

1. The first step in the process is to identify the problem.

2. The second step is to define the objectives of the study.

3. The third step is to design the study.

4. The fourth step is to collect data.

5. The fifth step is to analyze the data.

6. The sixth step is to interpret the results.

7. The seventh step is to report the findings.

8. The eighth step is to evaluate the study.

9. The ninth step is to disseminate the results.

10. The tenth step is to reflect on the process.

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