

PK002157
5A007

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



— TIME RELEASE —

B12

1000 mcg

EVERYDAY VALUE

Helps reduce
fatigue for those
low in vitamin B12†

150 TABLETS

Supports
brain cell
function†

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin B ₁₂ (as Cyanocobalamin) 1000 mcg	41,667%
Calcium (as Dibasic Calcium Phosphate) 60 mg	5%

OTHER INGREDIENTS: Cellulose Gel, Hypromellose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Croscarmellose Sodium.

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Tableted and quality tested in the USA. Made to our guaranteed purity and potency standards.

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

Our time release formula extends vitamin absorption by the body.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

CAUTION:

If you are taking medication, consult your physician before use.

Lot: _____
Exp.: _____