

PK002396
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OVER 50 YEARS OF EXPERTISE

NatureMade

kids first.



Multi with Omega-3

**30 mg EPA & DHA
Per Serving**

70 GUMMIES | **Strawberry, Lemon & Orange**
Dietary Supplement flavors with other natural flavors

Supplement Facts

Serving Size 1 Gummy

Amount Per Serving	% Daily Value For Children 4 Years and Over
Calories 10	
Total Carbohydrate 3 g	1%**
Total Sugars 2 g	*
Includes 2 g Added Sugars	4%**
Vitamin A (as Retinyl Acetate) 225 mcg	25%
Vitamin C (as Ascorbic Acid) 33.75 mg	38%
Vitamin D3 (as Cholecalciferol) 12.5 mcg (500 IU)	63%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 7.5 mg	50%
Niacin (as Niacinamide) 8 mg	50%
Vitamin B6 (as Pyridoxine Hydrochloride) 0.65 mg	38%
Folate 100 mcg DFE (60 mcg Folic Acid)	25%
Vitamin B12 (as Cyanocobalamin) 3 mcg	125%
Biotin 15 mcg	50%
Zinc (as Zinc Citrate) 2.75 mg	25%
Chromium (as Chromium Chloride) 17.5 mcg	50%
Sodium 5 mg	< 1%
Fish Oil 113.5 mg	*
Total EPA & DHA 30 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 25 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 5 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

SUGGESTED USE:

Children ages 4-13 years: Chew 1 gummy daily.
Children ages 14-18 years: Chew 1 gummy twice daily.

Keep out of reach of children. Store tightly closed, in a cool, dry place.

Contents may settle over time.

Do not use if seal under cap is broken or missing.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

CAUTION: Take only as directed. Do not exceed suggested use unless recommended by a physician. Not recommended for children under 4 years of age due to choking hazard. Consult your child's pediatrician prior to use if your child is taking any medications.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Less than 2% of Citric Acid, Pectin, Natural Flavors, Lactic Acid, Calcium Lactate, Colors Added (Including Carmine), Tocopherols.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

Lot: _____
Exp.: _____