

QUESTION



Hand and wrist pain is a common problem. It can be caused by many things, such as repetitive motions, poor posture, or injury. The diagram shows the hand and wrist, and the labels indicate the areas that are most likely to be affected. The most common areas are the wrist, palm, and fingers. The diagram also shows the forearm and elbow, which can also be affected by hand and wrist pain.

ANSWER

FACTFILE



ANSWER