

PK002744
5A009

OVER 50 YEARS OF EXPERTISE

NatureMade

Multi 50+

For Him



**22 key
nutrients support
immune, muscle
& nerve health[†]**

210 TABLETS

**Supports healthy cognitive
& cardiovascular function[†]**

**Supports healthy
blood pressure^{††}**

Dietary Supplement

EVERYDAY VALUE

†Blood pressure already within normal range[†]

††These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you are taking medication or have blood clotting issues, consult your physician before use.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A 750 mcg (as Retinyl Acetate and Beta Carotene)	83%	Biotin 30 mcg	100%
Vitamin C (as Ascorbic Acid) 180 mg	200%	Pantothenic Acid 10 mg (as d-Calcium Pantothenate)	200%
Vitamin D ₃ (as Cholecalciferol) 25 mcg (1000 IU)	125%	Calcium (as Calcium Carbonate) 160 mg	12%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 27 mg	180%	Iodine (as Potassium Iodide) 150 mcg	100%
Vitamin K (as Phytonadione) 80 mcg	67%	Magnesium (as Magnesium Oxide) 100 mg	24%
Thiamin (as Thiamine Mononitrate) 1.5 mg	125%	Zinc (as Zinc Oxide) 15 mg	136%
Riboflavin 1.7 mg	131%	Selenium (as Sodium Selenate) 105 mcg	191%
Niacin (as Niacinamide) 20 mg	125%	Copper (as Cupric Sulfate) 2 mg	222%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 6 mg	353%	Manganese (as Manganese Sulfate) 4 mg	174%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%	Chromium (as Chromium Chloride) 120 mcg	343%
Vitamin B ₁₂ (as Cyanocobalamin) 25 mcg	1042%	Molybdenum (as Sodium Molybdate) 75 mcg	167%

OTHER INGREDIENTS: Cellulose Gel, Modified Food Starch, Less than 2% of Maltodextrin, Croscarmellose Sodium, Hypromellose, Dibasic Calcium Phosphate, Magnesium Stearate, Silicon Dioxide, Gelatin, Polyethylene Glycol.

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

Lot:
Exp: