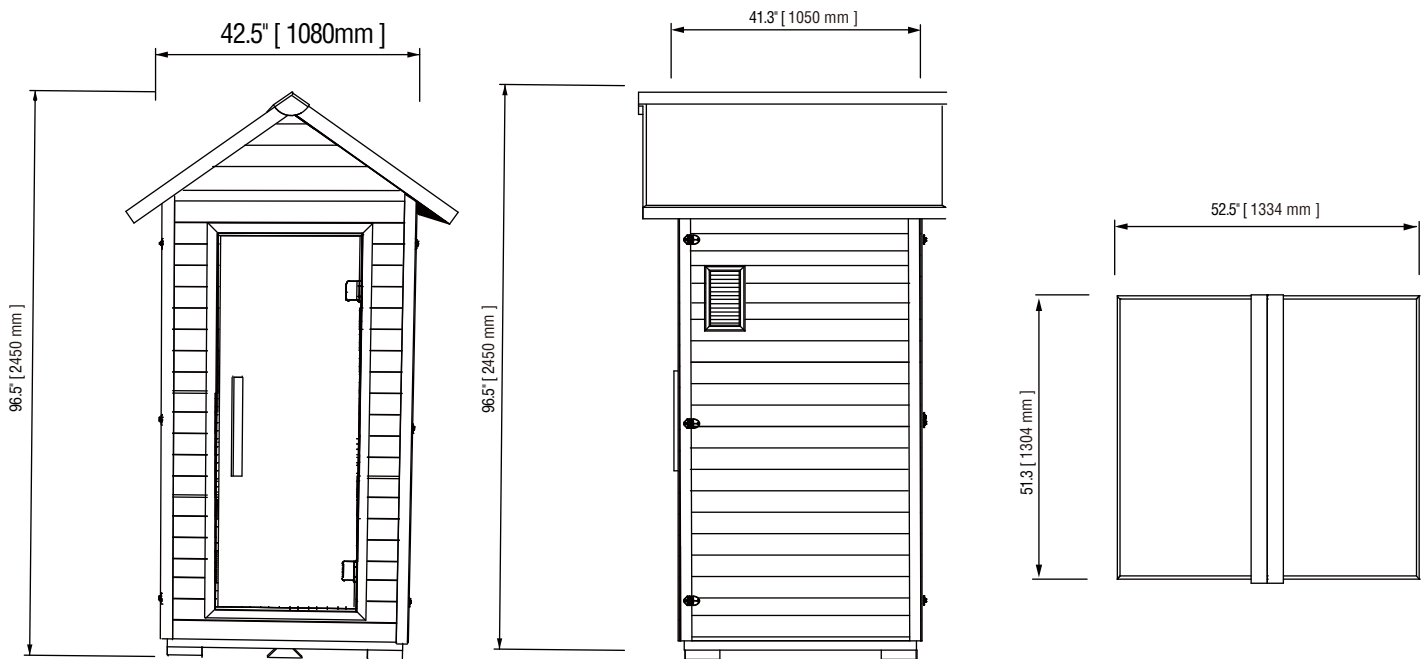


- 1. Pencil
- 2. Hammer
- 3. Tape Measure
- 4. Electric Drill
- 5. "+" screwdriver
- 6. Ladder
- 7. Painting brush

SPECIFICATIONS

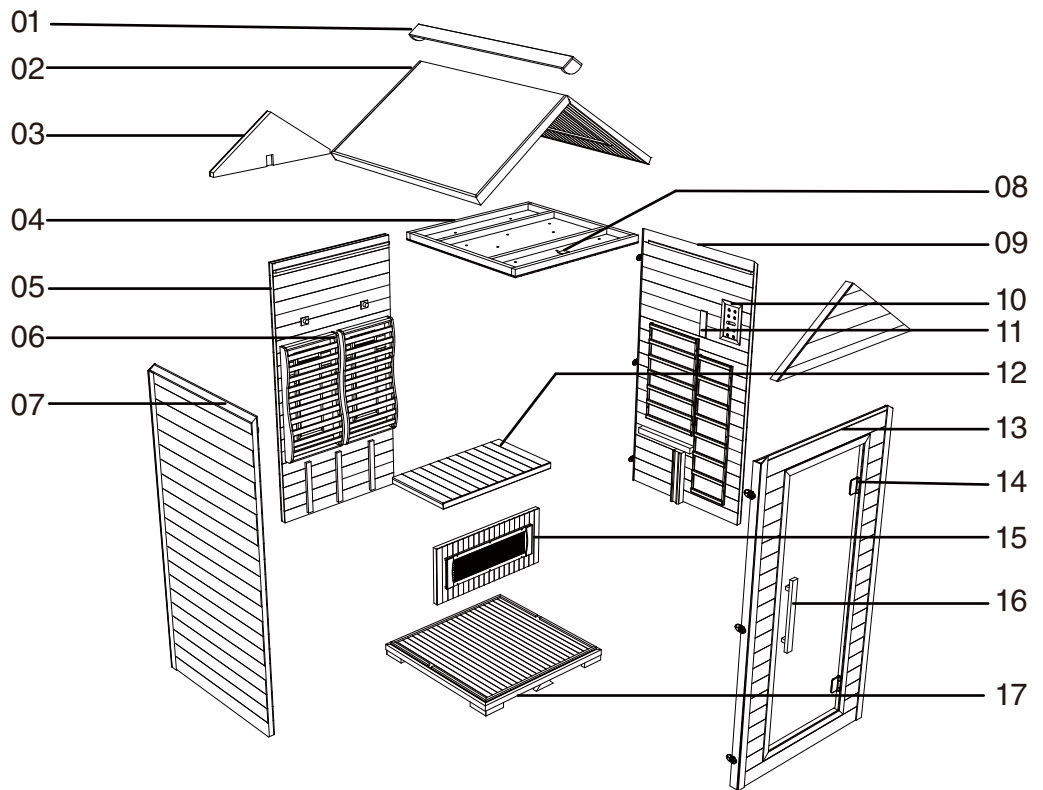
SPECS	SS-0THT001
Assembled Tent Dimensions(L x W x H)	52.5" x 51.3" x 96.5" (1334 x 1304 x 2450mm)
Power Output	2400 Watts
Maximum Temperature	149°F (65°C)
Voltage	240V AC / 60Hz
Function	Control panel with temp adjust and timer, Audio with Bluetooth, Color LED light, Star light on roof, two speakers

PRODUCT SIZE CHART










COMPONENTS

- 1 Ridge plate
- 2 Sloped roof
- 3 Sealing plate
- 4 Top board
- 5 Back board
- 6 Backrest
- 7 Left board
- 8 Temperature probe
- 9 Right board
- 10 Ventilation
- 11 Control panel
- 12 Bench
- 13 Front board
- 14 Hinge
- 15 Bench front panel
- 16 Handle
- 17 Bottom board



Accessories

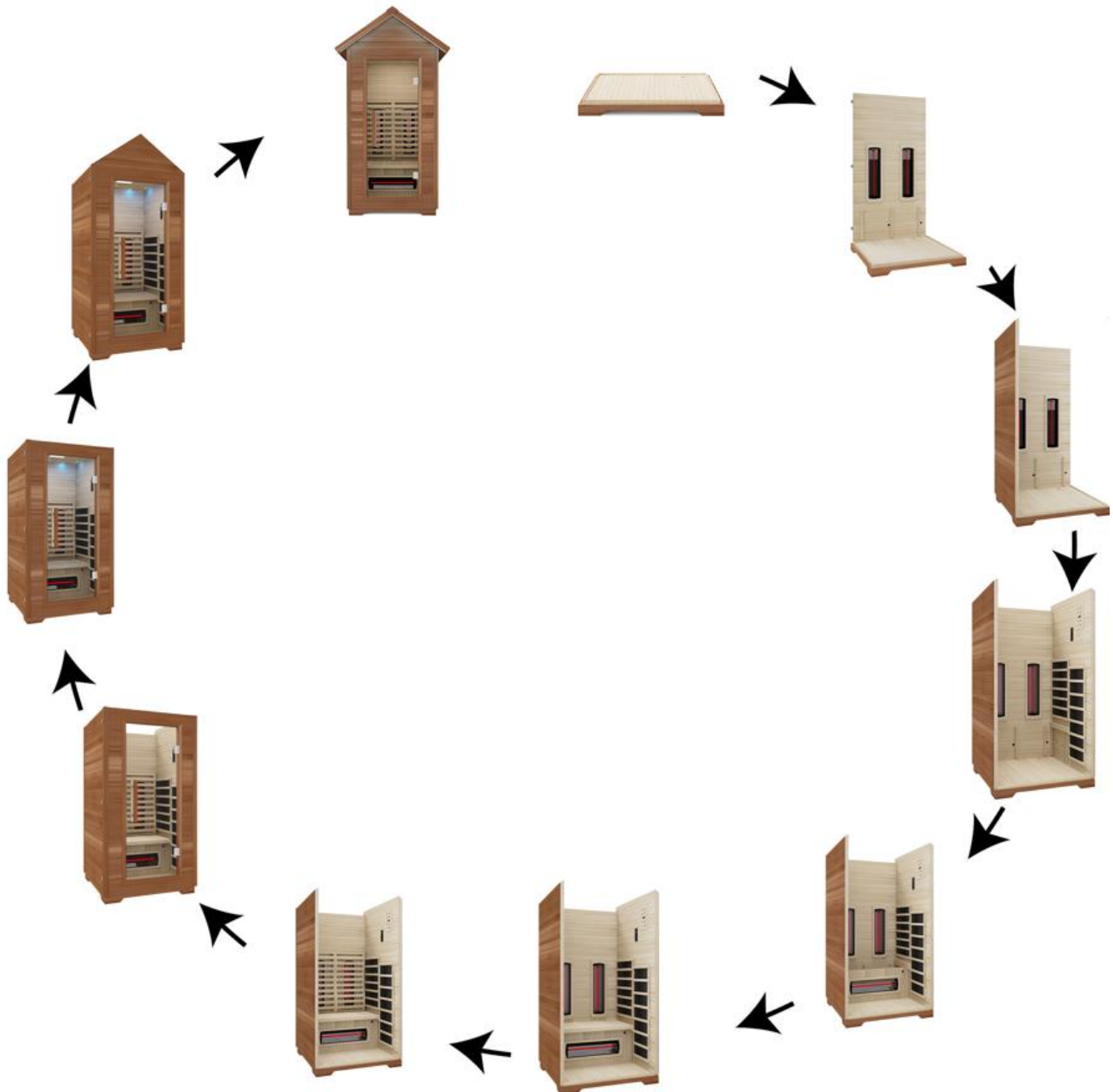
 Self-tapping Screw(4*50) x 8	 Self-tapping Screw(5*40) x 8	 Stainless steel screw(5*70) x 14
 Stainless steel screw(4*12) (To secure Asphalt shingle) x 16	 Handles with Screws x 1	 Asphalt shingle (For spare parts) x 4
 Stainless steel screw(4*30) x 4		

INSTALLATION

Important:

Before assembling your sauna, carefully read the WARNING and ASSEMBLY TIPS sections of this manual.

The illustrations provided are for reference purposes only and may not exactly match your specific sauna model. Parts and accessories shown may vary.



INSTALLATION & USER GUIDE

INSTALLATION

Step 1: Position the Bottom and Back Panels

1. Select a level surface and place the Bottom Board [17] as shown. Refer to the Assembly Tips section for additional guidance.
2. Align the Back Board [5] with the rear edge of the Bottom Board and attach it securely. Ensure the Back Board is flush with the bottom edge. (Fig 1)



Fig 1

Step 2: Buckle Types and Installation

Two types of buckles are used throughout the sauna assembly. Please install each type according to the following instructions. (Fig 2)

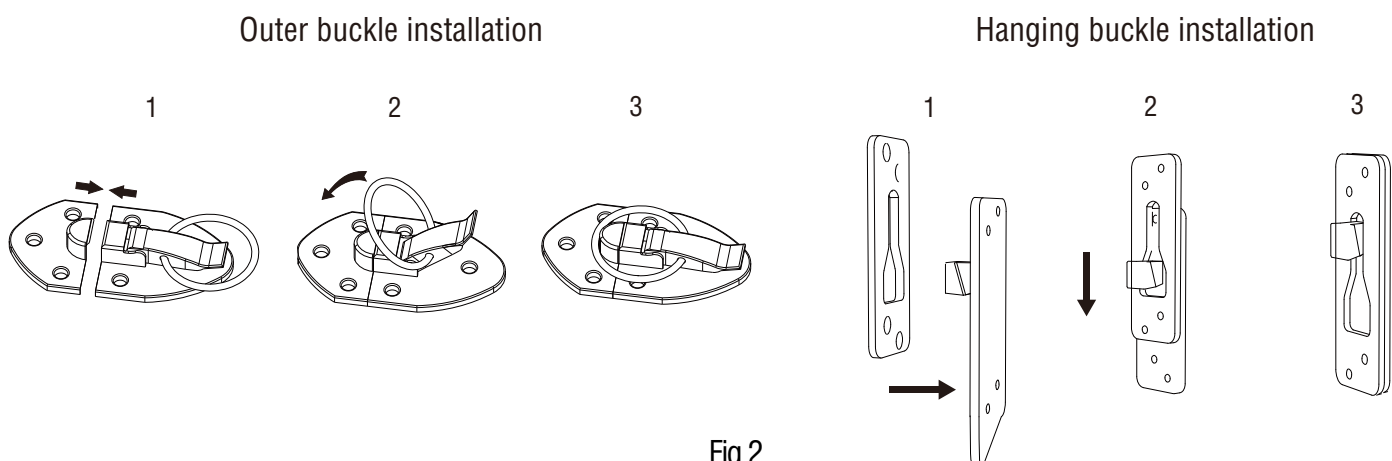


Fig 2

INSTALLATION

Step 3: Attach the Left Side Panel

Align the Left Board [7] with the Back Board using the pre-installed buckles. Slide the panel downward until it locks securely in place.

(Fig 3)



Fig 3

Step 4: Attach the Right Side Panel

Align the Right Board [9] with the Back Board in the same manner. Slide it down until it clicks and locks firmly into position.(Fig 4)



Fig 4

Step 5: Install the Bench Front Panel & Connect Power

Insert the Bench Front Panel [15] into the grooves on the Left and Right Boards as shown. Connect the power cable to the matching ports. Each cable or plug is labeled; locate the matching male and female connectors (e.g., labeled "Control") and plug them in securely.

(Fig 5)



Fig 5

INSTALLATION

Step 6: Install the Bench

Place the Bench [12] onto the Bench Front Panel, ensuring it sits flush against the Back Board. Secure the bench using the self-tapping screws(5*40). (Fig 6)



Fig 6

Step 7: Attach the Backrest

Mount the Back Rest [6] onto the Back Board. Use the self-tapping screws(4*50) to fasten it securely. (Fig 7)



Fig 7

Step 8: Install the Front Board and Door Handle

1. Position the Front Board [13] between the Left and Right Boards, aligning the buckles, and slide it downward until it locks into place.
2. To install the door handle, first separate the two handle parts by removing the screws from the interior (screw-side) of the door glass.
3. Align the handle parts with the holes in the glass and reattach by tightening the screws into the wooden outer handle.(Fig 8)



Fig 8

Tip:

If the Front Board appears slightly warped, have one person stand inside the sauna and push the Back Board outward while another person aligns and secures the front buckles from outside. Ensure all boards fit together snugly, like interlocking puzzle pieces.

INSTALLATION

Step 9: Install the Top Board and Connect Wires

1. Route all internal wiring to the top of the sauna.
2. Place the Top Board [4] onto the sauna's top frame, ensuring it aligns properly.
3. Feed the wires through the groove in the Top Board.
4. Secure the Top Board using self-tapping screws (5*40).
5. Connect all wiring pairs by matching the male and female connectors labeled accordingly (e.g., "RGB Light", "Speaker"). Ensure wiring is fully seated and connections are secure before proceeding. (Fig 9)

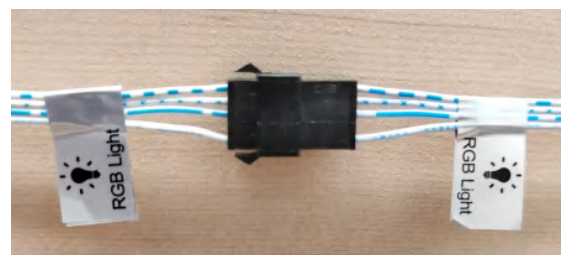
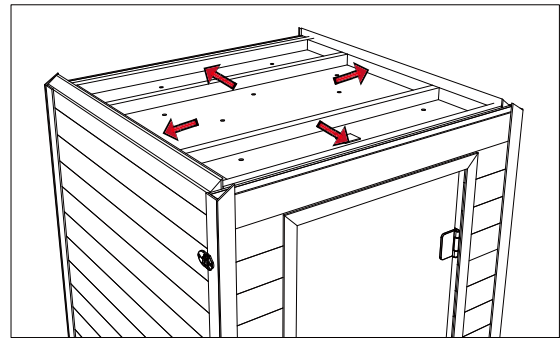


Fig 9

Step 10: Attach the Sealing Plate

1. Fix the Sealing Plate [3] onto the top of the sauna using stainless steel screws (5*70).
2. Tighten all screws to ensure the plate is firmly attached and sealed. (Fig 10)

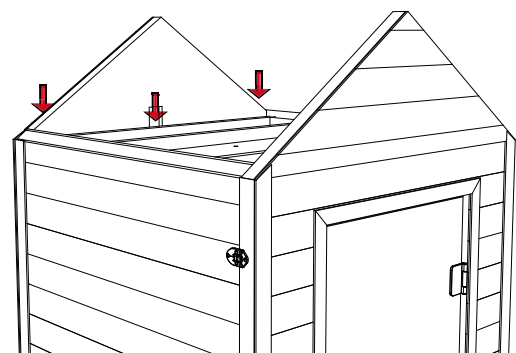


Fig 10

Step 11: Install the Sloped Roof

Position the Sloped Roof [2] on top of the sauna.

There are pre-drilled holes beneath the asphalt shingles. Secure the sloped roof using stainless steel screws (5*70) through these holes. (Fig 11)

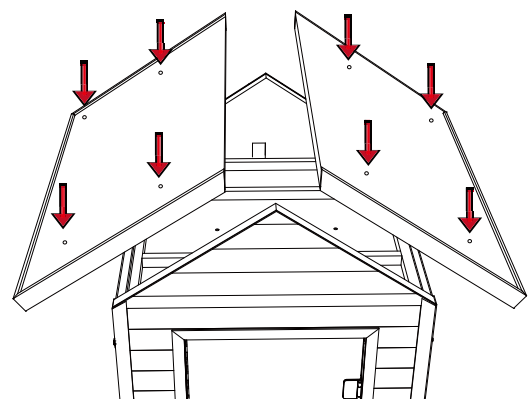


Fig 11

INSTALLATION

Step 12: Install the Ridge Plate

Position the Ridge Plate [1] at the peak of the roof. There are pre-drilled holes beneath the asphalt. Fix it securely with stainless steel screws(4*30) to cover the roof seam and reinforce the structure through these holes. (Fig 12)

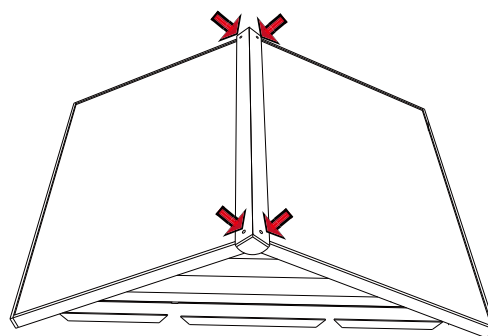


Fig 12

Step 13: Apply Exterior Sealant

After the sauna room is installed, it is recommended to paint the exterior to enhance waterproofing and improve its suitability for outdoor conditions. Select a wood sealant specifically designed for outdoor saunas, or another clear waterproof wood stain and sealer suitable for wooden structures. Apply the coating to the exterior surfaces, with particular attention to the wooden roof panels, side panels, and all external joints. Sealant should also be applied to both the interior and exterior edges of the glass window. For saunas used outdoors, reapply the coating every six months to maintain effective waterproofing. (Fig 13)

WARNING:

Do not apply stain to the interior surfaces of the sauna, as they must remain in their natural, untreated state.

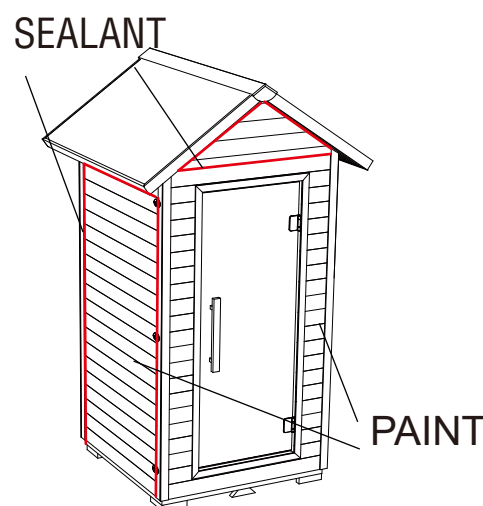


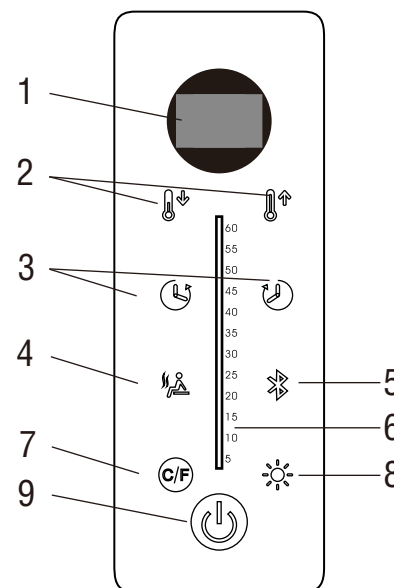
Fig 13

INSTRUCTIONS FOR USE

Congratulations! Assembly is now complete. Before using your sauna, please review the following instructions, warnings, and usage tips.

Control Panel

1. Display Screen
Displays the current temperature inside the sauna.
2. Temperature Control
Press ▲ or ▼ to adjust the desired temperature.
Temperature range: 86–149°F (30–65°C)
3. Timer Control
Touch the clock icons to set your desired session duration.
(5-60 minutes)
4. Heating Power
Press the power icon to turn the heating element ON/OFF.
The current room temperature will appear on the screen.
5. Bluetooth Audio
Press the Bluetooth icon to activate Bluetooth mode.
Connect a Bluetooth-enabled audio device (e.g., smartphone) to the "SaunaSpa" network. Once paired successfully, you can stream music and control the volume from your device.
6. Timer Indicator
Displays the remaining time for the current heating session.
7. Temperature Unit Switch (°C/°F)
When powered ON, press the °C/°F button to switch between Celsius and Fahrenheit.
8. Lighting Control
Press the light icon to toggle lighting.(Green light = ON, Red light = OFF). Press and hold the light button for 5 seconds to enter Color Selection Mode.
Each press cycles through the following options:
L1: White L2: Red L3: Blue L4: Blue + Green L5: Green L6: Green + Red L7: Red
L8: Multi-Color Flashing L9: Multi-Color Gradual Transition
If no button is pressed for 8 seconds, the light control will automatically exit selection mode.
9. Power On / Off
When the system is connected to power, it enters standby mode.
To turn it on, press and hold the power button for 3 seconds.
To turn it off, press the power button again — this will shut down the system and all connected component.



INSTRUCTIONS FOR USE

Leg Heater Switch

You can manually operate the leg heater using the dedicated switch, located above the heater unit.

NOTE: Ensure the main heating function on the Control Panel is turned ON before using this switch.



Back Heater Switch

The back heaters are operated via two rotary dials. Each dial controls the power and temperature level of the heater positioned directly below it.

NOTE: Ensure the main heating function on the Control Panel is turned ON before using these switches.



Winter Heating Notice

During cold weather, your sauna may take longer to heat — this is normal.

Why it happens:

1. Low outdoor temperatures make the heater work harder.
2. Wind, snow, and humidity increase heat loss.

Tips to improve heating:

1. Allow more preheat time.
2. Keep the door closed.
3. Clear snow/frost before use.
4. Use a windbreak if exposed.

Note: Most heaters auto shut off after 60 minutes. To continue heating, restart the unit.

SUGGESTIONS

Before Use

1. Always read and follow the instruction manual before operation.
2. Taking a warm shower or bath prior to your session can help stimulate perspiration.

During Use

1. Stay hydrated! Drink plenty of water before, during, and after your sauna session.
2. Keep each session to 30 minutes or less.
3. Sweating typically begins within 15–25 minutes of starting.
4. Open the ceiling vent or door periodically to allow fresh air into the sauna.

Cleaning Wooden Surfaces

1. Wipe inner and outer wood with a damp, wrung-out towel. Use a vacuum cleaner for hard-to-reach areas.
2. Do not use organic solvents like gasoline or alcohol.
3. Avoid abrasive or sharp tools to prevent scratching.

Cleaning Glass Surfaces

1. Use a soft cloth such as microfiber for routine cleaning.
2. For stubborn spots, use a damp cloth followed by a dry cloth.
3. Never use abrasive tools on glass.

Transportation & Storage

1. Avoid water exposure and sudden impacts when transporting the sauna.
2. Store in a dry, humidity-controlled environment.
3. In cold climates, keep wood from drying out by occasionally wiping with a damp towel to retain moisture.

SUGGESTIONS

Maintaining Sauna After Installation

1. Turn off the power after each session.
2. Open the door to ventilate the sauna and allow heat and moisture to escape.
3. Wipe down the sauna walls and surfaces with a towel to remove sweat and moisture.
4. **Exterior Wood Care**
The sauna's wood is naturally weather-resistant, but UV and time will cause it to gray. To preserve or change its color, apply a water-based exterior stain-and-seal. This also adds protection against mildew.
Refer to Step 14 of the installation instructions and reapply the coating every 6 months to maintain waterproofing.
Do not treat the interior wood — this may cause fumes when heated.
5. **Roofing & Waterproofing**
Without a roof, water can seep through roof boards — this is normal. Some water may enter during wind-driven rain — it won't harm the sauna.
After heavy rain, run the heater for 1 hour to dry the interior.
Use the heater regularly during wet seasons to prevent mold or mildew.
6. **Interior Cleaning & Bench Care**
Apply sauna-grade paraffin oil to benches before use. Reapply 1–2 times a year. Never use paraffin lamp oil.
Surfaces must be dry before oiling.
7. **Clean the interior every 3–4 months:**
Use a suitable sauna wood cleaner. Avoid ammonia or harsh chemicals.
Use a sponge or soft brush, scrub with the grain.
Rinse thoroughly with water.
Run heater for 1–2 hours to dry, then air out with door open.

TROUBLESHOOTING

Always disconnect the sauna from power and allow it to cool down before performing any maintenance.

Electrical repairs must be conducted by a qualified service technician.

Unauthorized repairs will void the warranty. Contact SaunaSpa Service immediately for assistance.

1. No Heat from Some Heaters

Solution 1:

Ensure the Power Cord is plugged into a functional outlet. Verify that all heater cords are securely connected, including the floor heater and cords on the Top Board leading to the control box.

Solution 2:

If only certain heaters are not working while others are functional, the faulty heaters may be damaged and need replacement. Contact SaunaSpa Service for replacement parts.

Solution 3:

If no heaters are working and no error codes appear on the control panel, the temperature sensor may be unplugged or defective.

- Contact SaunaSpa to order a replacement sensor.
- Remove the duster cover and locate the sensor wires on the top board.
- Insert the new sensor through the vent, ensuring it is positioned straight down inside the sauna.
- Power on the sauna and allow 5 minutes to check if the heaters generate heat.

2. Control Panel Malfunction

Solution 1:

If the control panel powers on but does not respond when buttons are pressed, the issue may stem from a loose connection.

- Locate the “Control” wire on the top board.
- Disconnect and inspect the wire pins to ensure they are not bent or damaged.
- Reconnect the Control wire harness securely.
- Test the sauna to confirm proper operation.

Solution 2:

If the control panel has no power or display, the panel itself may be faulty. Contact SaunaSpa at for further troubleshooting or replacement.

TROUBLESHOOTING

3. Control Panel Error Codes

“HH”: Temperature exceeds 176°F (80°C). Restart the sauna and allow it to cool to below 167°F (75°C) before resuming use.

“E0”: Temperature sensor is open circuit. Contact SaunaSpa for a replacement.

“E1”: Temperature sensor is short circuit. Contact SaunaSpa for a replacement.

4. Rear Wall Warp (Intentional Design)

Solution:

A slight warp in the back board is an intentional design feature that provides structural tension once assembled, ensuring a snug and secure fit.

5. Wall Outlet Overheating or Melting

Solution 1:

A common cause is loose wiring at the connection points inside the receptacle. Loose wires can result in poor electrical contact, excessive heat buildup, and potentially dangerous arcing inside the junction box.

Solution 2:

Have a qualified service technician replace the outlet and inspect the wiring.

Solution 3:

If the power cord is damaged, contact SaunaSpa Support for a replacement power supply.

6. Dedicated Power Outlet Required

Solution 1:

Only plug the sauna into a dedicated outlet, meaning no other appliances are connected to the same circuit.

Solution 2:

If a dedicated outlet isn't available, avoid using other electrical appliances on the same circuit while the sauna is operating.

7. Heater Under Bench Heats Slowly

Solution:

This is normal by design. For safety reasons, the bench heater operates at a lower power output than other heaters in the sauna. This is not a malfunction.

TROUBLESHOOTING

8. Speaker Malfunction

Solution 1:

Inspect the speaker connection wires on the top board. Reconnect any loose wires and test the speaker to confirm functionality.

Solution 2:

If the speakers still do not function, they may be damaged. Contact SaunaSpa Support for replacement parts.

9. Color Light Not Working

Solution:

If the color lighting fails to operate:

- Disconnect the wire connection to the light fixture on the top board.
- Reconnect securely, ensuring the connection is tight and fully seated.
- Test the light again.

If the issue persists, contact SaunaSpa Support for further assistance.

10. Bluetooth Connection Issues

Solution 1:

Verify that Bluetooth is enabled on your device (e.g., phone or MP3 player). Ensure the device connects to “SaunaSpa” in the Bluetooth menu.

Solution 2:

Make sure the volume is turned up on your Bluetooth device while music is playing.

Solution 3:

If the device is still unable to connect, it may be incompatible with the sauna’s Bluetooth system. Try using another device.

NOTES

