



Code: 9315 **NPN:** 80029020
Size: 60 Softgels
Actual Size: 15 mm x 9 mm



Ubiquinol CoQ10

**Cardiovascular Support
 Cellular Energy · 100 mg**

- Increases plasma levels of CoQ10 significantly more per mg compared to ubiquinone
- Allows for higher peak plasma levels of CoQ10, especially when higher plasma CoQ10 are required
- Ubiquinol is a highly absorbable and bioavailable form of CoQ10
- Kaneka Q+ brand for ubiquinol is naturally produced via yeast fermentation and is free of the impurities of synthetically processed CoQ10
- Genetically modified organism (GMO) free, allergen free, and Kosher certified

PRODUCT SUMMARY

The only lipid-soluble endogenously synthesized antioxidant, CoQ10 (ubiquinone) has well established roles as a free radical scavenger in both mitochondrial and lipid membranes, as an electron carrier essential to cellular respiration and ATP production, and it has recently been shown to influence gene expression.¹⁻⁴

Given the central role of CoQ10 in mitochondrial function and cellular antioxidant protection, its clinical applications are extensive. Just a few of the many health conditions associated with requiring supplemental CoQ10 to boost levels are: general antioxidant support, cardiovascular disease (high blood pressure, congestive heart failure, cardiomyopathy, protection during cardiac surgery, high cholesterol being treated by drugs, especially statins), migraine headaches, male infertility, Alzheimer's (prevention) and Parkinson's disease (prevention and treatment), and macular degeneration.⁹⁻¹³

The reduced form of CoQ10, ubiquinol, has emerged as a more effective therapy for increasing plasma levels of CoQ10 than most forms of ubiquinone, due to its increased solubility.^{14,15}



UBIQUINOL COQ10

CARDIOVASCULAR SUPPORT · CELLULAR ENERGY · 100 MG

Serving Size: 1 Softgel
Servings per Container: 60

Each Softgel Contains:

Ubiquinol CoQ10 (Kaneka Q+) (Microorganism) 100 mg
Organic Flaxseed Oil (*Linum usitatissimum*) (seed) 297 mg

Non-medicinal Ingredients: Softgel (gelatin, glycerin, purified water, carob), yellow beeswax, non-GMO sunflower lecithin, vitamin E (non-GMO sunflower oil).

Recommended Adult Dose: 1 softgel 1–3 times per day or as directed by a health care practitioner.

Recommended Use: Supports cardiovascular health. An antioxidant for the maintenance of good health.

Kaneka Q+ is more absorbable than regular ubiquinone CoQ10, helping to restore optimal levels of CoQ10 quickly and efficiently, especially in people over 40 or affected by certain age-related conditions. The body's ability to produce and convert CoQ10 into ubiquinol declines with age. Ubiquinol levels have been shown to be suppressed in people with cardiovascular, neurological, liver and metabolic syndrome conditions, and advanced age.

Caution: Consult a health care practitioner prior to use if you are taking blood pressure medication or blood thinners, or if you are pregnant or breastfeeding. Keep out of reach of children.

Drug Interactions: Although existing evidence has not found an interaction, CoQ10 resembles vitamin K structurally, potentially interfering with the anticoagulant warfarin. Close monitoring of the INR is recommended with CoQ10 introduction in these patients. No other negative drug interactions are known for CoQ10, though a number of medications are thought to interfere with CoQ10 synthesis or function in the body, including statin medications, tricyclic antidepressants and oral hypoglycemic agents.¹⁶

Contains no artificial colours, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References

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