

## FLASHMATE

### L-308X

### L-308X-U

## Startup Guide

Thank you for purchasing FLASHMATE L-308X Series.

This Startup Guide introduces the basic operations of this light meter.

For details about how to use this light meter, please see the Operating Manual.

## 1. Download

Please visit [www.sekonic.com](http://www.sekonic.com) to download the latest version of the operating manual as follows. You can also use the URL below for direct access to the operating manual.

URL: <https://sekonic.com/downloads/>



## 2. Check Included Items

The following items are included with the meter in the package.

Please be sure to check that all noted items are included.

- ※ If any items are missing, please contact the distributor or the reseller you purchased the meter from.
- ※ Batteries are not included in the package. Please obtain these separately.

Meter

Startup Guide  
(this document)

Soft Case

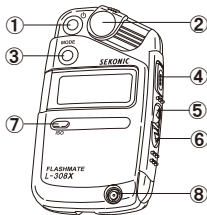


Strap

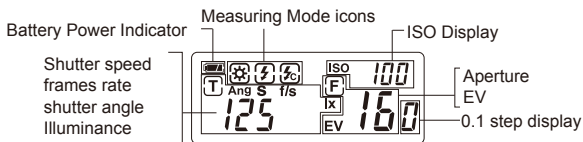
Synchro  
Terminal Cap  
(Installed on  
the meter)Safety  
Precaution

### 3. Names of Parts

- ① POWER Button
- ② Lumisphere (Light Receptor)
- ③ MODE Button
- ④ MEASURING Button
- ⑤ UP Button
- ⑥ DOWN Button
- ⑦ ISO Button
- ⑧ Synchro Terminal



### 4. Explanation of the Liquid Crystal Display (LCD)



### 5. Basic Operation

#### Switch the Light Receiving Method

To set for either incident or reflected light operation, slide the Lumisphere ② mounting until it clicks.

#### Incident Light Measurement

Slide Lumisphere ② to the left over the meter cell (lens) and take a measurement. When using the Lumidisc (optional), slide Lumisphere ② to the right to expose meter cell to attach the Lumidisc, and take a measurement.

#### Reflected Light Measurement

Slide Lumisphere ② to the right to expose meter cell, and take a measurement. Measurements are made from the camera position or within the same view as the camera lens.

#### Illuminance/Lighting Ratio Measurement

Attach the Lumidisc (optional) over the meter cell (lens). Point the Lumidisc directly toward the light source and measure.

## Setting ISO sensitivity

Hold down the ISO Button ⑦ and press either the UP Button ⑤ or DOWN Button ⑥ to select ISO sensitivity being used.

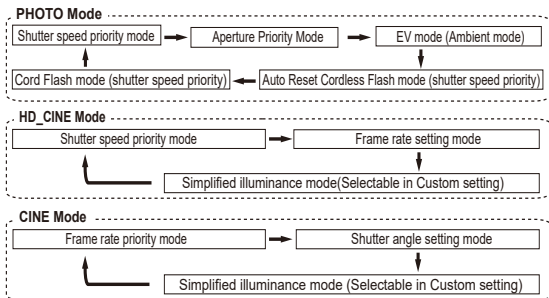
## 6. Display Mode

Select PHOTO Mode, HD CINE Mode or CINE Mode.

Please see "8.Custom setting function" below for how to select.

## 7. Select Measuring Mode

Press the MODE Button ③ to select the Measuring mode.



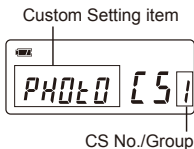
Hold ISO Button ⑥ and press MODE Button ③ to return to the previous Measuring Mode.

## 8. Custom Setting Function

1) To enter the Custom Setting Mode, hold the MODE Button ③ and then press the POWER Button ① to turn the meter ON.

'CS' (custom setting) and setting number (1 to 3) will appear at the right of the display. The current custom setting will appear at the left side of the display.

2) Press the UP Button ⑤ or DOWN Button ⑥ to select the desired custom setting group number.



- 3) The Custom setting item will change each time the MODE Button ③ is pressed.

Use these settings to customize meter operations and displays to fit your camera and metering requirements.

CS number	Custom setting group	Custom setting item		
CS1	Display mode	PHOTO mode <i>PHOTO</i> <small>(※1)</small>	HD_CINE mode <i>HD_C</i>	CINE mode <i>CINE</i>
CS2	Increments of aperture and shutter speed	Full Step <i>W</i> <small>(※1)</small>	1/2 Step <i>0.5</i>	1/3 Step <i>0.3</i>
CS3	Simplified illuminance display <small>(※2)</small>	Foot-Candle <i>FC</i> <small>(※1)</small>	Lux <i>L</i>	No Display <i>NONE</i>

※1 Default settings.

※2 Simplified illuminance (Lux or Foot-Candle) is not displayed in PHOTO mode.

- 4) Press POWER Button ① to exit Custom setting mode.

## 9. Calibration Compensation Function

Compensation may be necessary to calibrate the meter to camera specifications or to match the display to another exposure meter.

Calibration compensation can be made in precise 1/10 step increments in a +/-1.0 EV range.

- 1) Set the camera Display mode (HD CINE, CINE or PHOTO) in advance.
- 2) To enter the calibration compensation mode, hold the ISO Button ⑦ and press the POWER Button ① to turn the meter ON.
- 3) Select the compensation amount by pressing the UP Button ⑤ or DOWN Button ⑥.

※ Plus compensation results in the increased exposure (the image becomes brighter), and minus compensation results in the decreased exposure (the image becomes darker).

- 4) Press POWER Button ① to exit Calibration compensation mode.

