



Thank you for choosing SKLZ Smash Bag. We are dedicated to providing you with the best tools and instruction possible to help you unleash your athletic potential. If there is anything else we can do to help you optimize your workouts, don't hesitate to send us an email ([customerservice@sklz.com](mailto:customerservice@sklz.com)) or give us a call (1-877-225-7275).

### BEFORE YOU BEGIN:

- » Read all setup and usage instructions carefully.
- » Always check equipment for wear or damage before use. If any is found, do not use product. If any components are missing, please contact SKLZ toll free at 1-877-225-7275 x128.

### CAUTION:

- » Never fill the Smash Bag with water, sand or cement. This could cause serious injury to hands and wrists.
- » When in use, make sure the Smash Bag is set up in a clear area to avoid damage to property.
- » When using the Smash Bag, please have others stay clear of the area to reduce risk of injury.

### CARE INSTRUCTIONS:

- » Do not store in extremely high or low temperatures to avoid damaging or reducing the life of the Smash Bag.
- » When Smash Bag is not in use, it is recommended to store indoors.
- » Use a mild detergent to clean the exterior of the Smash Bag.

## SMASH BAG®

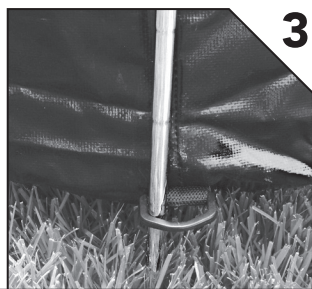
### USAGE GUIDE

#### SET-UP

1. Pack the Smash Bag loosely with old clothes, towels, or blankets. Note the bag should have a little "give" to it.
2. Place the Smash Bag with the target facing your clubface at setup. Support against a wall, post, or another immovable object to keep the smash bag in place at impact. (See image 2 below)
3. If using outside, it is recommended to stake the Smash Bag into the ground through the integrated loop to secure in place. (See image 3 below)



2



3



#### IDEA SUBMISSION

If you have an idea for a new and innovative sports training product, visit [SKLZ.com](http://SKLZ.com) to submit your concept. Some restrictions may apply.

#### LIMITED WARRANTY

REGISTER YOUR PRODUCT AT [SKLZ.COM](http://SKLZ.COM) TO ENSURE WARRANTY COVERAGE, GET NEW PRODUCT INFORMATION AND SPECIAL DEALS FROM SKLZ

Pro Performance Sports (PPS) / SKLZ warrants to the original consumer purchaser of any PPS/SKLZ product it manufactures that the product will be free of defects in materials or workmanship for 90 days (unless specified in alternate warranties) from the date of purchase. If defective and purchased from a retail store, return the product along with receipt to the retail store where the product was purchased. If the item was purchased from PPS/SKLZ, return the product along with the packing slip (proof of purchase) postage prepaid to the address below for replacement consideration. Label: Attn: Returns

This warranty does not cover damages resulting from accident, misuse, abuse or lost merchandise. Only valid in the USA. All returns sent to PPS/SKLZ require a Return Merchandise Authorization number (RMA). For returns to PPS/SKLZ and for all other Customer Service inquiries, please email [customerservice@sklz.com](mailto:customerservice@sklz.com) or call toll free, 1-877-225-7275 for a return authorization number for any exchange.

Made in China. ©2013 Pro Performance Sports, LLC. All rights reserved. Manufactured and distributed by SKLZ/Pro Performance Sports: 2081 Faraday Avenue, Carlsbad, CA 92008 U.S.A. SKLZ, SKLZ Pro Grade, SKLZ Chrome and Sport-Brella are registered trademarks of Pro Performance Sports, LLC., its subsidiaries and affiliates. Product features, appearance, and specifications may be subject to change without notice. Unauthorized duplication is a violation of applicable local and international laws.

VISIT [SKLZ.COM](http://SKLZ.COM) FOR INSTRUCTIONAL VIDEO AND CONTENT



Training Videos & Articles: [SKLZ.com](http://SKLZ.com)  
[facebook.com/SKLZgolf](https://www.facebook.com/SKLZgolf)  
[twitter.com/goSKLZ](https://twitter.com/goSKLZ)

## USAGE



### STEPS

1. Position the face of the Smash Bag opposite your front foot. (See image 1)
2. Hips and shoulders should be square to the target line. (See image 2)
3. Swing the club at half speed, aiming the club head into the center of the target.
4. Make certain that the back of your leading wrist (left if a right-handed golfer, right if a left-handed golfer) is flat at impact. (See image 4)
5. At impact, the clubface should be square (perpendicular to the target line) and the shaft of the club should align with the shaft line on the target on the Smash Bag. Your weight should be 75% on your front foot.
6. As you swing, allow the Smash Bag to capture your club and then evaluate your impact. Straight shots result from a square clubface at impact.



### FIXING A SLICE

1. Swing into the Smash Bag, exaggerating the rotation of the club head and driving the toe (not the shaft) of the club into the bag.