



**Code:** 9672  
**Size:** 90 Vegetarian Capsules  
**Actual Size:** 22.27 mm x 7.66 mm



# EstroVantage EM<sup>®</sup>

## Estrogen Modulator

### Supports Female Health During PMS or Menopause\*

- Helps maintain a healthy estrogen metabolism ratio during PMS or menopause\*
- Supports detoxification of the body's natural toxins as well as naturally produced hormones by supporting phase 1 and phase 2 liver enzymes\*
- May support natural inflammation transition from acute to resolution state\*
- Is a unique combination that includes a variety of herbal constituents
- Suitable for vegetarians/vegans

#### PRODUCT SUMMARY

EstroVantage EM provides a comprehensive formula of plant-based compounds that may help support the normal metabolism of estrogen and its metabolites.\* Cruciferous vegetables contain a variety of glucosinolates, which some studies have associated with maintaining healthy cellular structure and function, and supporting normal cell division most likely by causing a shift in metabolism to healthier estrogen metabolites.\*<sup>1,2</sup> EstroVantage EM contains indole-3-carbinol (I3C) and its metabolite 3,3'-diindolylmethane (DIM), as well as sulforaphane from broccoli powder, all of which have been shown to support normal cellular structure and function as well a healthy estrogen profile.\*<sup>3-6</sup>

These glucosinolates and other plant compounds help support normal estrogen metabolism and organize the body's response to cellular damage by targeting key signaling molecules, such as Nrf2 and NF-κB.<sup>7,8</sup> Silymarin, a milk thistle extract, helps support normal cell structure, function, and proliferation.\* In addition, it supports glucuronidation and helps maintain glutathione levels.\*<sup>9-11</sup> This unique combination includes green tea polyphenols, lycopene (tomato extract), turmeric and rosemary extracts, as well as calcium D-glucarate, all of which have been shown to support healthy estrogen metabolism and normal cellular structure and function .<sup>\*12-14</sup>



## Supplement Facts

Serving Size 3 Capsules  
 Servings Per Container 30

	Amount Per Serving	% Daily Value
Calcium D-Glucarate ( <i>d</i> -glucaric acid calcium salt)	225 mg	**
Indole-3-Carbinol (3-hydroxymethylindole) ( <i>Brassica oleracea</i> var. <i>italica</i> ) (aerial)	225 mg	**
Green Tea Extract ( <i>Camellia sinensis</i> ) (leaf) (80% catechins, 45% EGCG, <1% caffeine)	150 mg	**
Tomato Extract ( <i>Lycopersicon esculentum</i> ) (fruit) (5% lycopene)	150 mg	**
Broccoli Powder ( <i>Brassica oleracea</i> var. <i>italica</i> ) (aerial) (0.36% sulforaphane)	82.5 mg	**
Turmeric Extract ( <i>Curcuma longa</i> ) (root) (95% curcuminoids)	75 mg	**
Milk Thistle Extract ( <i>Silybum marianum</i> ) (seed) (60% silymarin)	75 mg	**
DIM (3,3'-diindolylmethane)	75 mg	**
Rosemary Extract ( <i>Rosmarinus officinalis</i> ) (leaf)	37.5 mg	**

\*\* Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule (carbohydrate gum [cellulose], purified water), magnesium stearate (vegetable grade), silica.

**Serving Size:** 3 Capsules

**Servings Per Container:** 30

**Suggested Usage:** 3 capsules per day taken with food or as directed by a health care professional. Consult a health care professional for use beyond 12 weeks.

Supports female health during PMS or menopause. Designed to help support healthy estrogen metabolism and a healthy estrogen metabolism ratio during PMS or menopause.\*

**Caution:** Consult your health care professional prior to use if you are pregnant, trying to become pregnant, breastfeeding, taking medication, have a medical condition, or anticipate surgery. Keep out of reach of children.

**Drug Interactions:** Do not take with warfarin. Consult a health care professional prior to use if taking antiplatelet medication or blood thinners.

**Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.** Sealed for your protection.

Do not use if seal is broken. For freshness, store in a cool, dry place.

### References

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Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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