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OVER 50 YEARS OF EXPERTISE

NatureMade®

**Multi +
Omega-3**



MEN

Key nutrients support muscle
& immune health
+ energy metabolism^{††}
Heart-healthy Omega-3s[†]

180 GUMMIES

Dietary Supplement

STRAWBERRY,
LEMON &
ORANGE
flavors with other
natural flavors

†Helps convert food into cellular energy^{*}

^{††}These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 90

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 5 g	2%**
Total Sugars 4 g	*
Includes 4 g Added Sugars	8%**
Vitamin A (as Retinyl Acetate) 450 mcg	50%
Vitamin C (as Ascorbic Acid) 67.5 mg	75%
Vitamin D3 (as Cholecalciferol) 25 mcg (1000 IU)	125%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 15 mg	100%
Niacin (as Niacinamide) 16 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride) 1.3 mg	76%
Folate 200 mcg DFE (120 mcg Folic Acid)	50%
Vitamin B12 (as Cyanocobalamin) 6 mcg	250%
Biotin 30 mcg	100%
Zinc (as Zinc Citrate) 5.5 mg	50%
Chromium (as Chromium Chloride) 35 mcg	100%
Sodium 10 mg	1%
Fish Oil 227 mg	*
Total EPA & DHA 60 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 50 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 10 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

SUGGESTED USE:

Adults, chew 2 gummies daily.

Keep out of reach of children. Store tightly closed, in a cool, dry place.

Contents may settle over time.

Do not use if seal under cap is broken or missing.

CAUTION: If you are taking medication or have blood clotting issues, consult your physician before use.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Less than 2% of Citric Acid, Pectin, Natural Flavors, Lactic Acid, Calcium Lactate, Colors Added (Including Carmine).

DISTRIBUTED BY:

Nature Made Nutritional Products
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1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

Lot:
Exp: