



# D-MAN

## GETTING STARTED



Thank you for choosing the SKLZ D-Man. We are dedicated to providing you with the best tools and instruction possible to help you prepare for your sport. If there is anything else we can do to help, don't hesitate to send us an email at [customerservice@sklz.com](mailto:customerservice@sklz.com) or give us a call at **1-877-225-7275**.

### BEFORE YOU BEGIN:

- Read all instructions carefully before using. If the instructions are not followed correctly, it could result in injury or damage to the product.
- Always check for wear and tear before use. If any is found, do not use the product.
- You will need water or sand to fill the base, make sure to fill outdoors.
- If you are missing any D-Man components, please contact SKLZ customer service toll free at **1-877-225-7275**.

### ⚠ WARNING:

**PHYSICIANS WARNING:** Not all exercise equipment and programs are suitable for everyone. It is recommended that you consult your physician before using this equipment or beginning this or any other exercise program.

- Recommended for athletes over 14 years old. Athletes under the age of 18 should use the D-Man under strict adult supervision.
- Do not store in extremely high or low temperatures to avoid damaging or reducing the life of your D-Man.
- Do not leave your D-Man outdoors for extended periods of time.
- Running into or tackling the D-Man may damage the product or cause injury.
- When connecting the pole keep your fingers clear to avoid being pinched.
- If this product is used incorrectly it can damage the product or cause harm to the user.

### ⚠ CAUTION:

- When in use, make sure your D-Man is in a clear area to avoid damage to property.

#### PATENT NO.

#6,866,595; 7,198,580  
European Patent #04814968.6  
Other U.S. and PCT patent pending

#### IDEA SUBMISSION

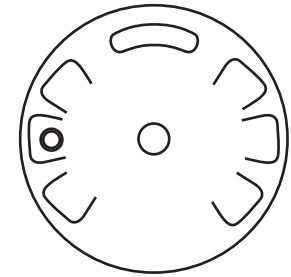
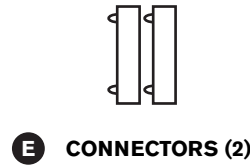
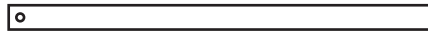
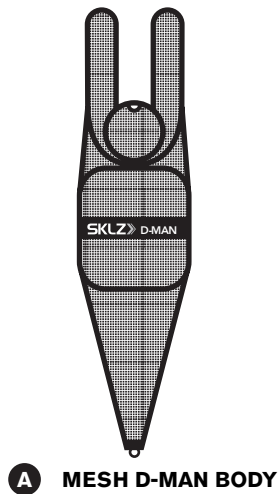
If you have an idea for a new and innovative sport training product, visit [sklz.com](http://sklz.com) to submit your concept. Some restrictions may apply.

#### 1-YEAR LIMITED WARRANTY

This warranty does not cover damages resulting from accident, misuse, abuse or lost merchandise and is only valid in the USA. Need proof of purchase for warranty coverage. **Questions? Email [customerservice@sklz.com](mailto:customerservice@sklz.com) or call toll free 1-877-225-7275.**

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## IN THE BOX



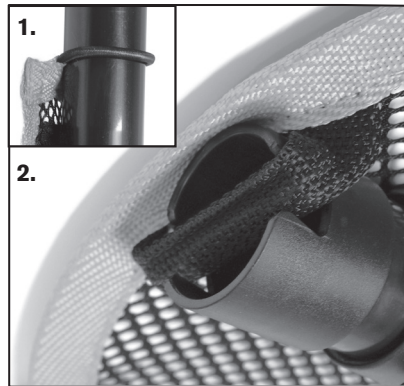
## ASSEMBLY



### STEP 1 POLE ASSEMBLY

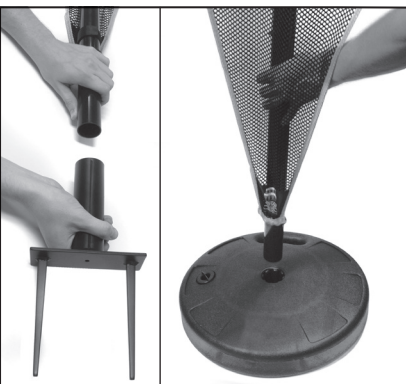
1. Attach both pole connectors to the middle pole.
2. Attach the base pole to one end of the middle pole and the extension pole to the other end.

**SAFETY TIP:** When connecting the pole, keep your fingers clear to avoid being pinched.



### STEP 2 ATTACH D-MAN BODY

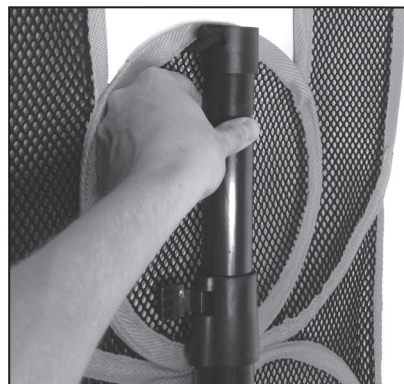
1. Feed the bottom of the assembled pole through the bottom loop of the D-Man body.
2. Fit the loop at the top of the D-Man's head into the notch at the top of the extension pole. Be sure the D-Man body isn't twisted and lays flat.



### STEP 3 BASE SETUP

1. Determine whether you want to use the base or ground stake. (The ground stake provides maximum stability on grass, dirt or sand.)
2. If you are using the weighted base, open the top of the pour hole and fill with sand or water.
3. Insert the bottom of the pole fully into the base or ground stake with the snug-fit connection.

**SAFETY TIP:** Fill weighted base outdoors.



### STEP 4 HEIGHT ADJUSTMENT & POSITIONING

1. Un-clip the tab and adjust the D-Man to the desired height and re-clip the tab to secure.
2. Use the Velcro straps to secure the D-Man to the pole.
3. Place the D-Man on the court or field in the ideal defensive position. If using the ground stake, insert the prongs fully into the ground so the D-Man stands vertically.