

ANATOMY



Respiratory System	
Trachea	Windpipe
Bronchi	Branches of the trachea
Bronchioles	Small branches of the bronchi
Alveoli	Small air sacs where gas exchange occurs
Diaphragm	Muscle that contracts and relaxes to breathe
Ribcage	Protects the lungs and heart
Intercostal muscles	Muscles between the ribs
External intercostal muscles	Muscles that contract to pull the ribcage outwards
Internal intercostal muscles	Muscles that contract to pull the ribcage inwards
External oblique muscles	Muscles that contract to pull the ribcage inwards
Internal oblique muscles	Muscles that contract to pull the ribcage outwards
Rectus abdominis muscles	Muscles that contract to pull the ribcage inwards
Transverse abdominis muscles	Muscles that contract to pull the ribcage inwards
External oblique muscles	Muscles that contract to pull the ribcage inwards
Internal oblique muscles	Muscles that contract to pull the ribcage outwards
Rectus abdominis muscles	Muscles that contract to pull the ribcage inwards
Transverse abdominis muscles	Muscles that contract to pull the ribcage inwards