#### HIT-A-WAY® SAFETY INFORMATION:



ALWAYS WEAR A HELMET: FACE GUARD RECOMMENDED



- » Improper use of the Hit-A-Way can result in serious injury.
- » Read all set-up and usage instructions carefully. Set-up and proper positioning are critical for the safe use of your Hit-A-Way.
- » Always inspect the Hit-A-Way before using. Do not use your Hit-A-Way if it appears to be damaged.
- » Using a practice bat is recommended. Repetitive use of the Hit-A-Way may cause damage to wood or high-end lightweight bats.
- » Children under the age of 16 should always have an adult present when using the Hit-A-Way.
- » If you swing beyond the ball and into the cord, it is possible to lose control of the bat. While this event is unlikely, it may result in you striking yourself with the bat. (See page 2 for proper positioning)
- » Placing a home plate as a point of reference will help reduce the likelihood that you will step forward and swing into the cord.
- » An uppercut swing increases risk of the bat tangling in the cord.
- » This is a tool to develop form and mechanics. DO NOT swing aggressively!
- » Only an adult should set up the Hit-A-Way. Children under the age of 16 should always have an adult present.



#### **IDEA SUBMISSION**

If you have an idea for a new and innovative sports training product, visit SKLZ.com to submit your concept. Some restrictions may apply.

# LIMITED WARRANTY

# REGISTER YOUR PRODUCT AT SKLZ.COM TO ENSURE WARRANTY COVERAGE, GET NEW PRODUCT INFORMATION AND SPECIAL DEALS FROM SKLZ

Pro Performance Sports (PPS) / SKLZ warrants to the original consumer purchaser of any PPS/SKLZ product it manufactures that the product will be free of defects in materials or workmanship for 90 days (unless specified in alternate warranties) from the date of purchase. If defective and purchased from a retail store, return the product along with receipt to the retail store where the product was purchased. If the item was purchased from PPS/SKLZ, return the product along with the packing slip (proof of purchase) postage prepaid to the address below for replacement consideration. Label: Attn: Returns

This warranty does not cover damages resulting from accident, misuse, abuse or lost merchandise. Only valid in the USA. All returns sent to PPS/SKLZ require a Return Merchandise Authorization number (RMA). For returns to PPS/SKLZ and for all other Customer Service inquiries, please call toll free, 1-877-225-7275 for a return authorization number for any exchange.

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## **HIT-A-WAY® COMPONENTS:**



#### ATTACHING HIT-A-WAY® TO A POLE:

- Find and secure a suitable hitting area, pole, tree etc. with approximately 12 feet of free space around pole in all directions. Do not attach to any street signs.
- Unloop the Top Collar strap. Hold the colored tab in your left hand and the Hit-A-Way cable in your right. Wrap the Top Collar strap 5' to 6' from the ground.

NOTE: If positioned correctly, you should be able to read the text instructions on the strap. The rubber padding should be pressed against the post/tree/pole.

Pull the colored tab thru the metal strap loop. Wrap the strap back onto itself and secure the strap tightly with the velcro fabric.

Repeat with the Bottom Collar strap. Wrap the Bottom collar approximately 2' from the ground.







## "PITCH" HEIGHT ADJUSTMENT INSTRUCTIONS:

#### Lowering the Height



Step #1: To lower the ball to your desired hitting height, pull the sleeve back, away from the ball and push the lower cord out of ball while firmly holding the ball.



Step #2: Pull the excess cord back through the ball using the upper cord. (Repeat as desired). Once the adjustment is made, push the sleeve back so it butts up against the ball.

#### Raising the Height



Step #1: Pull the sleeve back, away from the ball and push upper cord out of ball.

Step #2: Pull excess cord back through ball using the lower cord. Once the adjustment is made, push the sleeve back so it butts up against the ball.

#### **USING YOUR HIT-A-WAY®:**

- 1. Wind ball once around pole (clockwise for right handers) and pull ball and cord toward you. Fully extend cord and set home plate down (not included) so that the ball is over the center of the plate. Stand 2 feet back from home plate to hit the ball near the thick end of the bat. If the bat can reach the adjustment sleeve or beyond, you're too close - move back.
- 2. With the ball centered over home plate, throw ball forward towards imaginary pitcher until the cord winds up. The ball will wind around the pole 4 to 5 times.
- 3. Wait for the ball to unwind 3 to 4 times and hit the ball. If cords unwind completely, do not hit the ball; catch it and start over. This is critical, since swinging into the cord can cause you to lose control of the bat. Keep hitting as ball returns. (Do not step toward pole after hitting.)

NOTE: Never stand closer than 2 feet from plate to avoid bat tangling with cord.

 Repeat and build a rhythm. You should strive for repeated, solid contact. Hit continually for a minute and build up the length of your hitting intervals as you improve.









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