

# Incentive Spirometer

## Tri-Flow Chamber

### User's Manual

#### Read Instructions & Safety Precautions Before Use

##### Intended Use:

The Dynarex Resp-0<sub>2</sub> Incentive Spirometer is a medical device used to help patients improve the functioning of their lungs. It is a simplified spirometer commonly offered to patients who have had surgery that might jeopardize respiratory function, such as surgery to the lungs, cardiac surgery, or another surgery that requires extended time under anesthesia or prolonged in-bed recovery. The Resp-0<sub>2</sub> Incentive Spirometer may also be used for patients recovering from pneumonia or rib damage to help minimize the chance of developing fluid build-up in the lungs. It is intended for single patient use only. Seek immediate care if you have chest pain, shortness of breath, or feel faint.



**For Single Patient Use Only**

##### Instructions for Use:

- 1) With the Incentive Spirometer held in an upright position, exhale normally and place your lips tightly around the mouthpiece.
- 2) To achieve a Slow Sustained Maximal Inspiration (SMI), inhale at a sufficient rate to raise only the ball in the first chamber, while the ball in the second chamber remains at rest.
- 3) For a higher flow rate, inhale at a rate sufficient to raise the first and second balls, while the ball in the third chamber remains at rest.
- 4) Exhale after performing the exercise, remove the mouthpiece from your lips and exhale normally.
- 5) Relax following each prolonged deep breath, take a moment to rest, and breathe normally. Then, repeat the exercise as directed by your healthcare practitioner.

##### Specification:

- Each set includes PS chamber, EVA extension tubing, ABS ball, and PP mouth piece.
- Spirometer chamber capacity: 600 ml/sec, 900 ml/sec and 1,200 ml/sec. (Accuracy  $\pm 10\%$ .)
- Colored balls in each chamber providing visual inspection.
- Complies with ISO 10993-1 Biocompatibility requirement.
- Package: 1 pc/pkg.

##### **Caution:**

- Do not use the product for different patients, it may cause cross infection.

##### **Storage:**

- Storage and transport temperature: -4°F to 140°F (-20°C to 60°C).
- Keep the device in a cool, dry place out of direct sunlight before use.

##### **Disposal:**

- The device does not contain any hazardous substances and may be disposed of with your normal refuse.

