



Code: 9476

Size: 180 Tablets

Actual Size: 19.74 mm x 8.32 mm



BioFoundation-G[®]

Multiple Vitamin & Mineral Formula Supports Healthy Glucose Metabolism*

- Rate-limiting nutrients for glutathione production, necessary for detoxifying the body's natural toxins*
- A full spectrum of vitamins and minerals, with 50 mcg (2000 IU) vitamin D3 per serving
- Clinically relevant amounts of resveratrol, lipoic acid, CoQ10, milk thistle, and green tea extract
- Antioxidant activity from bilberry and citrus extracts, lipoic acid, lycopene, and lutein*
- Highly bioactive and bioavailable nutrients, such as pyridoxal-5-phosphate and vitamin K2 (Menaquinone 7)

PRODUCT SUMMARY

BioFoundation-G is a comprehensive vitamin and mineral supplement to support healthy living in the modern world. This complete multivitamin and mineral formula contains clinically relevant amounts of nutrients such as N-acetyl-L-cysteine and R-alpha-lipoic acid, well established to increase cellular levels of glutathione, the most prevalent intracellular antioxidant.¹⁻³ Glutathione is one of the most important conjugators of numerous endogenous toxins.*⁴⁻⁶

Glutathione support is linked to lower rates of cell death and apoptosis.⁷ BioFoundation-G provides physiologically relevant doses of milk thistle to help maintain liver health, CoQ10 to help support mitochondrial health, bilberry to provide antioxidant activity, and co-factors for critical detoxification enzymes.*^{8,9} It contains 50 mcg (2000 IU) vitamin D3, 45 mcg vitamin K2, and 275 mg niacin per serving in their most bioavailable forms.^{10,11} It also provides the biological modifiers natural trans-resveratrol and green tea phytosome, two nutrients shown to support healthy weight already within the normal range, healthy aging, cardiovascular health, metabolic health, and a healthy stress response.*¹²⁻¹⁵



To Place Your Order Email: customersupport@bioclinicnaturals.com
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Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

	Amount Per 2 Tablets	% Daily Value	Amount Per Day (6 Tablets)	% Daily Value
Vitamin A (Retinyl Palmitate)	300 mcg	33%	900 mcg	100%
Vitamin C (Ascorbic Acid)	333.3 mg	370%	1000 mg	1,111%
Vitamin D3 (Cholecalciferol)	16.67 mcg (666.7 IU)	83%	50 mcg (2000 IU)	250%
Vitamin E (d-alpha Tocopherol)	7.37 mg	49%	22.1 mg	147%
Vitamin K2 (Menaquinone) (MK-7) (Natto Bean)	15 mcg	13%	45 mcg	38%
Thiamin (Hydrochloride)	8.3 mg	692%	25 mg	2,083%
Riboflavin	8.3 mg	638%	25 mg	1,923%
Niacin (Niacinamide, Niacin)	91.6 mg	573%	275 mg	1,719%
Vitamin B6 (Pyridoxine Hydrochloride, Pyridoxal 5-Phosphate)	5 mg	294%	15 mg	882%
Folate (from (6S)-5-Methyltetrahydrofolic Acid (MTHF), Glucosamine Salt, Quatrefolic®)	282 mcg DFE (166 mcg Folic Acid)	71% (500 mcg Folic Acid)	847 mcg DFE	212%
Vitamin B12 (Methylcobalamin)	333.3 mcg	13,888%	1000 mcg	41,667%
Biotin	16.67 mcg	56%	50 mcg	167%
Pantothenic Acid (Calcium Pantothenate)	33.3 mg	666%	100 mg	2,000%
Choline (Bitartrate)	8.3 mg	2%	25 mg	5%
Calcium (Chelate)	33.3 mg	3%	100 mg	8%
Iodine (<i>Ascophyllum nodosum</i>) (whole thallus)	100 mcg	67%	300 mcg	200%
Magnesium (Chelate)	66.7 mg	16%	200 mg	48%
Zinc (Citrate)	5 mg	45%	15 mg	136%
Selenium (L-Selenomethionine)	66 mcg	120%	200 mcg	364%
Copper (Chelate)	0.334 mg	37%	1 mg	111%
Manganese (Citrate)	1.67 mg	73%	5 mg	217%
Chromium (Polynicotinate)	66.67 mcg	190%	200 mcg	571%
Molybdenum (Citrate)	133.3 mcg	296%	400 mcg	889%
Sodium (R-Alpha-Lipoic Acid)	10 mg	<1%	30 mg	1%

	Amount Per 2 Tablets	% Daily Value	Amount Per Day (6 Tablets)	% Daily Value
Potassium (Citrate)	10 mg	<1%	30 mg	<1%
Betaine (Hydrochloride)	33.3 mg	**	100 mg	**
Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit) (25% Anthocyanidins)	13.3 mg	**	40 mg	**
Boron (Citrate)	83.3 mcg	**	250 mcg	**
Citrus Bioflavonoids Powder (<i>Citrus limonum</i> , <i>Citrus sinensis</i>) (fruit)	16.7 mg	**	50 mg	**
Coenzyme Q10 Ubiquinone (Microorganism)	16.7 mg	**	50 mg	**
Gamma Tocopherol (from Mixed Tocopherols)	66.67 mg	**	200 mg	**
Green Tea Phytosome (<i>Camellia sinensis</i>) (leaf) (13% Epigallocatechin-3-O-Gallate)	16.7 mg	**	50 mg	**
Hesperidin (<i>Citrus sinensis</i>) (fruit)	8.3 mg	**	25 mg	**
Inositol	8.3 mg	**	25 mg	**
Lutein (Marigold Flower) (<i>Tagetes erecta</i>)	1.1 mg	**	3.3 mg	**
Lycopene (<i>Lycopersicon esculentum</i>) (fruit)	0.5 mg	**	1.5 mg	**
Milk Thistle Phytosome (<i>Silybum marianum</i>) (seed) (15% Silybin)	50 mg	**	150 mg	**
N-Acetyl Cysteine	50 mg	**	150 mg	**
Para-Aminobenzoic Acid (PABA)	8.3 mg	**	25 mg	**
R-Alpha-Lipoic Acid	83.3 mg	**	250 mg	**
ResveratrolRich® Proprietary Blend [Wine Grape Concentrate (<i>Vitis vinifera</i>) (fruit) and Purified Resveratrol from Japanese Knotweed (<i>Polygonum cuspidatum</i>) (root)]	66.6 mg	**	200 mg	**
Vanadium (Citrate)	5 mcg	**	15 mcg	**

** Daily Value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, coating (carbohydrate gum [cellulose], glycerin), magnesium stearate (vegetable grade).

Suggested Usage: 2 tablets 3 times per day or as directed by a health care professional. For the maintenance of good health.*

Caution: Consult a health care professional prior to use if you are pregnant, trying to become pregnant, breastfeeding, taking medication, have a medical condition, or anticipate surgery. Keep out of reach of children.

Drug Interactions: Vitamin K supplementation may decrease the efficacy of warfarin, or require more close monitoring of its administration.¹⁶ This product contains nutrients that support cardiovascular and metabolic health,* and may require lower dosing or changes in dosing of antihypertensive or antihyperglycemic medications.^{14,16}

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, egg, fish, shellfish, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References

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GUARANTEED

Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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