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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

GUMMIES
TIME RELEASE
Melatonin
MAXIMUM STRENGTH DOSAGE†

10 mg
per 2 gummies

100% Drug Free
Helps you fall asleep faster
& stay asleep longer†
—
Improves sleep quality**

Dietary Supplement
60 GUMMIES



◆ Time release melatonin improves sleep quality†
‡Compared to Nature Made® Melatonin Gummies

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, chew 2 gummies one hour before bedtime. Do not exceed 2 gummies daily.

Keep out of reach of children. Store tightly closed, in a cool, dry place.

Contents may settle over time.

Do not use if seal under cap is broken or missing.

WARNING: Consult your physician prior to use if you are pregnant, attempting to become pregnant, nursing, taking any medications, or have any chronic medical conditions. Avoid use of alcohol, sedatives, and tranquilizers while taking this product. Do not drive or operate machinery within eight hours of taking this product or if you feel groggy. For intermittent or occasional use only; consult your physician if you continue to experience sleep difficulties. Use as directed for occasional sleeplessness and do not exceed the suggested dose. Not intended for individuals under the age of 18 years. Melatonin should not be a substitute for a good bedtime routine.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 15	
Total Carbohydrate 3 g	1%**
Total Sugars 3 g	*
Includes 3 g Added Sugars	6%**
Sodium 30 mg	1%
Melatonin 10 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Color Derived from Natural Source
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

OTHER INGREDIENTS: Sugar, Glucose Syrup, Water, Gelatin, Less than 2% of Sodium Citrate, Pectin, Citric Acid, Color Added, Palm Oil, Natural Flavors, Carnauba Wax.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

Quality tested in the USA. Made to our guaranteed purity and potency standards.

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot :
Exp.: