



# Mito Motile®

## Male Wellness Kit

- Comprehensive blend of antioxidants and nutrients to support mitochondrial function in sperm, shown to optimize sperm maturation, count, and motility
- Provides the most bioavailable forms of nutrients, including pyridoxal 5'-phosphate, vitamin D3, methylcobalamin, and L-5-methyltetrahydrofolate
- Provides clinically relevant doses of nutrients for male fertility
- Supports glutathione production, essential for detoxification of many toxins frequently associated with impaired fertility
- Decreases oxidative stress, which is closely linked to male infertility

### PRODUCT SUMMARY

Mito Motile is a comprehensive male reproductive fertility support kit. The kit contains clinically relevant doses of vitamins and minerals, antioxidants and amino acids, essential fatty acids, and critical supportive nutrients for healthy male function. Mitochondrial dysfunction has been linked to increased oxidative damage, which in turn is closely linked with male infertility. Mito Motile has multiple mitochondrial optimizers, including L-carnitine, PQQ-10®, and CoQ10, shown to increase pregnancy rates and various parameters of sperm function. It provides potent antioxidants, such as resveratrol, vitamin E, selenium, and N-acetylcysteine, nutrients shown to protect against toxins that target spermatogenesis and improve sperm counts alone and when combined with clomiphene citrate. It also provides N-acetyl-L-cysteine (a building block for the production of glutathione – a potent antioxidant) to decrease oxidative stress and improve sperm quality. It contains the mineral zinc, critical for sperm count and motility, and for preventing oxidative stress and sperm DNA fragmentation. Its comprehensive nutritional support also includes clinically relevant doses of the omega-3 fatty acids DHA and EPA, shown in human trials to improve sperm cell total count and concentration in men with idiopathic oligoasthenoteratospermia, as well as B vitamins for supporting energy production.



**Serving Size:** 1 Packet

**Servings Per Container:** 60

**Each Packet Contains One of Each of the Following Supplements:** L-Carnitine; Resveratrol with Grape Seed Extract; Vitamin E 400 with Selenium; Zinc Citrate; PQQ-10®; OptiMega-3® with Vitamin D3; N-Acetyl-L-Cysteine; B Complex-Pro.

**Recommended Adult Male Dose:** 1 packet per day or as directed by a health care practitioner. Take with food, a few hours before or after taking other medications or natural health products. Consult a health care practitioner for use beyond 3 months.

**Recommended Use:** Source of vitamins and minerals that factor in the maintenance of good health and normal growth and development. Helps support sperm motility, liver function, and normal function of the immune system. Supports energy metabolism, connective tissue formation, and the development and maintenance of bones, cartilage, teeth, and gums. Helps maintain and support cardiovascular health. Provides antioxidants that help protect against oxidative stress.

**L-Carnitine**

**Each Capsule Contains:**

L-Carnitine (Tartrate) .....500 mg

**Non-medicinal Ingredients:** Vegetarian capsule (carbohydrate gum [cellulose], purified water), silica, microcrystalline cellulose, vegetable grade magnesium stearate (lubricant).

**Resveratrol with Grape Seed Extract**

**Each Capsule Contains:**

Japanese Knotweed Extract (*Fallopia japonica*) (root) (20% Trans-Resveratrol) .....200 mg  
 Grape Seed Extract (*Vitis vinifera*) (seed) (80% Oligomeric Proanthocyanidins) .....25 mg

**Non-medicinal Ingredients:** Gelatin capsule (gelatin, purified water), microcrystalline cellulose, vegetable grade magnesium stearate (lubricant), silica.

**Vitamin E 400 with Selenium**

**Each Tablet Contains:**

Vitamin E (*d*-Alpha Tocopheryl Acid Succinate)..... 400 IU (268 mg AT\*)  
 Selenium (Yeast) ..... 100 mcg  
 Vitamin C (Ascorbic Acid) ..... 100 mg  
 Manganese (Gluconate)..... 10 mg  
 \*Alpha Tocopherol

**Non-medicinal Ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, silica, croscarmellose sodium, vegetable grade magnesium stearate (lubricant), coating (carbohydrate gum [cellulose], glycerin).

**Zinc Citrate**

**Each Tablet Contains:**

Zinc (Citrate) .....50 mg

**Non-medicinal Ingredients:** Microcrystalline cellulose, stearic acid, vegetable grade magnesium stearate (lubricant), silica.

**PQQ-10®**

**Each Softgel Contains:**

Coenzyme Q10 (Microorganism) (whole cell) .....200 mg

PQQ (BioPQQ®) Pyrroloquinoline Quinone Disodium Salt .....20 mg  
 Providing Pyrroloquinoline Quinone.....17.65 mg  
 Vitamin E (*d*-Alpha Tocopherol) (Naturall-e™) (*Helianthus annuus*) (seed)..... 5 IU (3.35 mg AT\*)  
 \*Alpha Tocopherol

**Non-medicinal Ingredients:** Softgel (gelatin, glycerin, purified water, carob powder), organic flaxseed oil, yellow beeswax, non-GMO sunflower oil, lecithin.

**OptiMega-3® with Vitamin D3**

**Each Enteripure® Softgel Contains:**

Fish Oil Concentrate (Anchovy, Sardine, and/or Mackerel).....1425 mg  
 Omega-3 Fatty Acids .....900 mg  
 Eicosapentaenoic Acid (EPA) .....600 mg  
 Docosahexaenoic Acid (DHA) .....300 mg  
 Vitamin D3 (Cholecalciferol) ..... 1000 IU (25 mcg)

**Non-medicinal Ingredients:** Softgel (gelatin, glycerin, purified water, pectin), natural vitamin E.

**N-Acetyl-L-Cysteine**

**Each Capsule Contains:**

NAC (N-Acetyl-L-Cysteine) (Free Form) .....600 mg

**Non-medicinal Ingredients:** Vegetarian capsule (carbohydrate gum [cellulose], purified water), microcrystalline cellulose, croscarmellose sodium, vegetable grade magnesium stearate (lubricant).

**B Complex-Pro**

**Each Capsule Contains:**

Vitamin B1 (Thiamine Hydrochloride, Benfotiamine) .....31.69 mg  
 Vitamin B2 (Riboflavin 5'-Phosphate Sodium) ..... 10 mg  
 Niacin (Inositol Hexanicotinate) ..... 100 mg  
 Pantothenic Acid (Calcium *d*-Pantothenate)..... 100 mg  
 Vitamin B6 (Pyridoxal 5'-Phosphate Monohydrate) ..... 25 mg  
 Vitamin B12 (Methylcobalamin)..... 500 mcg  
 Folate (from (6S)-5-Methyltetrahydrofolic Acid (MTHF), Glucosamine Salt, Quatrefolic®) .....400 mcg  
 Biotin .....250 mcg  
 Choline Dihydrogen Citrate .....50 mg  
 Inositol (Inositol, Inositol Hexanicotinate) .....50 mg



· GUARANTEED ·

Bioclinic Naturals® products are manufactured to meet or exceed current Good Manufacturing Practices (cGMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



PRODUCT OF CANADA  
 Bioclinic Naturals® Canada  
 Burnaby, BC V3N 4T6  
[bioclinicnaturals.com](http://bioclinicnaturals.com)

FOR PROFESSIONAL USE ONLY. This product is not intended to diagnose, treat, cure or prevent any disease.

© All Rights Reserved Bioclinic Naturals® 2023. June 17, 2024.

Bioclinic Naturals is distributed by Assured Natural Distribution Inc.

Head office Assured Natural Distribution Inc., 104 – 3686 Bonneville Place, Burnaby, BC, Canada V3N 4T6 | U.S. Distribution office 14224 167<sup>th</sup> Avenue SE, Monroe, WA, USA 98272

Customer Service 1-888-826-9625 · Fax 1-877-433-9862 · Email [customerservice@bioclinicnaturals.com](mailto:customerservice@bioclinicnaturals.com)

## MITO MOTILE® MALE WELLNESS KIT

**Non-medicinal Ingredients:** Vegetarian capsule (carbohydrate gum [cellulose], purified water), microcrystalline cellulose, vegetable grade magnesium stearate (lubricant), silica, organic kale, organic alfalfa, organic cilantro leaf, organic parsley, caperberry, sprouted garlic, organic artichoke, organic black radish, organic dandelion, barley grass, pepper, organic celery seed, organic beetroot, organic tomato, wasabi rhizome, fresh freeze-dried sprouted broccoli, organic upland cress, daikon, red radish, organic cauliflower, organic cabbage, organic arugula, organic watercress leaf, grape, pomegranate, strawberry, organic cranberry, organic blueberry, raspberry, bilberry, organic Indian gooseberry, schizandra berry, red orange, organic acai berry, Theracurmin® curcumin, organic decaffeinated green tea extract, organic ginger rhizome, organic echinacea, organic oregano, organic peppermint, organic spearmint, organic spirulina, organic chlorella, red algae, blue green algae, kelp.

**Caution:** Do not use this product if you are taking antibiotics and/or nitroglycerin. Consult a health care practitioner prior to use if you have a liver disease, a kidney disease, a seizure disorder, kidney stones, cardiovascular disease, diabetes, cancer or a history of non-melanoma skin cancer, gallstones, gallbladder disease, lupus, an auto-immune disorder or a progressive systemic disease such as tuberculosis, collagenosis, multiple sclerosis, AIDS and/or HIV infection, or if you are taking blood pressure medication, blood thinners, or protease inhibiting drugs. Zinc supplementation can cause a copper deficiency. Consult a health care practitioner prior to use if you are unsure whether you are taking enough copper. Keep out of reach of children.

**Contains no artificial colours, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, soy, egg, shellfish, tree nuts, or GMOs.**

Do not use if seal is broken. Each packet is sealed for your protection. For freshness, store in a cool, dry place.

References available at [bioclinicnaturals.com](http://bioclinicnaturals.com)



· GUARANTEED ·

Bioclinic Naturals® products are manufactured to meet or exceed current Good Manufacturing Practices (cGMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



PRODUCT OF CANADA  
Bioclinic Naturals® Canada  
Burnaby, BC V3N 4T6  
[bioclinicnaturals.com](http://bioclinicnaturals.com)

FOR PROFESSIONAL USE ONLY. This product is not intended to diagnose, treat, cure or prevent any disease.

© All Rights Reserved Bioclinic Naturals® 2023. June 17, 2024.

Bioclinic Naturals is distributed by Assured Natural Distribution Inc.

**Head office** Assured Natural Distribution Inc., 104 – 3686 Bonneville Place, Burnaby, BC, Canada V3N 4T6 | **U.S. Distribution office** 14224 167<sup>th</sup> Avenue SE, Monroe, WA, USA 98272

**Customer Service** 1-888-826-9625 · **Fax** 1-877-433-9862 · **Email** [customerservice@bioclinicnaturals.com](mailto:customerservice@bioclinicnaturals.com)