



**Code:** 9631 **NPN:** 80131494  
**Size:** 120 g Powder

## GI Care

**Helps relieve inflammatory conditions of the gastrointestinal tract · 120 g Powder**

- Botanicals and nutrients that promote a healthy gastrointestinal lining, providing protection against GI injury and improving intestinal permeability
- Phytochemicals and zinc carnosine stimulate intestinal repair and protect against damage, restoring healthy intestinal barrier function
- Used in herbal medicine to help relieve inflammatory conditions of the gastrointestinal tract and mild digestive upset
- Clinically relevant doses of each active ingredient
- Powder allows for flexible dosing and administration
- Delicious mango-passionfruit flavour
- Suitable for vegetarians/vegans

### PRODUCT SUMMARY

GI Care Powder is comprised of well-researched botanicals, as well as the neuroprotective agent zinc carnosine, designed to promote healing and support the integrity of the gastrointestinal tract. GI Care Powder helps promote a healthy epithelium, protecting and restoring the cells lining the gastrointestinal tract through multiple complementary pathways, including reducing inflammation and intestinal permeability.

Deglycyrrhizinated licorice (DGL) has been used clinically primarily for protecting the gastric mucosa from damage, acting through several mechanisms, including the upregulation of antioxidant enzymes, the inhibition of inflammatory compounds, and the inhibition of *H. pylori* growth. Chamomile and marshmallow both also possess antioxidant and anti-inflammatory phytochemicals. Experimental evidence shows that chamomile has a protective effect on the gastric mucosa, and marshmallow promotes epithelial regeneration by the mucilaginous polysaccharides. Many experimental studies indicate that aloe vera gel improves wound healing and intestinal permeability, in part by upregulating tight junction complexes. Aloe also promotes intestinal barrier function and protective mucous production, and relieves intestinal injury, with clinical trials demonstrating histological and symptom improvements in gastrointestinal disease. Zinc carnosine has local anti-inflammatory and antioxidant effects, and promotes wound healing in response to various types of intestinal injury. Clinical trials show that zinc carnosine provides protection from gastrointestinal damage and intestinal hyperpermeability in response to anti-inflammatory medications.



## GI CARE

HELPS RELIEVE INFLAMMATORY CONDITIONS OF THE GASTROINTESTINAL TRACT · 120 G POWDER

**Serving Size:** 4 g

**Servings Per Container:** 30

**Each Scoop (Approx. 4 g) Contains:**

Deglycyrrhized Licorice 10:1 Extract ( <i>Glycyrrhiza glabra</i> ) (root).....	1200 mg
Chamomile 4:1 Extract ( <i>Matricaria chamomilla</i> ) (flower).....	400 mg
Marshmallow 4:1 Extract ( <i>Althaea officinalis</i> ) (root).....	600 mg
Zinc L-Carnosine ( <i>Polaprezinc</i> ).....	150 mg
Aloe ( <i>Aloe vera</i> ) (leaf gel).....	600 mg

**Non-medicinal Ingredients:** Natural flavours, citric acid, guar gum, DL-malic acid, stevia leaf extract, *Oryza sativa* (rice) hull powder.

**Recommended Adult Dose:** Take 1 scoop (approx. 4 g) once daily or as directed by a health care practitioner. Mix with liquid before use. Take with food, a few hours before or after taking other medications or natural health products.

**Recommended Use:** Used in herbal medicine to help relieve inflammatory conditions of the gastrointestinal tract and mild digestive upset. Helps reduce gastrointestinal discomfort associated with inflammation of the gastrointestinal tract. Source of antioxidants that help protect against the oxidative effect of free radicals.

**Caution:** Ask a health care practitioner before use if you are pregnant or breastfeeding. Ask a health care practitioner before use if you have diabetes. Zinc supplementation can cause a copper deficiency. If you are unsure whether you are taking enough copper, consult a health care practitioner prior to use. Ask a health care practitioner if symptoms persist or worsen. Stop use if hypersensitivity/allergy occurs. Keep out of reach of children

**Contraindications:** Avoid use with a known hypersensitivity to any of the ingredients, including allergies to aloe or members of the daisy (*Asteraceae*) family.

**Drug Interactions:** No clearly established interactions, but caution is advised while using sedative medications, as there is a theoretical additive effect with chamomile. Licorice may cause hypertension and hypokalemia, and interact with anticoagulants in animal models, due to glycyrrhizic acid activity. Thus, while unlikely to occur with DGL as glycyrrhizic acid has been removed, use should be carefully monitored in these patients.

**Contains no artificial colours, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.** Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References available at [bioclinicnaturals.com](http://bioclinicnaturals.com)



· GUARANTEED ·

Bioclinic Naturals® products are manufactured to meet or exceed current Good Manufacturing Practices (cGMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



PRODUCT OF CANADA  
Bioclinic Naturals® Canada  
Burnaby, BC V3N 4T6  
[bioclinicnaturals.com](http://bioclinicnaturals.com)

FOR PROFESSIONAL USE ONLY. This product is not intended to diagnose, treat, cure or prevent any disease.

© All Rights Reserved Bioclinic Naturals® 2024. November 12, 2024.

Bioclinic Naturals is distributed by Assured Natural Distribution Inc.

Head office Assured Natural Distribution Inc., 104 – 3686 Bonneville Place, Burnaby, BC, Canada V3N 4T6 | U.S. Distribution office 14224 167<sup>th</sup> Avenue SE, Monroe, WA, USA 98272

Customer Service 1-888-826-9625 · Fax 1-877-433-9862 · Email [customerservice@bioclinicnaturals.com](mailto:customerservice@bioclinicnaturals.com)