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#1 PHARMACIST RECOMMENDED

VITAMIN &
SUPPLEMENT
BRAND*

NatureMade

GUMMIES

HIGH ABSORPTION*

Magnesium

Citrate
200 mg
per serving



**Supports muscle
relaxation, heart, nerve
and bone health†**

Dietary Supplement
90 GUMMIES



SCAN FOR MORE
INFORMATION



SUGGESTED USE: Adults, chew 2 gummies daily.

Keep out of reach of children. Store tightly closed,
in a cool, dry place.

Contents may settle over time.

Do not use if seal under cap is broken or missing.

CAUTION: Take only as directed. If you have kidney disease
or are taking any medication, consult your physician before use.

Supplement Facts

Serving Size 2 Gummies

Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 35	
Total Carbohydrate 9 g	3%**
Total Sugars 6 g	*
Includes 6 g Added Sugars	12%**
Magnesium (as Magnesium Citrate) 200 mg	48%
Sodium 15 mg	1%

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Color Derived from Natural Source
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

OTHER INGREDIENTS:

Sugar, Glucose Syrup, Water,
Less than 2% of Citric Acid,
Pectin, Color Added, Natural
Flavors.

DISTRIBUTED BY: Nature Made Nutritional Products

West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

◆Magnesium Citrate is better absorbed than Magnesium Oxide.



Lot:
Exp: