

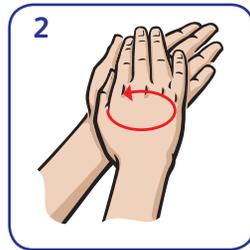
# Soft Care™ Hand hygiene

## How to apply hand rub



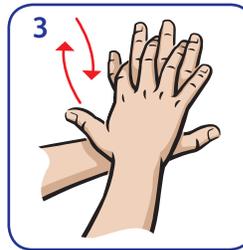
1

Apply enough hand rub to cover all hand surfaces.



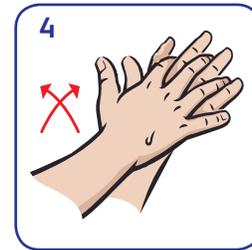
2

Rub hands palm to palm.



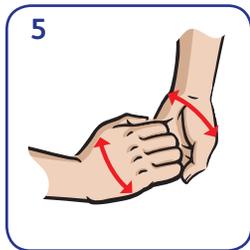
3

Right palm over back of left hand with fingers interlaced. Do the same again with right hand over left.



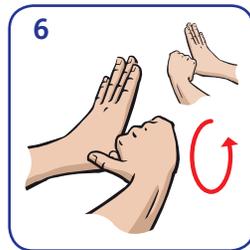
4

Palm to palm with fingers interlaced.



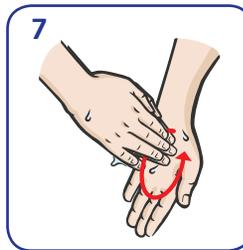
5

Backs of fingers to opposing palms with fingers interlocked.



6

Rotational rubbing of left thumb clasped in right palm and vice versa.



7

Fingers of right hand in left palm rubbing clockwise, then anti-clockwise. Do the same again with the left hand in right.