

METHODS

Experimental Design and Data Collection

The experiment was conducted in a laboratory setting. Participants were recruited from a pool of individuals who had not participated in any of the previous studies. The experiment was designed to measure the effect of the intervention on the dependent variable. The independent variable was the intervention, which was either the control group or the intervention group. The dependent variable was the outcome measure, which was measured at baseline and at follow-up. The data were collected using a standardized questionnaire and a validated measurement tool. The data were analyzed using statistical methods, including descriptive statistics, inferential statistics, and regression analysis. The results of the analysis are presented in the Results section. The following table provides a summary of the experimental design and data collection process.

Phase	Group	Measurement	Time Point
Baseline	Control	Dependent Variable	Baseline
	Intervention	Dependent Variable	Baseline
Follow-up	Control	Dependent Variable	Follow-up
	Intervention	Dependent Variable	Follow-up