

List No. 3221
PK000511
5A007

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

ENERGY[†] COMPLEX

Super B



#Energy
metabolism
support*[†]

160 SOFTGELS

Supports
brain cell
function[†]

Dietary Supplement

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 softgel daily with water and a meal.
Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Thiamin (as Thiamine Mononitrate) 1.5 mg	125%
Riboflavin 1.7 mg	131%
Niacin (as Niacinamide) 20 mg	125%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ (as Cyanocobalamin) 6 mcg	250%
Biotin 300 mcg	1000%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	200%

OTHER INGREDIENTS: Soybean Oil, Gelatin, Dibasic Calcium Phosphate, Glycerin, Yellow Beeswax, Lecithin, Colors Added (Including Carmine).

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

CAUTION: Biotin may interact with lab tests. If you are taking medication or planning on undergoing any clinical lab testing, consult your physician before use.

Lot :
Exp. :



*Helps convert food into cellular energy[†]