

List No. 1715
PK001137
5A009

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NatureMade

Flaxseed Oil

1000 mg (500 mg Omega-3)

VALUE SIZE

Excellent source of
ALA (Omega-3)

Contains 500 mg of ALA
per serving, which is 31% of
the 1.6 g daily value for ALA.†

180 SOFTGELS

Helps support
a healthy
heart†

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 softgel daily with water and a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
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Calories 10	
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Total Fat 1 g	1%**
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Polyunsaturated Fat 0.5 g	
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Organic Flaxseed Oil 1000 mg	*
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(*Linum usitatissimum*)

Alpha Linolenic Acid (Omega-3) 500 mg	*
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Linoleic Acid (Omega-6) 110 mg	*
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Oleic Acid (Omega-9) 120 mg	*
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* Daily Value not established.

** Percent Daily Values are based
on a 2,000 calorie diet.

✓ No Color Added
✓ No Artificial Flavors
✓ Gluten Free

Store tightly closed, in a cool,
dry place, out of reach of
children.

**Do not use if seal under cap
is broken or missing.**

CAUTION: If you are
pregnant, nursing, taking
medications, or have blood
clotting issues, consult your
physician before use.

OTHER INGREDIENTS: Gelatin, Glycerin.

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the USA.

Made to our guaranteed purity and potency standards.

*Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp:

†See nutrition information for fat content.

