

# INFRARED SAUNA USER GUIDE

**MODELS** 

SC-SS0008-2P

SC-SS0008-3P



# DON'T WAIT! REGISTER NOW!

Register your product within 90 days to ensure your sauna is recognized as an official purchase and is eligible for warranty coverage.

Mail in the completed registry card (Pg. 2) or register online at <a href="https://www.SaunaSpa.com/register">www.SaunaSpa.com/register</a>.



## PRODUCT REGISTRATION\*

IMPORTANT: Your warranty will not be recognized unless this card is fully completed and returned or online registration is completed.

To ensure that your warranty is registered and confirmed please do one of the following:

- **1. Register online at** <u>www.SaunaSpa.com/register</u>. You will be asked to fill out the same information you would in the registration card. Registering online is fast, secure and ensures we receive your information.
- 2. Complete, cut-out and mail the registration card below. By your returning card we confirm the date of purchase for your new product. This confirmation will allow us to process any warranty claims.

Mail the card to: 5701 NW 35 Avenue, Miami, FL 33142

			8	CUT ALONG DOTTED LINE.
Product Registration Ca	ard			
Name		Address		
City	State	Zip		
Phone	Email	••••••		
Date of Purchase	Order or Purchase #		SKU or Model #	
Installer's Name		Phone		
I have read the Owner's Guide carefully and understand and agree that any installation, operation or maintenance of the sauna and accessories must be done strictly in accordance with instructions and guidelines contained in the owner's manual and installation guide.				
Signature	•••••••••••••••••••••••••••••••••••••••	Date	•••••••••••••••••••••••••••••••••••••••	



### IMPORTANT WARRANTY INFORMATION!

### WARRANTY AND REPAIR GUIDELINES

SaunaSpa warrants that this sauna unit will be free from manufacturer defects and malfunctions. For terms and conditions please refer to latest SaunaSpa Warranty at www.SaunaSpa.com/warranty.

Please be advised failure to comply with any of the following will VOID the warranty.

1. Sauna must registered within 90 days of delivery. See www.SaunaSpa.com/register.

#### Warranty Period:

This product is covered under warranty for a period of one year, commencing from the date of purchase.

For further information or assistance, visit www.SaunaSpa.com/warranty or call 1-800-856-0172.



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#### **IMPORTANT!**

Malfunctions, damages, part replacements and labor resulting from improper installation, negligence, or lack of care and maintenance will NOT be covered under the SaunaSpa Warranty.

PRIOR TO INSTALLATION, ENSURE THAT THE PRODUCT IS POWERED OFF.



Thank You for choosing SaunaSpa for health, beauty and relaxation. Now you can enjoy your own private sanctuary in the comfort of your own home.

### **USER INSTRUCTIONS**

- Check for visible damages upon delivery of sauna. Any damages to packaging should be reported immediately to shipping company delivery representative and SaunaSpa's Customer Service Dept.
- Check model and accessories are correct, including voltage input. Any discrepancies are to be reported to SaunaSpa's
  Customer Service Dept. within 48 hours of delivery.
- 3. Read installation instructions in detail for a secure and effective installation of SaunaSpa sauna.
- SaunaSpa shall not be responsible for product damage or malfunction caused by self-installation or installation procedures which do not comply with user manual.
- SaunaSpa saunas are for indoor use only.

### **WARNING**

#### Please read carefully before using sauna

DO NOT use the sauna product with any of the following Health Conditions:

- Any type of respiratory condition
- 2. Any type of a heart condition
- 3. High or low blood pressure
- 4. Pregnancy
- 5. Any skin disease or disorders
- 6. After or while drinking alcohol or alcoholic beverages
- 7. Hemophilia or are prone to bleeding

Check with your doctor regarding the use of this product if you have any other health conditions.

Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6°F (37°C). The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness lethargy, drowsiness and fainting. The effects of hyperthermia include:

- a. Failure to preceive heat
- b. Failure to reconize the need to exit, or Physical inability to exit the room
- Unawareness of impending hazard
- d. Fetal damage in pregnant women
- e. Unconsciousness



### WARNING

#### Please read carefully before using sauna

Children must use the sauna under the care of an adult. For safety, do not play with it.

Do not insert objects such as fingers or sticks into the heating tube plate to prevent danger.

Never pour water in the sauna especially the heating board.

Do not place items inside or on top of the sauna.

Do not touch any electrical components with wet hands to prevent electric shock.

Do not use the sauna during thunderstorms to prevent electric shock.

Do not tilt the sauna, do not use sharp objects to strike the sauna.

Shut down the sauna for half an hour after 4 hours of continuous use.

Do not operate the sauna in a long-term high temperature environment.

Do not use after intense exercise, wait until the body temperature returns to normal before using.

If you feel any discomfort, please stop using immediately.

Mind your head when getting in and out of the sauna.

Do not sleep inside when the sauna turned on.

Do not use any bath products in the sauna.

To avoid burns, do not touch the heating element.

Please keep the seat timber and floor heater dry to avoid damage!

Do not take pets into the sauna room.

Do not spray water on the radiators, This may result in electric shock or damage to the radiators.

Do not touch the light bulb in use.

If the bulb needs to be changed, unplug the sauna and let the bulb cool down before changing it.

Do not use the sauna room if you have a trauma, eye disease or burns.

Do not install shower heads or water spray devices above or inside the sauna.



Covering the heater or infrared emitter causes fire risk!



## **ASSEMBLY TIPS**

Before you begin, read all assembly instructions and safety warnings carefully.

This sauna requires at least 2 adults to complete assembly.

Remove all of the contents from the package and check that you have all parts shown in the compoment list.

NOTICE: Some parts may be pre-installed / pre-assembled.

This manual is used for the assembly of several sauna models, some figures or drawings may not look exactly like your sauna.

Protect the wood surface of sauna during assembly to avoid damage.

Keep this manual for future reference.

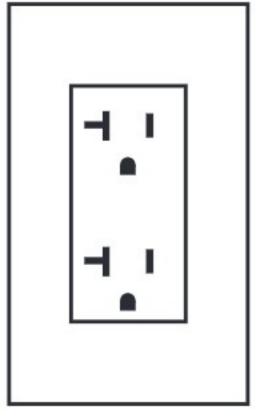
#### **ELECTRICAL REQUIREMENTS**

It is recommended to consult a licensed electrician and check local ordinances before installing any sauna.

This sauna requires that receptacle and circuit breaker specifications are 20 amp.

Electrical modifications may be required to adapt 20 amp current.

This sauna requires a dedicated circuit, other appliances may not share the same outlet as the sauna.



#### CHOOSING A LOCATION

This sauna should be placed INDOORS on a dry, level surface only.

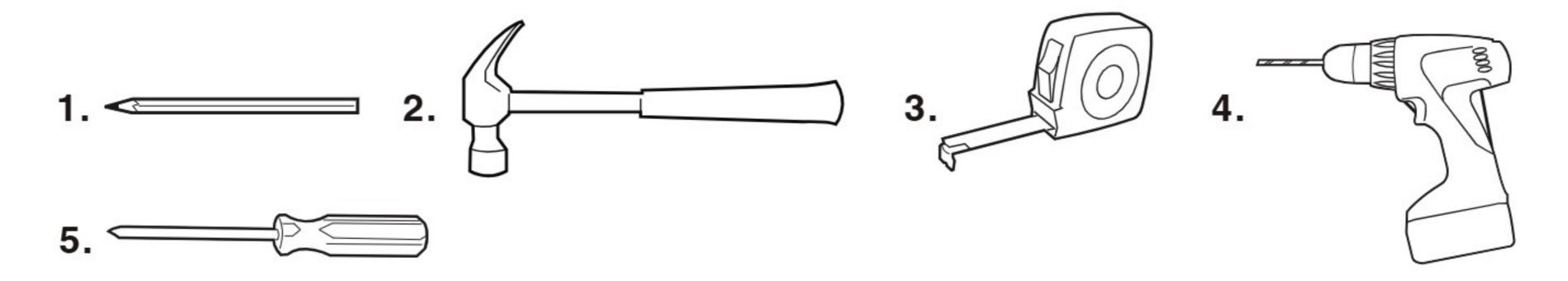
There should be a minimum of 5 inches clearance between the sauna and any wall.

Make sure the main power cord will reach the outlet and remains easy to access.

The sauna should only be used in a dry location, moisture will damage the wood and electrical components.

Keep the sauna away form any potential hazards including water sources, flammable objects and combustible materials.

#### RECOMMEND TOOLS



- 1.Pencil
- 2. Hammer
- 3. Tape Measure
- 4. Electric Drill

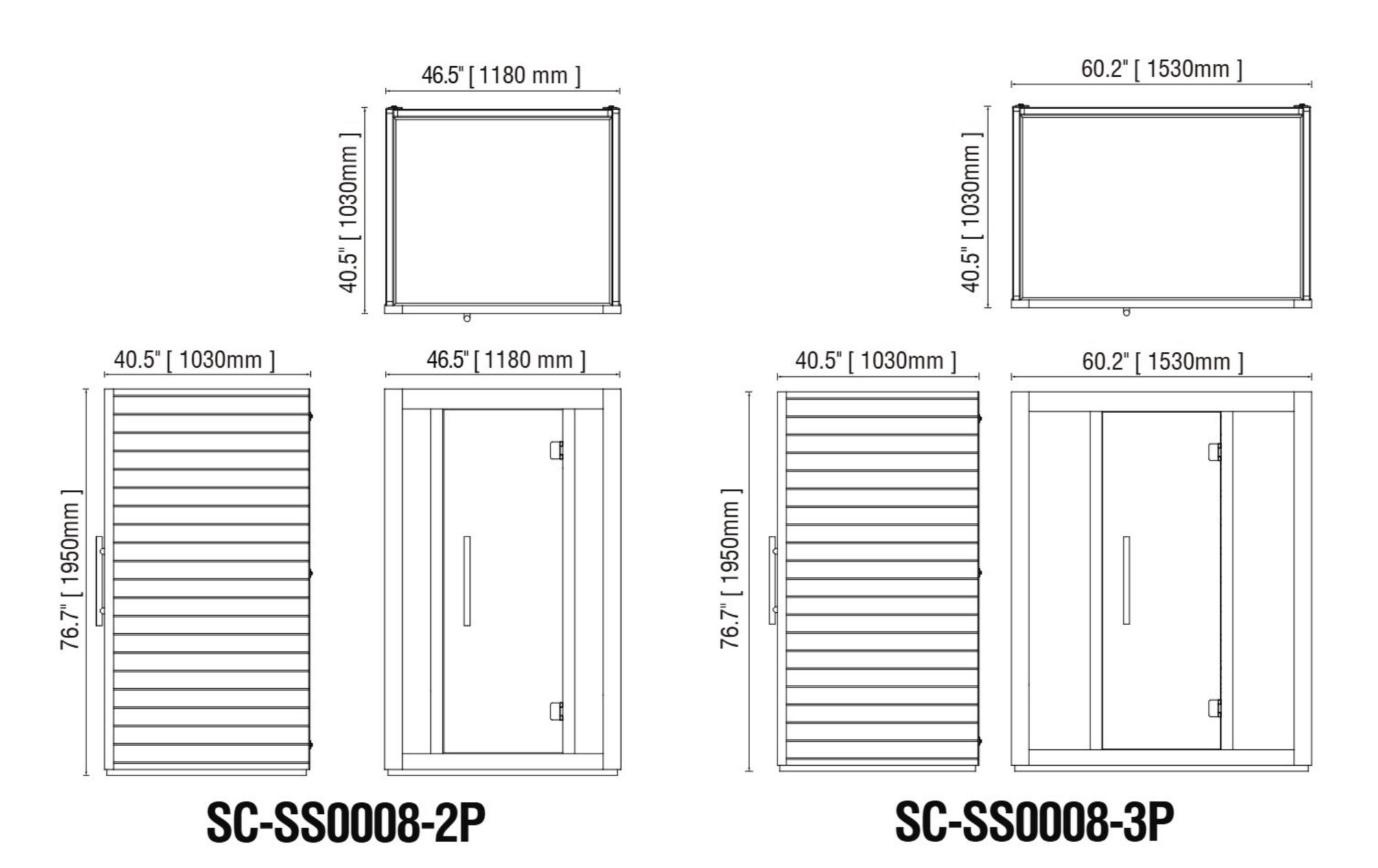
5. "+" screwdriver



# **SPECIFICATIONS**

SPECS	SC-SS0008-2P	SC-SS0008-3P	
Assembled Tent Dimensions(L x W x H)	46.5"x 40.5" x 76.7" (1180*1030*1950mm)	60.2"X40.5"X76.7"(1530*1030*1950mm)	
Power Output	1800 Watts	2200 Watts	
Maximum Temperature	149°F ( 65°C )		
Voltage	120V AC / 60Hz		
Function	Control panel with temp adjust and timer, Audio with USB Disk/Bluetooth/FM, Color LED light, Oxygen ionize		

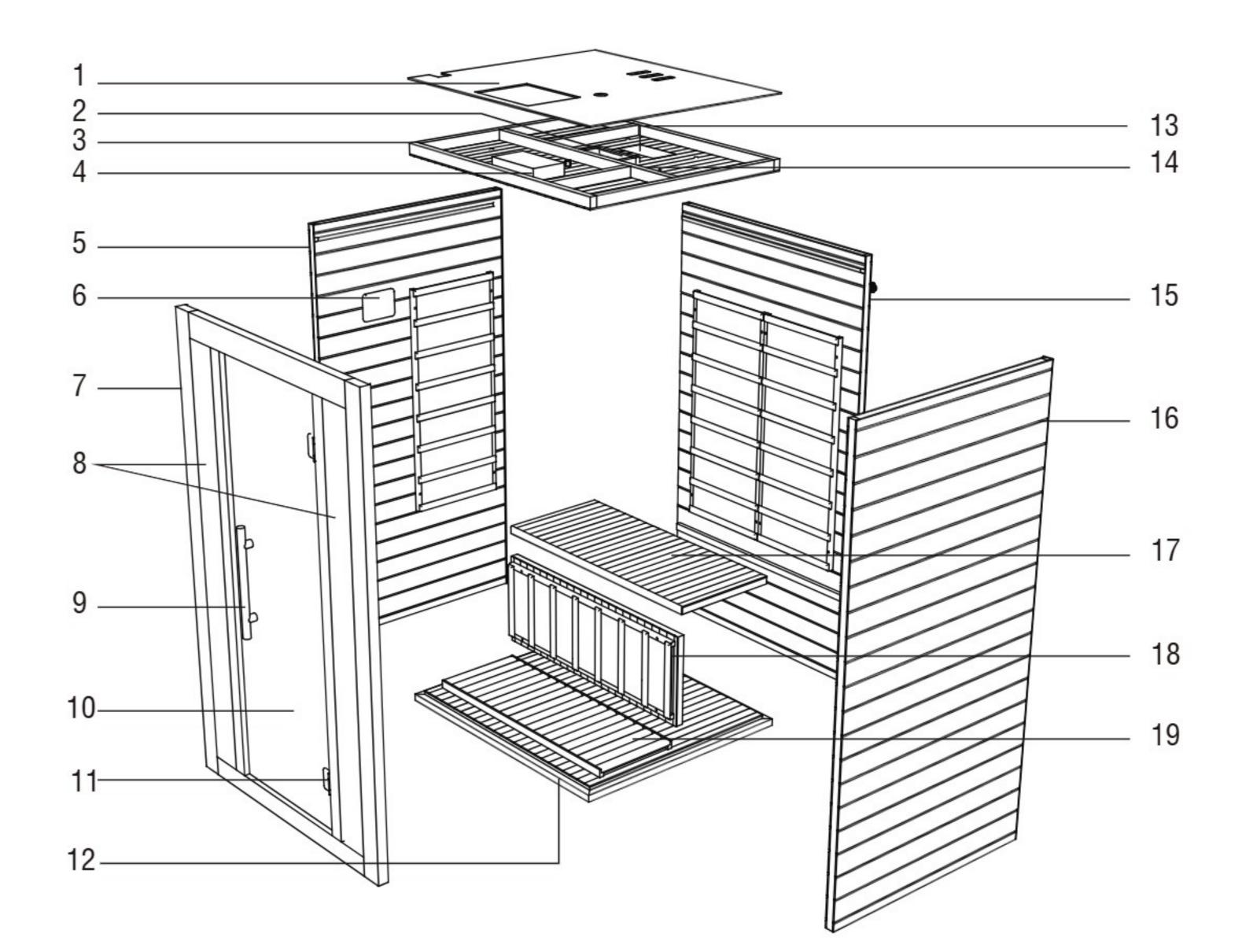
# PRODUCT SIZE CHART



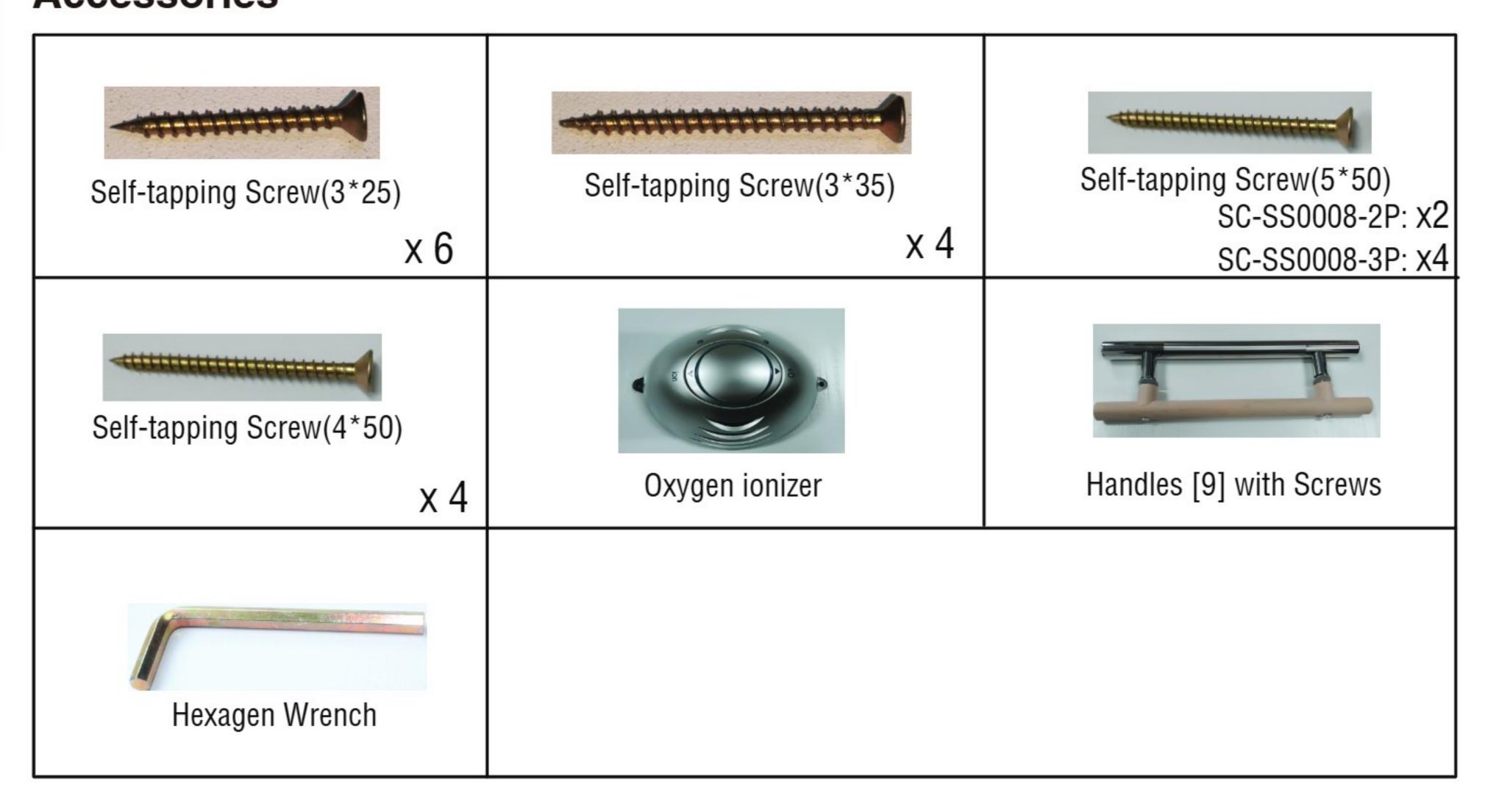


# **COMPONENTS**

- 1 Duster cover
- 2 Light
- 3 Top board
- 4 Control box
- 5 Left board
- 6 Control panel
- 7 Front board
- 8 Window glass
- 9 Handles with screw x2
- 10 Door glass
- 11 Hinge
- 12 Bottom board
- 13 Ventilation
- 14 Speaker
- 15 Back board
- 16 Right board
- 17 Bench
- 18 Bench front board
- 19 Foot rest board



### Accessories

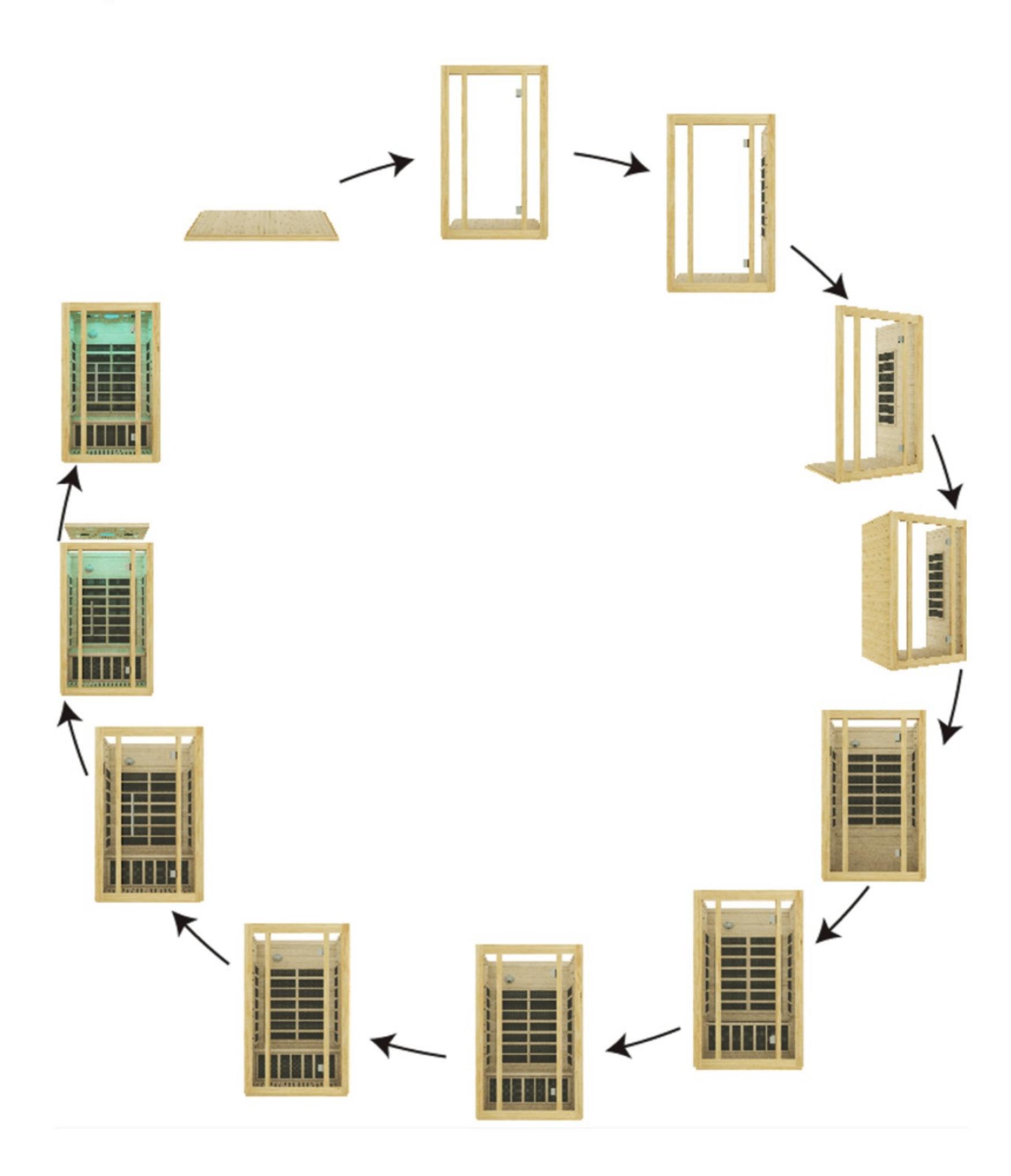




#### NOTICE:

Please read WARNING and ASSEMBLY TIPS section before installing the sauna.

The figures and drawings are used for the assembly guide only, parts and accessories may not be consistent with your sauna.





1. Find a location to place the Bottom board [12], see ASSEMBLY TIPS for details.

Then Attach the Front board [7] to the Bottom board by lining up the Front board with the edge

in front of the Bottom board. (Fig 1)

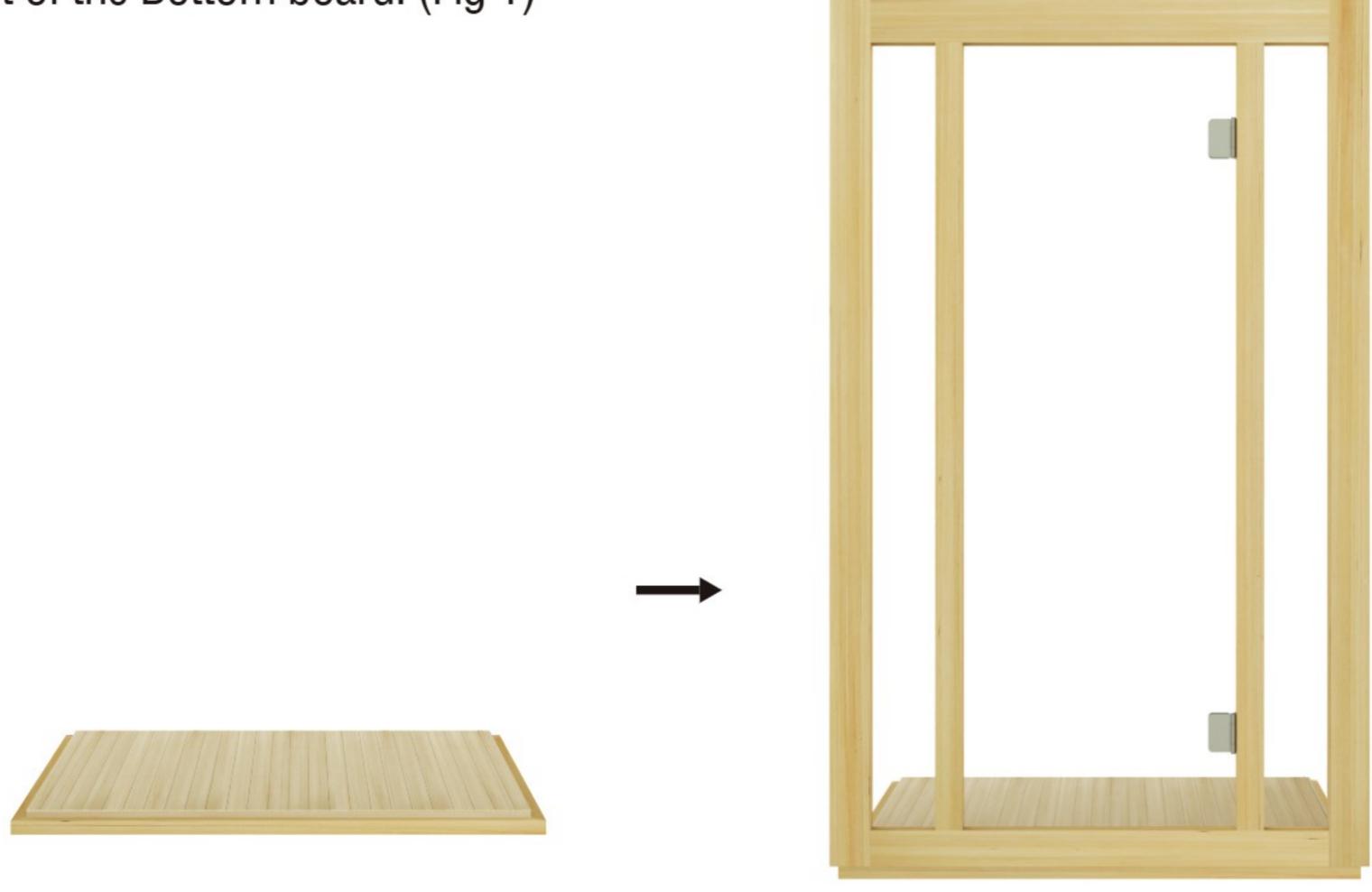


Fig 1

2. There are two kinds of buckles during whole installation, install as shown. (Fig 2)

# 



3. Attach the Right board [16] to the Front board by aligning the buckles and sliding the Right board down, locking it into place. (Fig 3)



4. Attach the Left board [5] to the Front board by aligning the buckles and sliding the Left board down, locking it into place. (Fig 4)



Fig 4

5. Attach the Back board [15] to the Bottom board by aligning the buckles of Left board and Right board, and sliding the Right board down, locking it into place. (Fig 5)



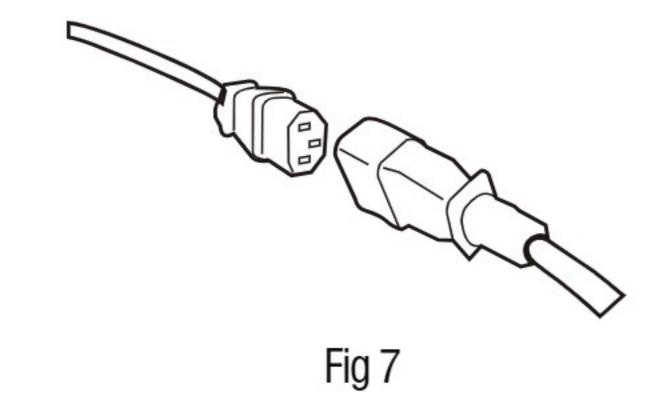
Fig 5



6. Slide the Bench front board [18] into the grooves on Left and Right board as shown (Fig 6), connect the power cable as shown (Fig 7).



Fig 6



7. Put the Bench [17] on the Bench front board, and push it forward to Back board, then fix the bench with self-tapping screws (4\*50) (Fig 8)

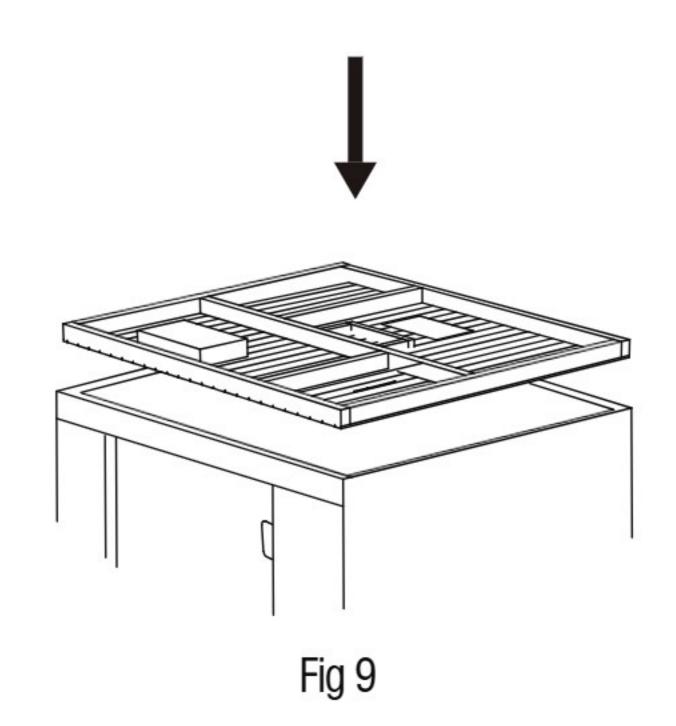
Then put the Foot rest board [19] on the Bottom board, fix the Foot rest board with self-tapping screws (3\*35).



Fig 8



8. Lead the wires in the sauna to the top, Install the Top board [3] at the top of the sauna (Fig 9), and let wires through the groove of Top board

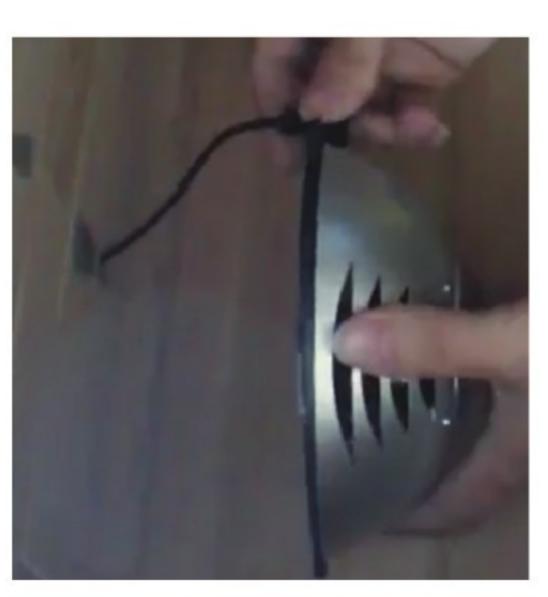


9. Every connection cable or plug has a corresponding pair, find male and female with the same label (like "Control") and plug in correctly.



Fig 10

10. Find the "12V output" wire from Control Box [4], through the hole on the Back board, and connect the Oxygen Ionizer (independent parts), then use Electric drill to fix the Oxygen ionizer on the Back board with self-tapping screws (3\*25). (Fig 11)



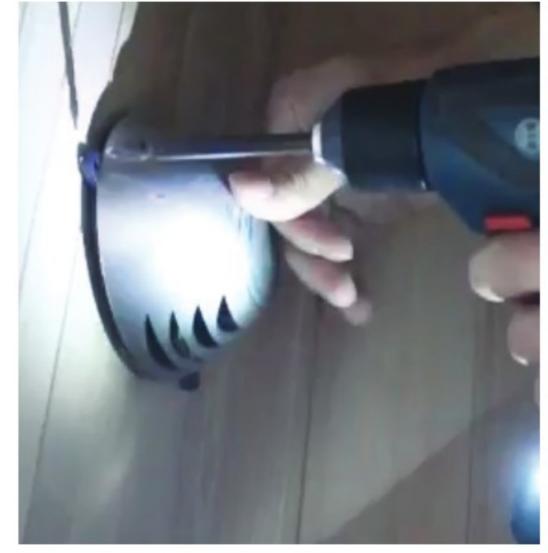
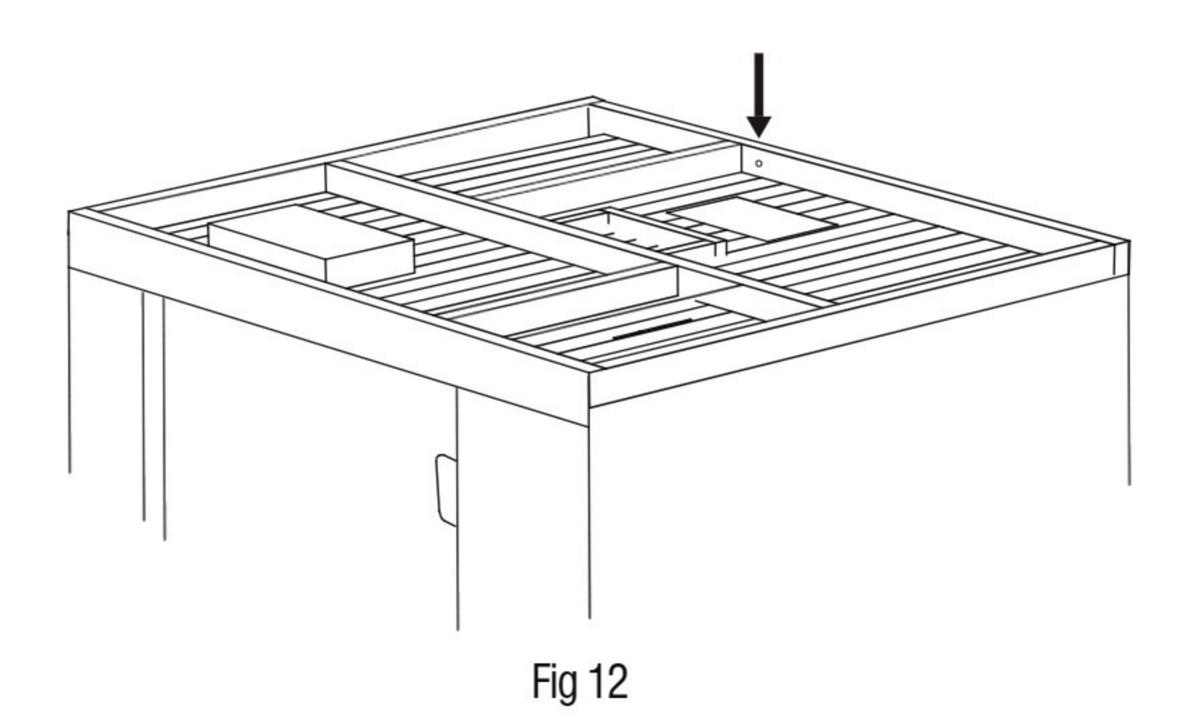


Fig 11

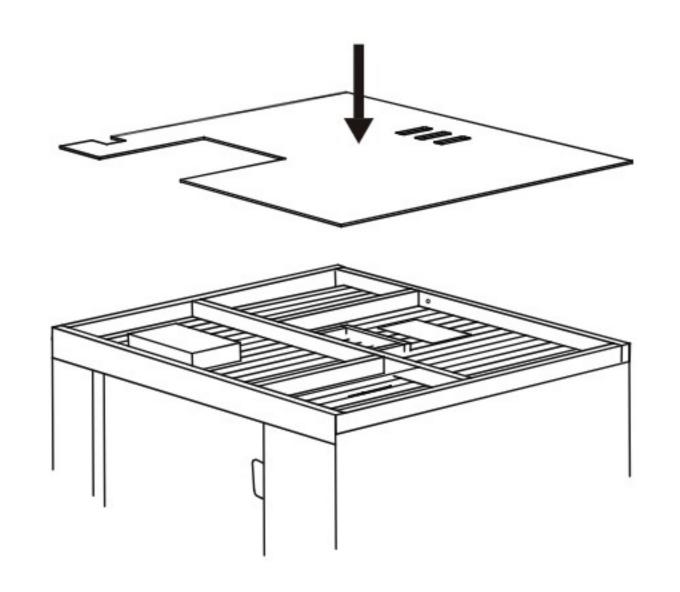


11. There are some holes at the edges around the Top board, use Self-tapping screws (5\*50) to fix the Top board. (Fig 12)



12. Put the Duster cover [1] on the Top board, then fix the Duster cover with self-tapping screws (3\*25) at the four corners. (Fig 13)

NOTICE: If the duster cover in the package comes in two pieces, you need to fix screws at the optional positions as shown.



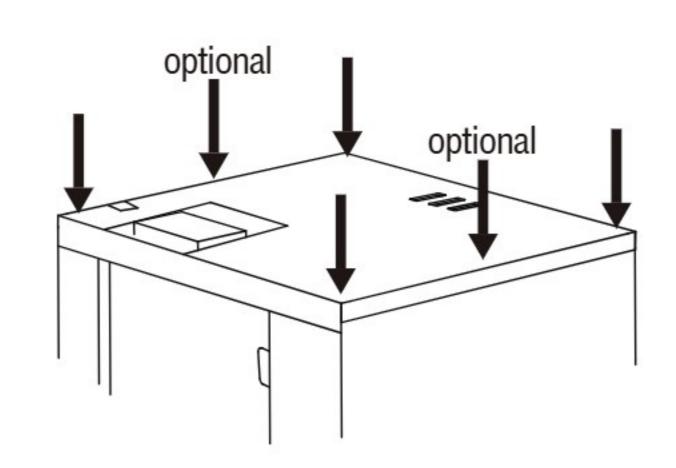


Fig 13

- 13. Seperate Handles [9] by unscrewing screws on the wooden handle. Wooden handle is for inside of Door glass [10], metal handle is for outside.
  - Put the both handle align with the holes in Door glass, and fix the handle with screws at the wooden handle. (Fig 14)
- 14. Plug the main electrical cord into a dedicated outlet.
  NOTICE: The power outlet should be dedicated to the sauna. Do not share it with other appliances.

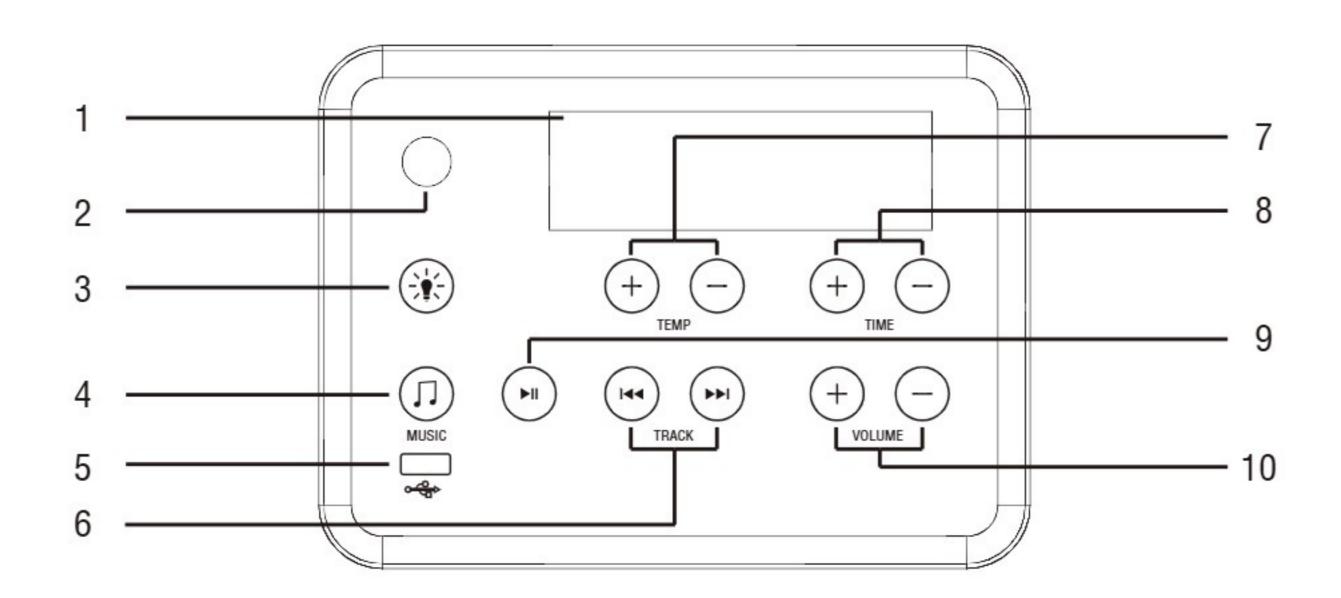


Fig 14



## INSTRUCTIONS FOR USE

Congratulations, the assembly of the sauna is now complete, Please review instrutions, warnings & suggestions before using.



- 1 Display screen
  Display temp, timer, audio imformation.
- 2 Power button Press this button to switch sauna ON/OFF.
- 3 Light button

Light in the sauna:

Press the button to turn on/off the light in the sauna.

Color light adjust:

Press the button 5s, display shows "2N".

- (1) Short press "LIGHT "button to change the color of the LED light.(L0-shade, L1-all bright, L2-17 different colors).
- (2) Press on TEMP+, control LED 1 ON/OFF (if available).
- (3) Press on TEMP-, control LED 2 ON/OFF (if available).
- (4) Press on TIME+/TIME-, control RGB Light ON/OFF (if available).
- (5) No operation for 8s quits the light adjust mode.

#### 4 Music button

Press to adjust audio status.

In audio status, press audio button for switch audio source.

No operation for 8s quits the audio adjust mode.

Bluetooth:

Display shows bluetooth icon. Use devices that support Bluetooth audio playback(e.g. smartphone), find the bluetooth device called "Sauna Spa", click to connect.

NOTE: During bluetooth match, cannot swich audio source or turn ON/OFF another functions.

USB drive:

Display shows music icon.

FM Radio:

Display shows radio icon and frequency.

OFF: Audio function will turn off.

#### 5 USB port

Plug in USB drive, use Audio function to play the music in USB disk.

NOTICE: 1. The partition format of USB drive requires FAT32.

2. MP3 audio should be placed in the root directory.

#### 6 Song selection function

In Bluetooth or USB state, Press previous or next button to switch previous or next music.

In FM Radio state, Press previous or next button to adjust the frequency. (85.7-108.0Mhz)

#### 7 Temp control

Press "-" and "+" to adjust the heater temperature.

Temperature range is 77-149°F [ 25-65°C ] press one adjusts 1°F [ 1°C ], long press can adjust the temp quickly.

Celsius/Fahrenheit display switch: Press "-" and "+" for 5S.

#### 8 Time control

Touch the "+" and "-" buttons to set the timer (5-90 Minutes). Long press can adjust the timer quickly.

#### 9 Pause/Play

In Bluetooth or USB state, press to play music. In FM radio state, press for 5 seconds, will search FM station automatically.

#### 10 Volume control

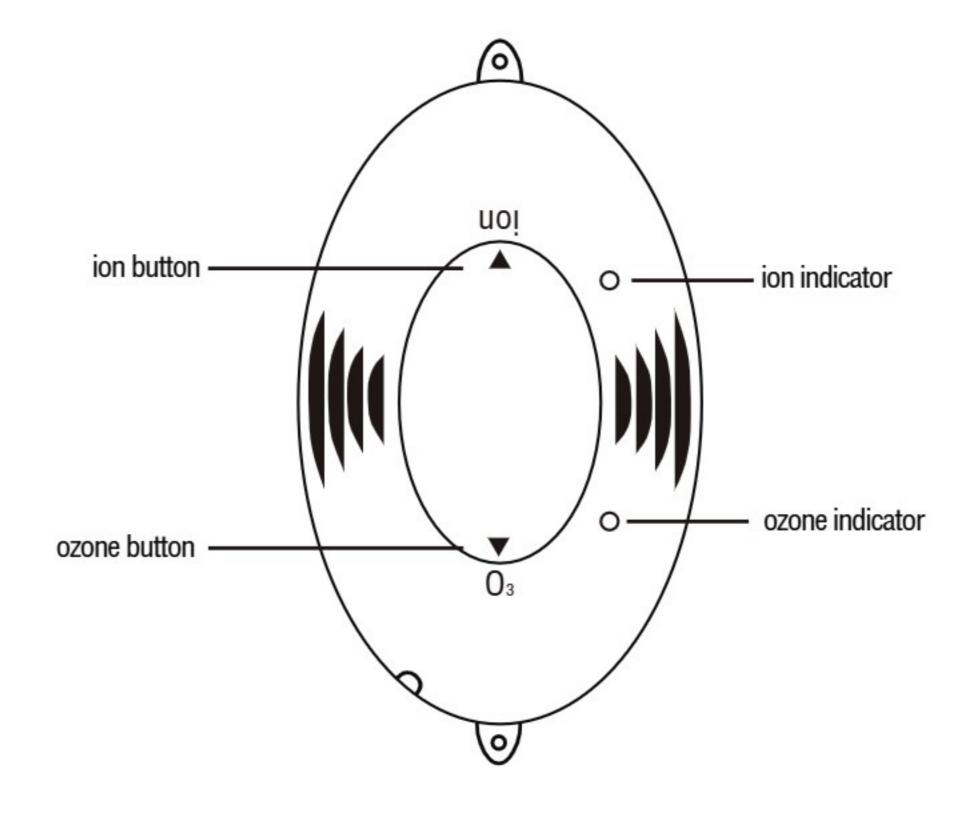
Press '+'and '-' to adjust volume.



# INSTRUCTIONS FOR USE

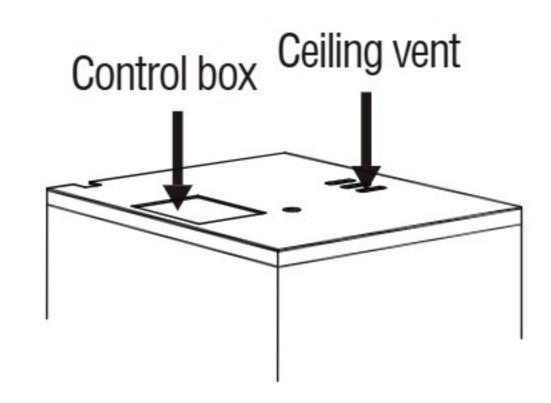
### Oxygen ionizer

- 1. Press ion button to turn ON/OFF ion function.
- 2. Press ozone button to turn ON/OFF ozone function.



### Tips

- 1. The speaker is on the bottom of Top board, the audio quality is even better in the sauna.
- 2. Control box may be hot during sauna session, do not cover.
- 3. Ceiling vent can be adjusted in the sauna.
- 4. When activated, the ozone/ionizer may a produce a distinct odor.





## SUGGESTIONS

#### Before using

- 1. Please be sure to follow the instruction manual before operations.
- 2. A hot shower or bath prior to the start of your sauna session, will help promote perspiration.

#### During using

- 1. STAY HYDRATED! Remember to drink plenty of water before, during and after your sauna.
- 2. A normal sauna session should last 30 minutes or less.
- 3. Perspiration will begin within 15-25 minutes.
- 4. Open the ceiling vent or door to allow fresh air into the sauna.

#### After use

- 1. Always remember to unplug your sauna after each use.
- 2. Open the door to let the heat and humid water vapor dissipate and keep the sauna cabin dry.
- 3. Make sure to wipe any sweat from the sauna walls and surfaces. We recommend using a towel.

#### Clean wood parts

- Use a wrung wet towel to wipe down the cabin's outer and inner surface. Additionally, we recommend running a small vacuum cleaner on the inner surfaces.
- 2. Avoid the use of any organic based cleaners such as gasoline or alcohol on the sauna's wooden surfaces.
- 3. Avoid using any sharp or abrasive materials to prevent scratching the wooden surfaces.

#### Cleaning glass parts

- 1. Use soft materials to wipe the glass such as a micro-fiber washcloth.
- 2. Stubborn stains can be wiped with a damp cloth, then dry with a dry cloth.
- 3. Void using any sharp or abrasive materials to prevent scratching the glass surfaces.

### Transportation and storage

- 1. Avoid water, snow and intense impact during the transportation.
- 2. Do not store it in a humid environment.
- 3. The northern climate is relatively dry, keep the wood parts humid, for example, wipe the product with a wrung wet towel.



# TROUBLE SHOOTING

SYMPTOM	POSSIBLE CAUSES	RECOMMENED ACTIONS	
	The connector is not connected properly.	Check the connector.	
Indicator light for the power supply not working.	No power supply input.	Contact SaunaSpa service.	
	The indicator light is broken.		
Indicator light is not working.	The circuit board or components are broken.	Contact SaunaSpa service.	
	The temperature sensor is broken.		
Infrared Heater not heating up.	The heater is broken.	Contact SaunaSpa service to replace heater .	
	The wire junction or the heater's wire is loosened.	Check and tighten the connection.	
	The temperature sensor is broken.	Contact SaunaSpa service.	
Odor from the sauna.	The circuit's problems, or foreign matter is heating.	There is foreign matter around, remove it.     Heater is over heated or some parts are damaged, cut off the power supply, contact SaunaSpa service.	



# TROUBLE SHOOTING

SYMPTOM	POSSIBLE CAUSES	RECOMMENED ACTIONS	
	Er1NTC is open cir cuit, or wire is not well connected.	Check the connect wire.	
Dianlay above arror anda	Er2: NTC is open circuit	Contact SteamSpa service.	
Display shows error code.	Er3: Ambient temp lower than 5°F.	Raise ambient temperature.	
	Er4: Thermostat breakdown.	Contact SaunaSpa service.	
	Cannot read USB drive.	Check partition format of USB drive is FAT32, or change another USB drive.	
Cannot play music or radio.	Bluetooth device connect failed.	Change another Bluetooth audio device.	
	FM signal strength is not good.	Try to adjust the location of sauna.	
Light is not working	Wire is not well connected.	Check the connecting wire.	
Ligiti is flut working	The light is damaged.	Contact SaunaSpa service.	