



Code: 9273

Size: 60 Softgels

Actual Size: 15.55 mm x 9.85 mm



Phosphatidylserine

Enhances Mental Acuity and Memory*

Soy Free • Non-GMO • 100 mg

- Exogenous phosphatidylserine crosses the blood-brain barrier, where it appears to have an affinity for the hypothalamus*¹
- Phosphatidylserine (PS) is a critical component of cell membranes and is found in high concentrations in the brain, primarily in the cell membranes of neurons*²
- PS supports brain function to help maintain cell-to-cell communication, which is essential for mental performance and attentiveness*
- Phosphatidylserine may help support the healthy function of neurotransmitters in the brain, including acetylcholine, norepinephrine, serotonin, and dopamine already within the normal range*¹
- Sharp-PS® GREEN provides a non-GMO, 100% soy-free, and a plant source of phosphatidylserine derived from sunflower oil

PRODUCT SUMMARY

Phosphatidylserine is the most abundant phospholipid in the brain. Due to this, the effects of phosphatidylserine on the central nervous system have been widely studied.³ Along with other phospholipids, phosphatidylserine plays important roles in the structure and fluidity of cell membranes, intercellular communication, and cell protection from free radical damage.*^{1,4,5} Phosphatidylserine may help support neurocognitive function, including memory and attention,^{1,6} as well as a healthy mood.*⁷

Importantly, research suggests that phosphatidylserine supports normal cognitive functions such as memory, learning, concentration, and vocabulary, functions which are strongest in the younger years.*⁸⁻¹⁰ In a double-blind placebo-controlled trial of healthy older adults with everyday forgetfulness, the combination of phosphatidylserine with DHA helped support healthy cognition, effective learning, the ability to copy complex figures, and verbal recall.*¹¹

In the past, commercial sources of phosphatidylserine have been derived from animal sources. However, enhanced technology has enabled the development of a plant-based source of this important nutrient. Bioclinic Naturals Phosphatidylserine is made from Sharp-PS GREEN, which is derived from non-GMO sunflower oil and is 100% soy free.



PHOSPHATIDYLSERINE

ENHANCES MENTAL ACUITY AND MEMORY* · SOY FREE · NON-GMO · 100 MG

bioclinic
natural
natural solutions + clinical results
www.bioclinicnatural.com

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Phosphatidylserine (<i>Helianthus annuus</i>) (seed) (From 565 mg non-GMO sunflower lecithin complex) Also contains naturally occurring phosphatidylcholine (PC), phosphatidylinositol (PI), and phosphatidylethanolamine (PE)	100 mg	**

** Daily Value not established.

Other ingredients: Softgel (gelatin, purified water, glycerin), non-GMO sunflower lecithin.

Serving Size: 1 Softgel

Servings Per Container: 60

Suggested Usage: 1 softgel 3 times per day or as directed by a health care professional.

Caution: Consult your health care professional prior to use if you are pregnant, trying to become pregnant, breastfeeding, taking medication, have a medical condition, or anticipate surgery. Keep out of reach of children.

Drug Interactions: As phosphatidylserine is believed to increase acetylcholine levels, conjunctive use with acetylcholinesterase inhibitors and cholinergic drugs may increase acetylcholine levels and may cause cholinergic adverse effects. In addition, conjunctive use with anticholinergic drugs may decrease the effectiveness of these agents.^{9,12,13}

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References

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· GUARANTEED ·

Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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