



## Stiffness, aching, and soreness Slowing you down?

Musculoskeletal (MSK) conditions are currently the most common cause of chronic disability. Globally, the number of people suffering from these conditions has increased by 25% over the past decade. This trend is expected to continue. Whether it is after a workout, an underlying condition, or inflammatory disease, many of us suffer from some kind of MSK issue.

Dietary recommendations, lifestyle changes, and proper exercise all help in some way or form. The body can get quite overwhelmed and many times needs extra support. With proper help to reduce aches and pains in the body you can be more motivated to implement the changes you need.

Bioclinic Naturals products can help get you to be active and moving again with more ease and comfort. These products can be used alone or in combination to support your muscles and joints.

## Do you...

- Suffer from chronic pain lasting more than 3 months?
- Wake up stiff and achy in the morning?
- Feel sore and immobile 2 days after an exercise?
- Have difficulty performing regular activities?

Talk to your health care professional about how these products could help.



## MUSCULOSKELETAL SUPPORT



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# MUSCULOSKELETAL SUPPORT

## Theracurmin® 2X and Theracurmin® Pro-60



- Theracurmin 2X has the highest concentration of Theracurmin curcumin per capsule available.
- Smaller capsule, in a more concentrated potency allows for easy dosing.
- Number one absorbed form of curcumin.
- Utilizes patented, natural colloidal dispersion technology to enhance bioavailability and dramatically increase curcumin levels in the blood.
- Advanced manufacturing techniques increase free curcumin blood levels in a dose-dependent linear relationship.
- Curcumin modulates an impressive number of molecular targets – enhanced absorption allows for significantly greater potency and therapeutic effect.



## Dolor Ease™

- Comprehensive formula features white willow extract (*Salix alba*), devil's claw (*Harpagophytum procumbens*), Theracurmin curcumin extract, and boswellia extract (*Boswellia serrata*).
- Used in herbal medicine for short-term relief of low back pain.
- Traditionally used for the relief of minor joint pain caused by osteoarthritis.
- Contains 30 mg of Theracurmin in each capsule, the most bioavailable form of curcumin, providing natural antioxidant and anti-inflammatory support.
- Features InflammRelief™, a natural source of antioxidants to protect joint tissues.



White willow bark

## L-Glutamine with Theracurmin®

- Provides 5 g of L-glutamine and 30 mg of Theracurmin per serving.
- Targets multiple pathways of inflammation and protein synthesis to improve muscle repair and recovery following exercise.
- Provides immune and digestive system support.
- Powder formulation allows for flexible and convenient dosing.



## Magnesium CitraMal®

- Citrate-malate complexes increase mineral absorption, particularly among individuals with reduced gastric acid secretion.
- Malic acid supplies an important substrate in the citric acid cycle, contributing to improved energy metabolism.
- Magnesium and malic acid have been found to provide support to individuals with muscle tenderness and fatigue.
- Conveniently dosed at 150 mg per capsule, allowing for easy therapeutic dosing.

## Magnesium Bisglycinate

- The most-gentle form of magnesium, great for those with digestive complaints.
- Formulated in a powder format for easy and convenient dosing, dissolves quickly.
- Complexed with glycine, an amino acid neurotransmitter known to improve sleep and promote relaxation.
- Plays a role in muscle relaxation, nerve function, regulating blood pressure, and supporting the immune system.

