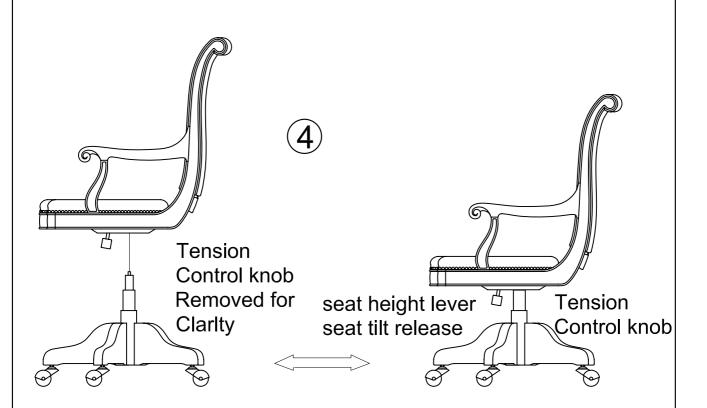


Place the chair body onto the cylinder. No mechanical fastening is necessary because this is a taper fit. Now sit in the chair. This will firmly secure the taper fit.



The chair features two Adjustments to customize your chair. Seat Height: The seat should be adjusted so that your feet are

comfortably flat on the floor and you feel no pressure under your thighs.

To lower the seat: While seated roll the seat height lever.

To raise the seat: Lift your weight slightly from the chair and raise the seat lever. The seat height will lock into place when you release the lever.

Tilt tension: The ideal tilt tension allows you to lean back with minimum effort while providing enough resistance to afford comfortable back support.

To reduce tension: Turn the tilt control knob clockwise.

To increase tension: Turn the tilt control knob counterclockwise.

To release tilt:Pull out the lever.

To lock tilt: Push the lever.

To Retighten the bolts of casters about every two months.