Nature Made®

GLP-1 Companion

Health Pack

MULTIVITAMIN AND MINERAL SUPPLEMENT

Actual Size



Multivitamin/Mineral
A supplement providing essential vitamins & minerals for daily nutritional support of the body. Helps fill the nutrient gaps associated with weight loss diets.†



Magnesium
Magnesium participates in more than 300 reactions in the body and is essential for nerve, muscle and heart function. Magnesium also supports healthy bones and teeth and helps convert food into cellular energy.†



Vitamin B_{12}
Vitamin B_{12} supports brain cell function and helps support mood health‡ and cellular energy production. Helps reduce fatigue for those low in Vitamin B_{12} levels.†



Calcium + D_3
Calcium and Vitamin D_3 help support strong bones and teeth. Vitamin D helps improve Calcium absorption. Together, these two nutrients are like a superhero and its sidekick working to help support strong bones. Vitamin D is also important for muscle health and immune function.† Adequate Calcium and Vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

‡Adequate Vitamin B_{12} status helps support a healthy mood.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made®

GLP-1 Companion

Health Pack

4 supplements per daily pack

MULTI, MAGNESIUM, B12, CALCIUM + D3

Scientifically formulated nutritional support for people on weight loss diets†

22 key nutrients per packet that support metabolism, mood, muscle, bone, skin, hair, cellular energy production & immune health†

30 PACKETS | **Dietary Supplement**

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SUGGESTED USE: Adults, take the contents of 1 packet daily with water and a meal.
Store in a cool, dry place, out of reach of children.
Do not use product if packets printed with lot number are opened.
CAUTION: Consult your physician before use if you are pregnant, nursing, have kidney disease, blood clotting issues, or taking medications. People with diabetes or any chronic condition should consult a physician before purchasing or taking any supplements.

- ✓ No Synthetic FD&C Dyes
- ✓ No Artificial Flavors
- ✓ Gluten Free

Supplement Facts

Serving Size 1 Packet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Total Carbohydrate less than 1 g	<1%**	Biotin 30 mcg	100%
Dietary Fiber less than 1 g	2%**	Pantothenic Acid 10 mg (as d-Calcium Pantothenate)	200%
Vitamin A 750 mcg (as Beta Carotene and Retinyl Acetate)	83%	Calcium 810 mg (as Calcium Carbonate and Dibasic Calcium Phosphate)	62%
Vitamin C (as Ascorbic Acid) 180 mg	200%	Iodine (as Potassium Iodide) 150 mcg	100%
Vitamin D_3 35 mcg (1400 IU) (as Cholecalciferol)	175%	Magnesium (as Magnesium Oxide) 350 mg	83%
Vitamin E 27 mg (as dl-Alpha Tocopheryl Acetate)	180%	Zinc (as Zinc Oxide) 15 mg	136%
Vitamin K (as Phytonadione) 80 mcg	67%	Selenium (as Sodium Selenate) 70 mcg	127%
Thiamin (as Thiamine Mononitrate) 1.5 mg	125%	Copper (as Copper Sulfate) 2 mg	222%
Riboflavin 1.7 mg	131%	Manganese (as Manganese Sulfate) 4 mg	174%
Niacin (as Niacinamide) 20 mg	125%	Chromium 120 mcg (as Chromium Chloride)	343%
Vitamin B_6 6 mg (as Pyridoxine Hydrochloride)	353%	Molybdenum 75 mcg (as Sodium Molybdate)	167%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%		
Vitamin B_{12} 2525 mcg (as Cyanocobalamin)	105,208%		

** Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Cellulose Gel, Less than 2% of Maltodextrin, Modified Food Starch, Croscarmellose Sodium, Hypromellose, Stearic Acid, Magnesium Stearate, Rice Starch, Isomalt, Medium Chain Triglycerides, Gelatin, Polyethylene Glycol, Carnauba Wax.

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA **1-800-276-2878 • www.NatureMade.com**

Packaged and quality tested in the USA. Made to our guaranteed purity and potency standards.
★Based on a survey of pharmacists who recommend branded vitamins and supplements.