

QUESTION

Which
of the following



is the most common
type of joint in the
body.

ANSWER

- 1. Ball-and-socket joint
- 2. Synovial joint



EXPLANATION

The ball-and-socket joint is the most common type of joint in the body. It is a synovial joint, which means it is surrounded by a joint capsule and contains synovial fluid. The ball-and-socket joint allows for a wide range of motion, including flexion, extension, and rotation.

REFERENCE

1. [Ball-and-socket joint](#)