

PK002189
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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NatureMade

Omega-3^{††} from
Fish Oil

1200 mg
(720 mg Omega-3^{††})

EVERYDAY VALUE

**Purified to
remove mercury[▲]
—
1 Per Day
120 SOFTGELS**

**Helps support
a healthy heart,
brain and eyes[†]

Dietary Supplement**



††This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content).

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Calories 10	
Total Fat 1 g	1%**
Polyunsaturated Fat 0.5 g	
Cholesterol 10 mg	3%
Protein less than 1 g	
Omega-3 Concentrate from Fish Oil ^{††} 1200 mg	*
Total Omega-3 Fatty Acids ^{††} 720 mg	*
EPA (Eicosapentaenoic Acid) Omega-3 ^{††} 360 mg	*
DHA (Docosahexaenoic Acid) Omega-3 ^{††} 300 mg	*
Other Omega-3 ^{††} 60 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ No Gluten
- ✓ No Milk
- ✓ No Shellfish

SUGGESTED USE:

Adults, take 1 softgel daily with water and a meal for optimal absorption. Do not exceed 3 softgels per day.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you are pregnant, nursing, taking medications, or have blood clotting issues, consult your physician before use.

INGREDIENTS:

Omega-3 Concentrate from Fish Oil, Gelatin, Glycerin, Tocopherols.

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Fish Oil Country of Origin: Norway, Canada, Colombia, or Peru.

Encapsulated and quality tested in the USA.

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

Fish oils used to produce this product come from sustainably caught wild fish, not farm raised fish. Color variation is normal.

^{††}As ethyl esters

[▲]Purified to remove PCBs, dioxins and furans, and mercury to ensure levels below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.

*Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp: