





PORTABLE TRAINING STATION **ST9 'YAW-A-TIH**



» Integrated Hit-A-Way əloq əlidom toot-č « INCTODES:

INSTRUCTION MANUAL

Thank you for choosing SKLZ Hit-A-Way PTS. We are dedicated to providing you with the best tools and instruction possible to help you unleash your athletic potential. If there is anything else we can do to help you optimize your training, don't hesitate to drop us an email (customerservice@sklz.com) or give us a call (1-877-225-7275).

BEFORE YOU BEGIN:

Improper use of the Hit-A-Way PTS can result in serious injury. Read and follow enclosed instructions for the proper and safe use of Hit-A-Way PTS before you begin:

- » Read all set-up and usage instructions carefully. Set-up and proper positioning are critical for the safe use of your Hit-A-Way PTS.
- » Always inspect the Hit-A-Way PTS before using. Do not use if it appears to be damaged.
- » Using a practice bat is recommended. Repetitive use of the Hit-A-Way may cause damage to wood or high-end lightweight bats.
- » Placing a home plate as a point of reference will help reduce the likelihood that you will step forward and swing into the cord.

△WARNING:

- » Always wear a helmet. Face guard recommended
- » If you swing beyond the ball and sleeve and into the cord, it is possible to lose control of the bat. While this event is unlikely, it may result in you striking yourself with the bat. (See page 4 for proper positioning)
- » An upper cut swing increases risk of bat tangling in cord.
- » This is a tool to develop form and mechanics. Do not swing aggressively.
- » Make sure the Hit-a-Way PTS is set up in an area with approximately 12 feet of clearance to avoid being hit by the ball as it swings around the pole.
- » During set-up, make sure the area is clear of children and pets as the legs may slide down the pole quickly.
- » During use, do not hit the ball if there is slack in the cord. This can cause damage to the product and/or serious injury.

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1-877-225-7275 for a return authorization number for any exchange. Customer Service inquiries, please email customerservice@sklz.com or call toll free, Merchandise Authorization number (RMA). For returns to PPS/SKLZ and for all other merchandise. Only valid in the USA. All returns sent to PPS/SKLZ require a Return This warranty does not cover damages resulting from accident, misuse, abuse or lost

address below for replacement consideration. Label: Attn: Returns return the product along with the packing slip (proof of purchase) postage prepaid to the retail store where the product was purchased. If the item was purchased from PPS/SKLZ, If defective and purchased from a retail store, return the product along with receipt to the workmanship for 90 days (unless specified in alternate warranties) from the date of purchase. PPS/SKLZ product it manufactures that the product will be free of defects in materials or Pro Performance Sports (PPS) $\$ SKLZ warrants to the original consumer purchaser of any

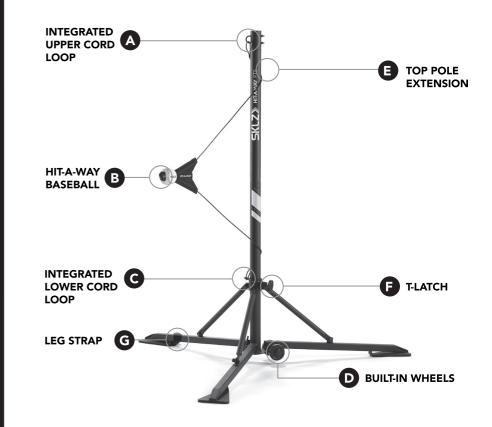
SPECIAL DEALS FROM SKLZ GET NEW PRODUCT INFORMATION AND TO ENSURE WARRANTY COVERAGE, REGISTER YOUR PRODUCT AT SKLZ.COM

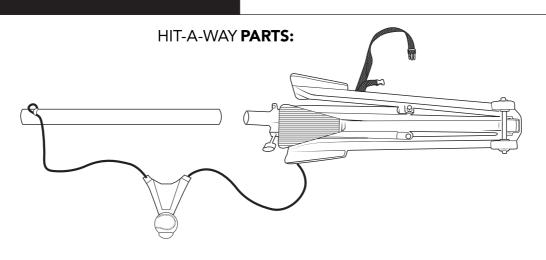
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HIT-A-WAY PTS HIT-A-WAY PTS IS PERFECT FOR: **» BASEBALL » FASTPITCH**













SET-UP

- 1. Find and secure a suitable hitting area with approximately 12 feet of free space around pole. Lay the PTS down on the ground so the T-latch is facing upward. Unclip the leg strap that is wrapped around the PTS, remove the extension pole from its holder, and lay it on the side of the PTS base.
- 2. Turn the T-latch so it is vertical and pull it out so you see the locking pins (2A). Turn the T-latch to the horizontal position. The T-latch is now unlocked and the locking pins should be resting in grooves on the outside of the latch (2B).
- NOTE: If the T-latch does not pull out fully, move one of the legs away from the pole to loosen the tension on the spring.
- 3. Lift the base pole to the standing position, the 3 legs should slide down the pole as you lift.
- NOTE: Make sure the area is clear of children and pets as the legs may slide down the pole quickly. Make sure your feet are between two poles when they slide down so they don't fall onto you.
- **4.** Once the base pole is positioned with all 3 legs on the ground, re-lock the T-latch (pull the T-latch out and turn it to the vertical position and let the locking pins slide back into the spring). Lift the pole slightly to lock the T-latch back into place. Once you hear a "click", it is locked.
- **5.** Place the extension pole onto the base pole, using the white lines as guides to line up the two poles correctly.
- NOTE: The Hit-A-Way cord should not be wrapped around the poles (if so, the poles are not lined up properly).
- NOTE: Keep fingers clear when connecting the two poles.

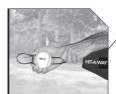






"PITCH" HEIGHT ADJUSTMENT INSTRUCTIONS: LOWERING THE HEIGHT

- To lower the ball to your desired hitting height, pull the sleeve back, away from the ball and push the lower cord out of ball while firmly holding the ball.
- Pull the excess cord back through the ball using the upper cord. (Repeat as desired). Once the adjustment is made, push the sleeve back so it fits right up against the ball.



RAISING THE HEIGHT

- 1. Pull the sleeve back, away from the ball and push upper cord out of ball.
- Pull excess cord back through ball using the lower cord. Once the adjustment is made, push the sleeve back so it fits right up against the ball.



USING YOUR HIT-A-WAY PTS:

- 1. Wind ball once around pole (clockwise for right handers) and pull ball and cord toward you. Fully extend cord and set home plate down (not included) so that the ball is over the center of the plate. Stand 2 feet back from home plate to hit the ball near the thick end of the bat. If the bat can reach the adjustment sleeve or beyond, you're too close - move back.
- With the ball centered over home plate, throw ball forward towards imaginary pitcher until the cord winds up. The Hit-A-Way ball will wind around the PTS pole 3 times.
- 3. Wait for the ball to unwind 3 or 4 rotations then hit the ball. Ball should be hit when the cords are under tension. (Do not hit if there is slack in the cord. This can cause damage to the product and/or serious injury.)
- NOTE: Never stand closer than 2 feet from plate to avoid bat tangling with cord and do not step toward pole after hitting.
- **4.** Repeat and build a rhythm. You should strive for repeated, solid contact. Hit continually for a minute and build up the length of your hitting intervals as you improve.





INCORRECT

CORRECT





STORING YOUR HIT-A-WAY PTS

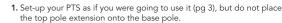
- 1. Remove top Pole Extension and lay down on the ground.
- 2. Unlock the T-latch, turn to the vertical position and pull out. Turn the T-latch to the horizontal position and let the locking pins rest in grooves.
 - NOTE: If the T-latch does not pull out fully, lift up on the pole to loosen the tension on the spring.
- 3. Pull the PTS base pole down towards the ground, making sure the T-latch is facing upward. The legs should start to close when pulling the PTS pole down. Lay on the ground.
- 4. Lock the T-latch and stand the PTS base pole upright, wheels on the ground. Slide the Extension Pole into the peg on the base and wrap the leg strap around the PTS and Hit-A-Way cords and clip to lock.
 - NOTE: To easily transport your PTS leave the extension pole attached and close the legs as described above. Grab the pole and pull the PTS back on its wheels. You can either push or pull your PTS to its desired location.

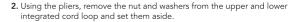


STORING YOUR HIT-A-WAY PTS

Replacement Hit-A-Way trainers for the PTS are available on SKLZ.com or by emailing customerservice@sklz.com or calling our toll free number: 1-877-225-7275.

You will need a pliers and a flat head screwdriver to replace the Hit-A-Way trainer on the Hit-A-Way PTS.





- 3. Pop off the Top Cap with the flat head screwdriver and remove the nut on the inside of the upper cord loop and set it aside.
- **4.** Pull out the upper loop and slip off the old Hit-A-Way trainer. Repeat on the bottom.
- 5. Take the new Hit-A-Way trainer and slip the top cord loop onto the upper loop. Then slip the bottom cord onto the lower pole loop. Make sure you can properly read the Hit-A-Way logo on the height adjustment sleeve before attaching the loop back onto the PTS pole.
- **6.** Slide the lower loop back on to the PTS pole and completely secure with the washers and nuts using the pliers.
- 7. Slide the upper loop back on to the PTS pole and secure the nut on the inside of the pole. Then completely secure the upper loop on the outside with the washers and nuts using the pliers.

