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#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

NEW

Nature Made®



B-Complex

ENERGY + BRAIN

100% or more Daily Value
of 5 B Vitamins

Key nutrients help support: daily
cellular energy, healthy aging, brain
function, nervous system, hair & skin†

60 GUMMIES

Dietary Supplement

PEACH
flavor with other
natural flavors

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, chew 1 gummy daily.
Keep out of reach of children. Store tightly closed,
in a cool, dry place.
Contents may settle over time.
Do not use if seal under cap is broken or missing.

- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Pectin Based
- ✓ Gluten Free

Supplement Facts

Serving Size 1 Gummy

Amount Per Serving	% Daily Value
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Calories 10

Total Carbohydrate 2 g	1%**
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Total Sugars 2 g	*
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Includes 2 g Added Sugars	3%**
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Niacin (as Niacinamide) 20 mg	125%
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Vitamin B ₆ (as Pyridoxine Hydrochloride) 2 mg	118%
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Folate 400 mcg DFE (240 mcg Folic Acid)	100%
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Vitamin B ₁₂ (as Cyanocobalamin) 30 mcg	1250%
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Biotin 75 mcg	250%
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Sodium 10 mg	<1%
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* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

CAUTION: Take only as directed.
Biotin may interfere with lab tests.
If you are planning to undergo lab
testing, consult your physician
before use.

OTHER INGREDIENTS:

Glucose Syrup, Sugar, Water, Less
than 2% of Citric Acid, Pectin,
Natural Flavor, Palm Oil, Carnauba
Wax, Color Added.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA

1-800-276-2878

www.NatureMade.com

USP has tested and verified ingredients,
potency, and manufacturing process.
USP sets official standards for dietary
supplements. www.uspverified.org

*Based on a survey of pharmacists
who recommend branded vitamins
and supplements.

Lot:
Exp.: