

RESEARCH TO SUPPORT POLICY AND PRACTICE

Research is the foundation of evidence-based practice. It provides the knowledge and understanding needed to inform policy and practice. This research is designed to support the development of effective policies and practices that improve the lives of children and young people.

The research focuses on the following areas:

- **Child Development:** Understanding the physical, cognitive, and emotional development of children and young people.
- **Education:** Investigating the factors that influence learning and achievement in schools and other educational settings.
- **Health and Well-being:** Exploring the physical and mental health of children and young people, and the role of lifestyle factors.
- **Social and Environmental Influences:** Examining the impact of family, community, and broader social and environmental factors on children's lives.
- **Policy and Practice:** Evaluating the effectiveness of current policies and practices, and identifying areas for improvement.

The research is conducted using a variety of methods, including surveys, interviews, focus groups, and experimental studies. The findings are used to inform the development of policies and practices that are based on the best available evidence.