

PK002837
5A044

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



B₁
100 mg



**Helps support
nervous system
function†**

100 TABLETS

**Helps convert
food into
cellular energy†**

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you are taking medication, including anticonvulsants, consult your physician before use.

- ✓ No Synthetic FD&C Dyes
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
--------------------	---------------

Thiamin (as Thiamine Mononitrate) 100 mg	8333%
--	-------

OTHER INGREDIENTS:

Calcium Carbonate,
Cellulose Gel,
Less than 2%
of Maltodextrin,
Croscarmellose
Sodium,
Magnesium
Stearate.

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.: