

ANATOMY



Muscle		Origin	Insertion	Action
Flexor digitorum profundus	Superior head	Anterior surface of the humeral shaft	Distal phalanx of the middle finger	Flexion of the middle finger
	Inferior head	Anterior surface of the ulna	Distal phalanx of the middle finger	Flexion of the middle finger
Flexor digitorum superficialis	Superior head	Anterior surface of the humeral shaft	Proximal phalanx of the middle finger	Flexion of the middle finger
	Inferior head	Anterior surface of the ulna	Proximal phalanx of the middle finger	Flexion of the middle finger
Interossei	Dorsal	Base of the 5th metacarpal	Base of the proximal phalanx of the 4th and 5th fingers	Extension and abduction of the fingers
	Volar	Base of the 2nd metacarpal	Base of the proximal phalanx of the 3rd and 4th fingers	Extension and adduction of the fingers