



The maintenance of healthy male fertility in North America covers a variety of matters such as attention to nutrition, including antioxidant intake.*

Sperm develop in the present environment, taking approximately 90 days to mature. During this period, developing spermatids are susceptible to nutrient depletion, naturally occurring internal toxins, and lifestyle factors contributing to their quality and concentration.*

Healthy sperm count, motility, and structure depend on a balance between the levels of the body's natural antioxidants and reactive oxygen species (ROS).* Antioxidant activity may help support spermatogenesis and maintain healthy sperm counts already within the normal range by reducing oxidative stress.*

Mito Motile includes key ingredients to maintain healthy blood flow and microcirculation to the pelvic area, supporting healthy testicular and penile function.* Nutrients with antioxidant activity help maintain healthy mitochondrial function in sperm, supporting healthy sperm production already within the normal range.*



Mito Motile™ Male Wellness Kit*

Mito Motile provides comprehensive support for healthy male reproduction and fertility.* Sperm function and motility rely heavily on the mitochondria, the cellular site responsible for energy production. Nutrients such as resveratrol, vitamin E, selenium, and N-acetyl-L-cysteine help detoxify the body's natural toxins and provide antioxidant activity, which supports spermatogenesis and helps maintain healthy sperm counts already within the normal range.*

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*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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Mito Motile™ Male Wellness Kit*

Benefits:

- Comprehensive blend of antioxidants and nutrients to maintain healthy mitochondrial function in sperm, supporting healthy sperm production already within the normal range*
- Consists of bioavailable forms of nutrients, including pyridoxal 5'-phosphate, vitamin D3, methylcobalamin, and (6S)-5-methyltetrahydrofolic acid
- Provides clinically relevant amounts of nutrients to support healthy male fertility*
- Supports glutathione production, essential for detoxifying the body's natural toxins in the maintenance of healthy fertility*
- Decreases oxidative stress, supporting healthy male fertility*



What the Packets Include:

Each packet includes key antioxidants, essential fatty acids, vitamins, and minerals to help detoxify the body's natural toxins, support mitochondrial health, and maintain healthy sperm counts already within the normal range.*

Coenzyme Q10

CoQ10 is a fat-soluble antioxidant essential for all cells to produce energy.

L-Carnitine

L-carnitine helps transport long-chain fatty acids across the inner mitochondrial membrane to undergo beta-oxidation.

Omega-3 Fatty Acids

Omega-3 fatty acids are found substantially in fish and act as a structural component in the mitochondrial membrane. Clinically relevant amounts of the omega-3 fatty acids DHA and EPA help maintain healthy sperm.*

PQQ-10®

PQQ is a source of antioxidant activity to support mitochondrial health, maintain healthy sperm, and support healthy conception.*

Vitamin E with Selenium

Vitamin E is a fat-soluble antioxidant and may help reduce lipid peroxidation and oxidation of mitochondrial DNA.*

B Complex-Pro

B vitamins are water-soluble vitamins that work together with many enzymes. They are essential for energy production and the survival of all cells. These vitamins are associated with helping balance homocysteine levels in support of healthy antioxidant enzymes and healthy

mitochondrial function.* Many are cofactors in normal multiple metabolic reactions, particularly DNA synthesis and repair, which is essential for cell proliferation.

N-Acetyl-L-Cysteine (NAC)

Cysteine is an amino acid building block for glutathione production, the strongest antioxidant in the body. It functions to reduce reactive oxygen species (ROS). N-Acetyl-L-Cysteine helps detoxify the body's natural toxins, provide antioxidant activity to support spermatogenesis, and maintain healthy sperm count already within the normal range.* N-Acetyl-L-Cysteine may also help maintain healthy blood flow.*

Grape Seed Extract

Grape seed extract contains bioactive polyphenols, known to influence cellular processes, including regulating mitochondrial function and protecting against oxidative stress. It contributes to antioxidant activity.*

Trans-Resveratrol

Resveratrol is a polyphenol commonly found in red wine, grapes, and berries. By inducing mitochondrial superoxide dismutase, it may help support healthy mitochondrial function.*

Zinc Citrate

Zinc supports healthy sperm count and motility, decreases oxidative stress, and promotes healthy sperm.*

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