

Faculty of Arts and Social Sciences

Department of Psychology

Psychology 100

Psychology 100 is a first-year introductory course that provides a broad overview of the field of psychology. It covers a wide range of topics, including the history and foundations of psychology, biological and cognitive bases of behavior, and various psychological theories and research methods.

The course is designed to be both informative and engaging, with a focus on understanding the scientific process and applying psychological concepts to real-world situations.

Students who complete Psychology 100 will have a solid foundation in the field and be well-prepared for more advanced coursework.

The course is offered in both English and French, and is available to students from a variety of backgrounds.

For more information, please visit the Psychology Department website.

Psychology 100 is a required course for students pursuing a degree in Psychology.

Psychology 100: Introduction to Psychology

This course provides a comprehensive introduction to the field of psychology, covering the following topics:

- The history and foundations of psychology
- Biological bases of behavior
- Cognitive bases of behavior
- Psychological theories and research methods
- Applications of psychology to real-world situations

Psychology 100: Introduction to Psychology

This course is designed to provide students with a solid foundation in the field of psychology.

The course is offered in both English and French, and is available to students from a variety of backgrounds.

