

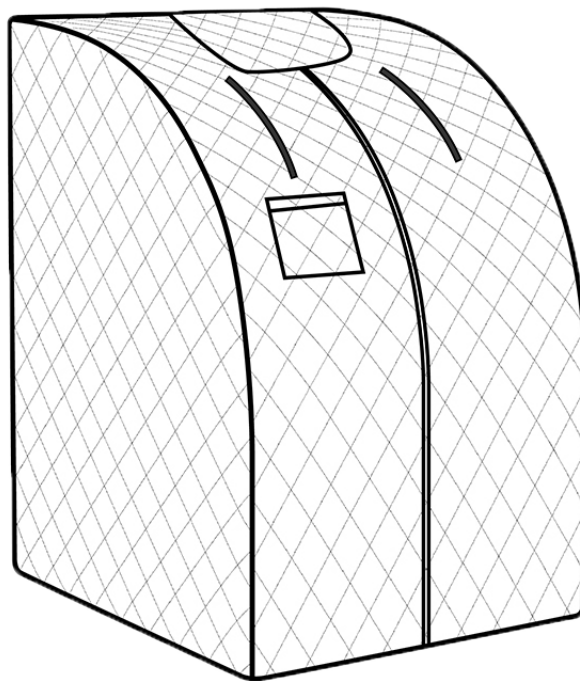


# PORTABLE INFRARED SAUNA USER GUIDE

## MODELS

**SP-SS0001-1P**

**SP-SS0002-1P**



# DON'T WAIT! REGISTER NOW!

Register your product within 90 days to ensure your sauna is recognized as an official purchase and is eligible for warranty coverage. register online at [www.saunaspa.com/register](http://www.saunaspa.com/register) or scan the QR code at Page 2.

# PRODUCT REGISTRATION\*


**IMPORTANT:** Warranty will not be recognized unless product is registered.

Register online at [www.saunaspa.com/register](http://www.saunaspa.com/register) or Scan the QR code below.

Registering online is fast, secure, and ensures we receive your information.

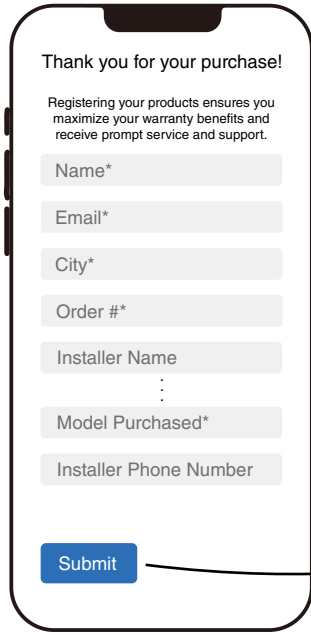
**1**

USE YOUR PHONE CAMERA  
TO SCAN THE QR CODE



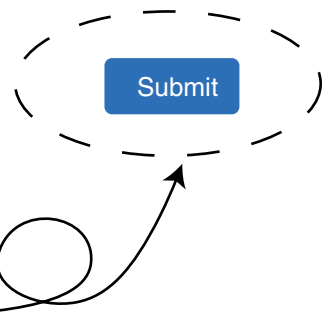
**2**

FILL IN A QUICK  
REGISTRATION FORM



**3**

CLICK SUBMIT AND  
ENJOY PEACE OF MIND



# IMPORTANT WARRANTY INFORMATION!



## WARRANTY AND REPAIR GUIDELINES

SaunaSpa warrants that this portable sauna unit will be free from manufacturer defects and malfunctions. For terms and conditions please refer to the latest SaunaSpa Warranty at [www.saunaspa.com/warranty](http://www.saunaspa.com/warranty).

**Please be advised failure to comply with any of the following will VOID the warranty.**

1. Sauna must be registered within 90 days of delivery. See [www.saunaspa.com/register](http://www.saunaspa.com/register).

### **Warranty Period:**

This product is covered under warranty for a period of one year, commencing from the date of purchase.

### **Requesting Repairs:**

In the event that your sauna requires repair, please reach out to our dedicated service center for assistance.

### **Conditions for Chargeable Repairs:**

While many repairs are covered under warranty, there are specific circumstances under which charges will be incurred for material replacement only. These include:

#### **a. Improper Use and Handling:**

Damages resulting from usage not in accordance with the manufacturer's guidelines.

#### **b. Voltage Compliance:**

Issues arising from operating the device outside the specified voltage requirements.

#### **c. Unauthorized Reassembly:**

Any malfunction or damage occurring after the device has been reassembled after initial installation by our authorized supplier.

#### **d. Environmental and Accidental Damage:**

Damages caused by natural events, disasters, or fire are not covered under the warranty.

For further information or assistance, visit [www.saunaspa.com/warranty](http://www.saunaspa.com/warranty) or call 866-733-4043.

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INSTALLATION & USER GUIDE

## IMPORTANT!

- Malfunctions, damages, parts replacement and labor resulting from improper installation, negligence, or lack of care and maintenance will NOT be covered under the SaunaSpa Warranty.
- PRIOR TO INSTALLATION, ENSURE THAT THE PRODUCT IS POWERED OFF. DO NOT USE THE PRODUCT IN A HUMID ENVIRONMNET.

Thank You for choosing SaunaSpa for health, beauty and relaxation. Now you can enjoy your own private sanctuary in the comfort of your own home.

## USER INSTRUCTIONS

1. Check for visible damages upon delivery of portable sauna. Any damages to packaging should be reported immediately to shipping company delivery representative and SaunaSpa's Customer Service Dept.
2. Check model and accessories are correct, including voltage input. Any discrepancies are to be reported to SaunaSpa's Customer Service Dept. within 48 hours of delivery.
3. Read installation instructions in detail for a secure and effective installation of SaunaSpa portable sauna.
4. SaunaSpa shall not be responsible for product damage or malfunction caused by self-installation or installation procedures which do not comply with user manual.
5. SaunaSpa portable saunas are for indoor use only.

## WARNING

**Please read carefully before using sauna**

- DO NOT use the sauna product with any of the following Health Conditions:
  1. Any type of respiratory condition
  2. Any type of a heart condition
  3. High or low blood pressure
  4. Pregnancy
  5. Any skin disease or disorders
  6. After or during drinking alcohol of alcoholic beverages

Check with your doctor regarding the use of this product if you have any other health conditions.

# WARNING

## Please read carefully before using sauna

- Unplug the electrical cord after each use.
- Do not use in wet or damp conditions, there is a risk of electric shock.
- Keep the electrical cord away from heat sources.
- Never operate the unit if the electrical cord or plug has been damaged.
- Do not pull on the electrical cord.
- Repair must be performed by manufacturer, its service agent or qualified person.
- Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6°F ( 37°C ). The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia include:
  - a. Failure to perceive heat
  - b. Failure to recognize the need to exit the sauna, or physical inability to exit the sauna
  - c. Unawareness of impending hazard
  - d. Fetal damage in pregnant women
  - e. Unconsciousness



The use of alcohol, drugs, or medication can greatly increase the risk of fatal hyperthermia.

# ATTENTION

## USAGE PRECAUTIONS

- The sauna is not medical equipment and is not intended to be used for medical purposes.
- Consult your doctor before using the sauna when pregnant or if under medical care.
- Stop using the sauna immediately if you feel discomfort, nausea, or sleepy.
- Do not plug in the electrical cord before the sauna is completely installed.
- Do not plug in while folded for storage.
- Staying too long in the sauna may cause overheating.



It is highly recommended that you DO NOT use the sauna for over 30 minutes per day and DO NOT use it more than 3 times per week.

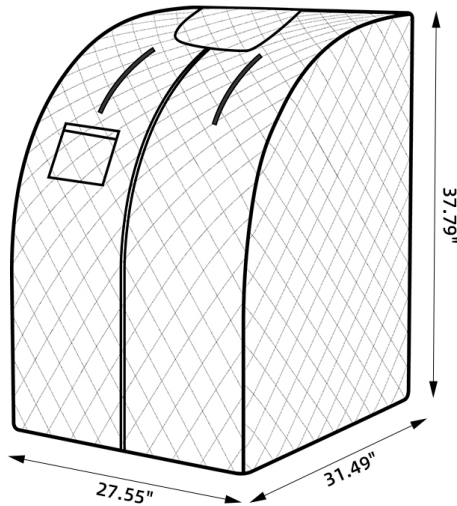


NOT recommended for use by persons under 18 years of age.

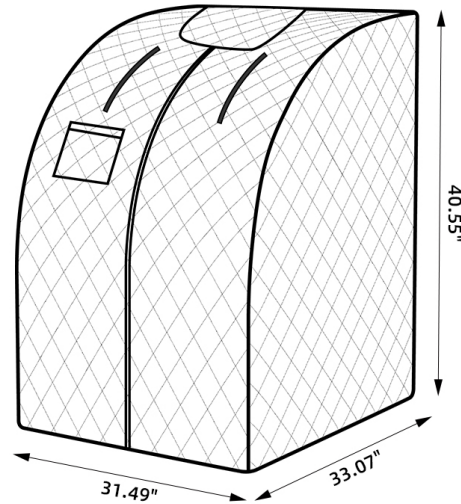
# SPECIFICATIONS

SPECS	SP-SS0001-1P	SP-SS0002-1P
Assembled Tent Dimensions(L x W x H)	27.55 " x 31.49 " x 37.79 "( 70 x 80 x 96 cm )	31.49 " x 33.07 " x 40.55 "( 80 x 84 x 103 cm )
Power Output	1050 Watts	
Maximum Temperature	140°F ( 60°C )	
Time Setting Limit	Up to 60 Minutes	
Voltage	120V AC / 60Hz	
Weight	26.45 lb ( 12 KG )	

# PRODUCT SIZE CHART

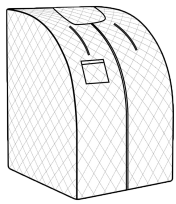


**SP-SS0001-1P**

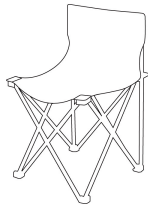


**SP-SS0002-1P**

# COMPONENTS

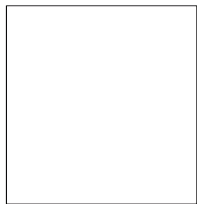


[ 1 ]

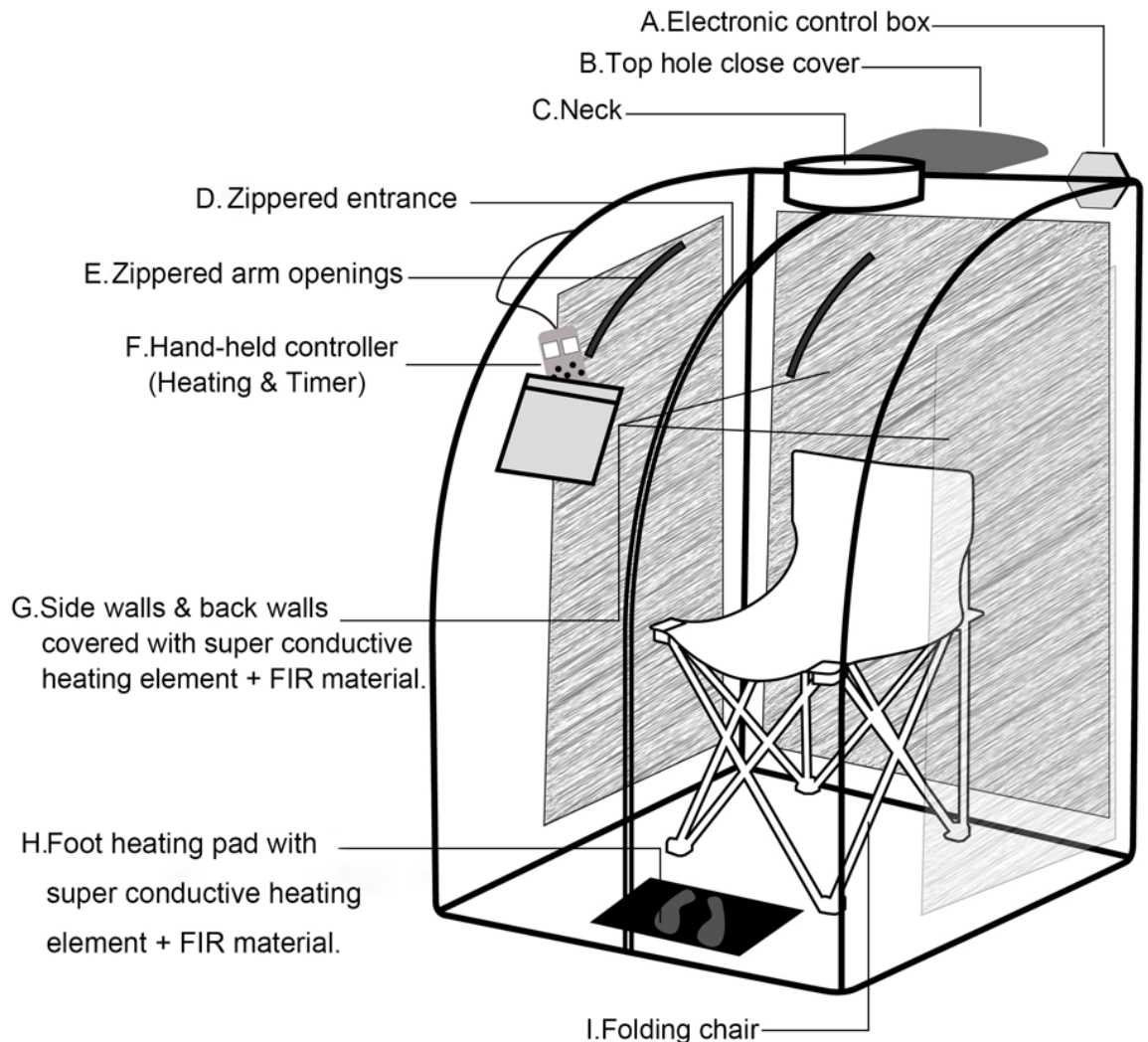


[ 2 ]

PART	Description	Qty.
1	Sauna Tent	1
2	Foldable chair	1
3	Floor mat	1



[ 3 ]





# INSTALLATION

**NOTICE:**

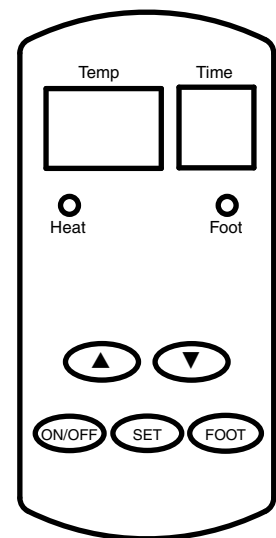
1. Avoid making contact to the sauna with sharp objects during installation.
2. Avoid placing the foldable chair on the Foot heating pad.
3. The footprint face of Foot heating pad should be upward.

**1 minute**  
to set up



# REMOTE CONTROL KEY DESCRIPTION

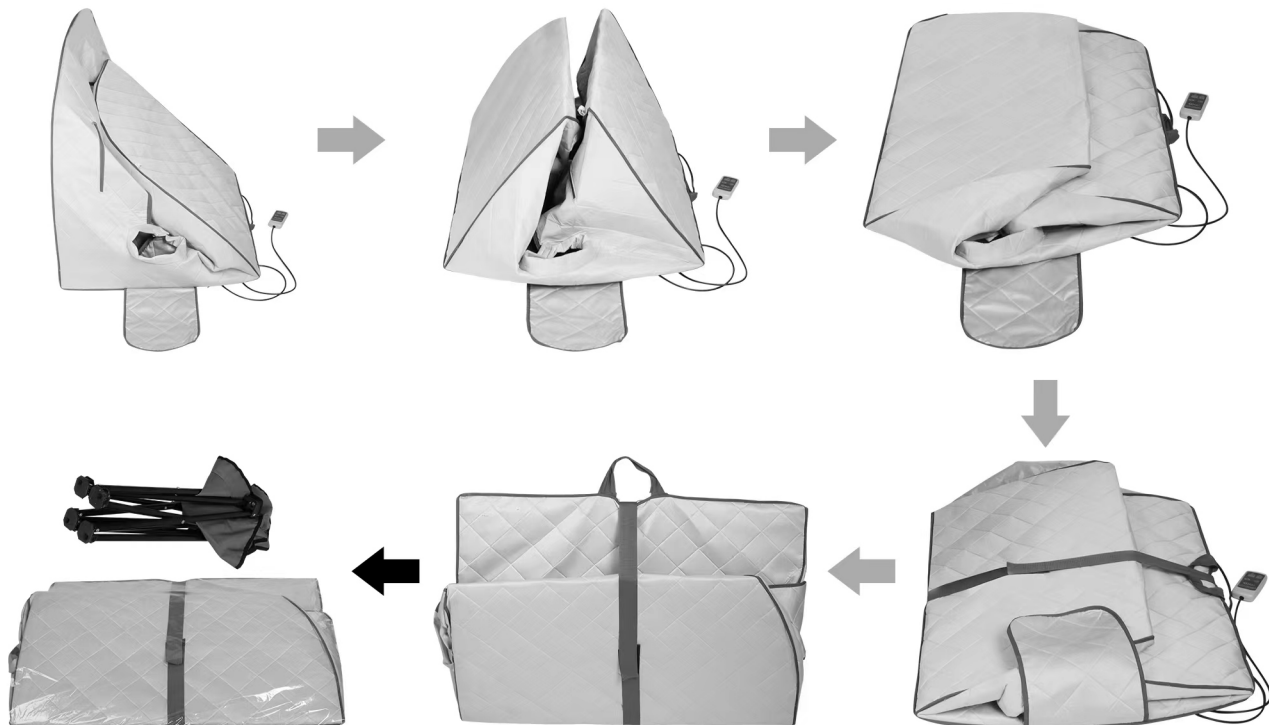
1. Press ON/OFF key to turn on the controller.
2. Press FOOT key to adjust heating status of Foot heating pad. The Foot light can display the current state as shown below.  
  
light off -- no heat    slow flashing light -- low heat  
quick flashing light -- medium heat    light staying on -- high heat
3. Press SET key until the screen of Temp is on, then press (▲) or (▼) to adjust the temperature.
4. Press SET key until the screen of Time is on, then press (▲) or (▼) to adjust the time.



**IMPORTANT!** Keep the REMOTE CONTROL away from liquids.

# CLEANING & STORAGE

1. Dry the Floor Mat after each using.
2. Open the zipper to ventilate. Wait until heat has dissipated.
3. Use clean damp cloth to wipe off, and then fold. No need to wash.
4. Fold the Sauna Tent by following images below. Place in a dry and ventilated location.
5. Do not place items on this product to prevent damage.



# TROUBLE SHOOTING

SYMPTOM	POSSIBLE CAUSES	RECOMMENDED ACTIONS
The controller does not turn on when you plug in the power cord and press the ON/OFF button.	<ol style="list-style-type: none"> <li>1. The voltage is not correct.</li> <li>2. The controller is malfunctioning.</li> <li>3. The electrical cord is not securely plugged in.</li> </ol>	<ol style="list-style-type: none"> <li>1. Verify that the voltage is between 110-120V, as required by the sauna.</li> <li>2. Contact SaunaSpa support for assistance.</li> <li>3. Check the electric outlet.</li> </ol>
The sauna does not reach the set temperature.	<ol style="list-style-type: none"> <li>1. The tent is not fully enclosed.</li> <li>2. The room temperature is too low.</li> </ol>	<ol style="list-style-type: none"> <li>1. Ensure the sauna's zipper is fully closed. Before using the sauna, cover the neck surround while it heats up.</li> <li>2. Relocate the sauna to a warmer room.</li> </ol>
Discomfort occurs when using the product.	Some users may experience discomfort in high-temperature environments.	If you feel unwell, stop using the sauna immediately. For optimal safety, it is recommended to use the sauna no more than 3 times per week, and for a maximum of 30 minutes per session.

