



## CortAlign™

### Stress Manager\*

### Supports Resistance to Everyday Stress\*

- Helps to temporarily promote relaxation\*
- Supports resistance to everyday stress and fatigue\*
- Herbal formula, no glandular extracts
- Standardized herbal ingredients have 5% of withanolides (ashwagandha), 1.5% of honokiol (magnolia), and 0.1% of berberine (phellodendron)
- Suitable for vegetarians

**Code:** 9300

**Size:** 90 Tablets

**Actual Size:** 19.75 mm x 8.39 mm



### PRODUCT SUMMARY

CortAlign has a variety of botanicals and nutrients to temporarily promote relaxation and support resistance to everyday stress and fatigue.\* CortAlign may help maintain cortisol secretion within the normal range.\* Ashwagandha helps promote relaxation and support resistance to occasional stress due to adaptogenic modulation of GABA receptors.\*<sup>1,2</sup> The KSM-66 formulation of ashwagandha specifically may help maintain serum cortisol levels within the normal range, facilitating relaxation, and a healthy stress response.\*<sup>3</sup>

The combination of magnolia and phellodendron (Relora® blend) supports resistance to everyday stress and fatigue.\* Together, they help maintain salivary cortisol levels within the normal range, facilitate healthy stress perception, and support a healthy weight.\*<sup>4,5</sup> L-theanine (Suntheanine®) also helps promote relaxation, maintain cortisol levels within the normal range, and support a healthy stress response.\*<sup>6,7</sup> Phosphatidylserine plays a critical role in neuronal cell structure and function, and helps facilitate a healthy stress response, support a healthy mood, and maintain cortisol levels within the normal range.\*<sup>8,9</sup>



## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (Dicalcium Phosphate)	63 mg	5%
KSM-66 Ashwagandha® Extract ( <i>Withania somnifera</i> ) (root)	300 mg	**
(5% Withanolides)	15 mg	**
Relora® Blend	250 mg	**
Magnolia ( <i>Magnolia officinalis</i> ) (stem bark) (minimum 1.5% Honokiol)	68.75 mg	**
Phellodendron ( <i>Phellodendron amurense</i> ) (stem bark) (minimum 0.1% Berberine)	22.50 mg	**
Suntheanine® L-Theanine ( <i>Camellia sinensis</i> ) (leaf)	100 mg	**
Phosphatidylserine ( <i>Helianthus annuus</i> ) (seed)	25 mg	**

\*\* Daily Value not established.

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, silicon dioxide, stearic acid, silica, coating (carbohydrate gum [cellulose], glycerin), magnesium stearate (vegetable grade).

**Serving Size:** 1 Tablet**Servings Per Container:** 90**Suggested Usage:** 1 tablet 2 times per day with food or as directed by a health care professional.

**Caution:** Consult your health care professional prior to use if you are pregnant, trying to become pregnant, breastfeeding, taking medication, have a medical condition, or anticipate surgery. Keep out of reach of children.

**Drug Interactions:** L-theanine may potentiate the effect of antihypertensives in some individuals.\* Theoretically, the herbs present in CortAlign may potentiate the effects of sedative medications such as benzodiazepines or CNS depressants, and should be used with caution when taken concomitantly.\*

**Contains no artificial colors, preservatives, or sweeteners; no sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, salt, tree nuts, or GMOs. Suitable for vegetarians.** Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

### References

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· GUARANTEED ·

Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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 14224 167<sup>th</sup> Ave. SE,  
 Monroe WA, USA 98272  
[bioclinicnatures.com](http://bioclinicnatures.com)

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Head office Assured Natural Distribution Inc., 104 – 3686 Bonneville Place, Burnaby, BC, Canada V3N 4T6 | U.S. Distribution office 14224 167<sup>th</sup> Avenue SE, Monroe, WA, USA 98272

Customer service 1-877-433-9860 · Fax 1-877-433-9862 · Email [customersupport@bioclinicnatures.com](mailto:customersupport@bioclinicnatures.com)