

ANATOMY



Structure	Location	Function
Distal radius	Forearm	Supports the weight of the hand and wrist
Distal ulna	Forearm	Supports the weight of the hand and wrist
Scaphoid	Wrist	Supports the weight of the hand and wrist
Trapezium	Wrist	Supports the weight of the hand and wrist
Trapezoid	Wrist	Supports the weight of the hand and wrist
Trapezoid base	Wrist	Supports the weight of the hand and wrist
Trapezoid	Wrist	Supports the weight of the hand and wrist
Proximal phalanx	Finger	Supports the weight of the hand and wrist
Middle phalanx	Finger	Supports the weight of the hand and wrist
Distal phalanx	Finger	Supports the weight of the hand and wrist
Proximal phalanx	Thumb	Supports the weight of the hand and wrist
Middle phalanx	Thumb	Supports the weight of the hand and wrist
Distal phalanx	Thumb	Supports the weight of the hand and wrist

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