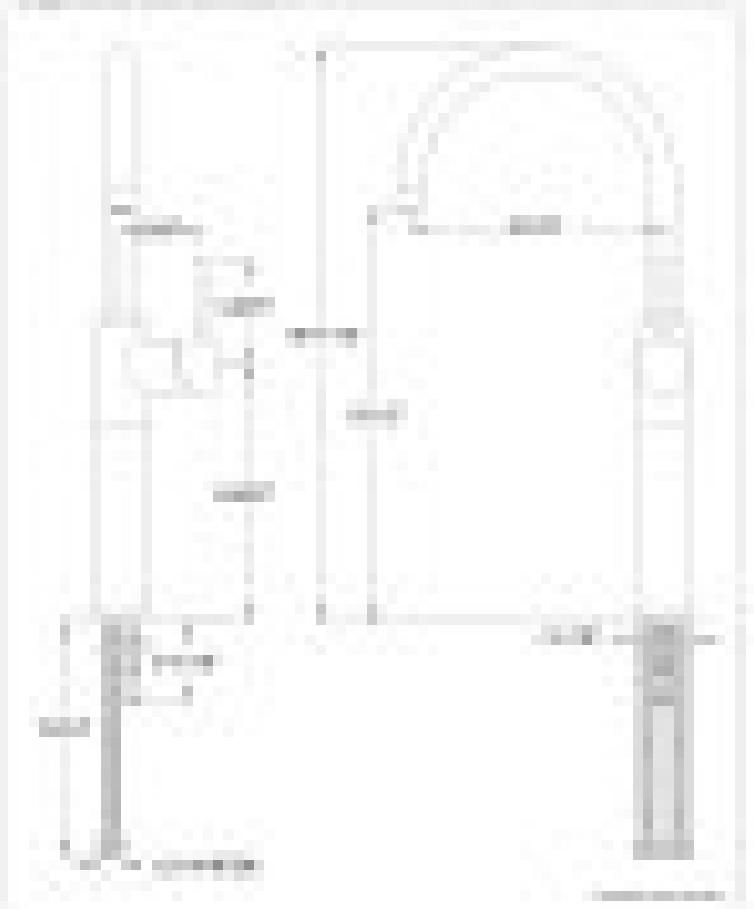KSHEEN & BOL