



Sereni-Pro™

Adrenal Support* · Herbal Adaptogen Formula

- An adaptogenic herbal formula that helps support adrenal and nerve function for a renewed sense of clarity and energy*
- Herbal formula contains no glandular extracts
- Provides relief from occasional nervous tension caused by everyday stress*
- Safe, non-habit forming, and may be used long term
- Suitable for vegetarians/vegans

Code: 9280

Size: 90 Vegetarian Capsules

Actual Size: 21.30 mm x 7.46 mm



PRODUCT SUMMARY

Ashwagandha (*Withania somnifera*), eleuthero (*Eleutherococcus senticosus*), lavender (*Lavandula angustifolia*), and rhodiola (*Rhodiola rosea*) are herbs known for their adaptogenic and calming properties, as well as for mitigating the effects of everyday stress and fatigue. Adaptogens modify the stress response through the regulation of homeostasis via several molecular networks, including modulation of the hypothalamic-pituitary-adrenal axis and expression of multiple stress-related proteins, including neuropeptide Y.¹⁻³ Ashwagandha helps maintain levels of dopamine and other stress neurotransmitters already within the normal range and also acts as a GABA receptor agonist, all of which have the effect of calming the overall stress response.⁴⁻⁶ In controlled trials, it has helped mitigate the effects of everyday stress and nervous tension in healthy adults, and maintain healthy levels of stress hormones already within the normal range.^{*7-9} Eleuthero root includes eleutherosides, which support healthy energy levels and performance through mental and physical exertion, as well as support the immune system.^{*10,11} Lavender oil may have a calming effect on both the central and sympathetic nervous systems, supporting a sense of relaxation and well-being.^{*12,13} *Rhodiola rosea* supports a healthy stress response for optimal health and vitality.* It also helps support healthy cognitive function, mental alertness, healthy energy levels, exercise performance, and a healthy mood.^{*14-19}



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

	Amount Per Serving	% Daily Value
Sensoril® Ashwagandha (<i>Withania somnifera</i>), powdered extract (root & leaf) minimum 8% withanolides	250 mg	**
Eleuthero (<i>Eleutherococcus senticosus</i>), powdered extract (root) 0.8% eleutherosides	150 mg	**
Lavender 5:1 (<i>Lavandula angustifolia</i>), powdered extract (aerial)	1.2 mg	**
Rhodiola (<i>Rhodiola rosea</i>), powdered extract (root) 3.5% rosavins	150 mg	**
1% salidroside	75 mg	**
	2.6 mg	**
	0.75 mg	**

** Daily Value not established.

Other ingredients: Vegetarian capsule (cellulose, purified water, silica), rice powder, magnesium stearate (vegetable grade).

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 45

Suggested Usage: 1–2 capsules 2 times per day or as directed by a health care professional.

Caution: Consult a health care professional prior to use if you have any type of acute infection or if you are pregnant or breastfeeding. Consult a health care professional if symptoms persist or worsen. Consumption with alcohol, other drugs, or natural health products with sedative properties is not recommended. Do not use if you have high blood pressure. Keep out of reach of children.

Drug Interactions: Theoretically, the herbs present in Sereni-Pro may have additive effects when used with sedative medications, such as benzodiazepines or CNS depressants, and should be used with caution when taken concomitantly. Consumption with alcohol, other drugs, or natural health products with sedative properties is not recommended.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References

- Panosian, A., & Wikman, G. (2009). *Curr Clin Pharmacol*, 4(3), 198-219.
- Panosian, A., Wikman, G., Kaur, P., et al. (2009). *Phytomedicine*, 16(6-7), 617-22.
- Panosian, A. (2017). *Ann N Y Acad Sci*, 1401(1), 49-64.
- Archana, R., & Namasivayam, A. (1999). *J Ethnopharmacol*, 64(1), 91-3.
- Auddy, B., Hazra, J., Mitra, A., et al. (2008). *JANA*, 11, 50-6.
- Yin, H., Cho, D.H., Park, S.J., et al. (2013). *Am J Chin Med*, 41(5), 1043-51.
- Choudhary, D., Bhattacharyya, S., Bose, S. (2017). *J Diet Suppl*, 14(6), 599-612.
- Ng, Q. X., Loke, W., Foo, N. X., et al. (2020). *Phytother Res*, 34(3), 583-90.
- Salve, J., Pate, S., Debnath, K., et al. (2019). *Cureus*, 11(12), e6466.
- Kuo, J., Chen, K.W., Cheng, I.S., et al. (2010). *Chin J Physiol*, 53(2), 105-11.
- Szolomicki, J., Samochowiec, L., Wójcicki, J., et al. (2000). *Phytother Res*, 14(1), 30-5.
- Akhondzadeh, S., Kashani, L., Fotouhi, A. (2003). *Prog Neuropsychopharmacol Biol Psychiatry*, 27(1), 123-7.
- Louis, M., & Kowalski, S.D. (2002). *Am J Hosp Palliat Care*, 19(6), 381-6.
- Olsson, E.M., von Schéele, B., & Panossian, A. G. (2009). *Planta Med*, 75(2), 105-12.
- Darbinyan, V., Aslanyan, G., Amroyan, E., et al. (2007). *Nord J Psychiatry*, 61(5), 343-8.
- Bystritsky, A., Kerwin, L., Feusner, J.D. (2008). *J Altern Complement Med*, 14(2), 175-80.
- Ballmann, C.G., Maze, S.B., Wells, A.C., et al. (2019). *J Sports Sci*, 37(9), 998-1003.
- Gao, L., Wu, C., Liao, Y., et al. (2020). *J Affect Disord*, 265, 99-103.
- Mao, J.J., Xie, S.X., Zee, J., et al. (2015). *Phytomedicine*, 22(3), 394-9.



· GUARANTEED ·

Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



PRODUCT OF CANADA
Manufactured for and distributed
by Bioclinic Naturals® U.S.
14224 167th Ave. SE,
Monroe WA, USA 98272
bioclinicnaturals.com

FOR PROFESSIONAL USE ONLY. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

© All Rights Reserved Bioclinic Naturals® 2021. February 25, 2021. 9225759

Head office Assured Natural Distribution Inc., 104 – 3686 Bonneville Place, Burnaby, BC, Canada V3N 4T6 | U.S. Distribution office 14224 167th Avenue SE, Monroe, WA, USA 98272

Customer service 1-877-433-9860 · Fax 1-877-433-9862 · Email customersupport@bioclinicnaturals.com